**B.S. in Health & Physical Education – Teacher Certification**

**Course Record Sheet - effective Fall 2023 onward**

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| Full Name: |  | |  | WCU ID#: |  |
|  |  | |  | |
| Semester/Year Entering: | |  | Advisor: |  |

*Students are bound by the major, minor, and related requirements in the catalog for the academic year for which they are accepted into the major or minor. You must earn 120 credits to be eligible for graduation.*

**GENERAL EDUCATION REQUIREMENTS** (must receive D- or above)

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| **Category (# credit hours)** | **Title/Number Course Information** | **Credit Hours** | **Grade or ‘T’** | **Sem. Year** |
| **First Year Experience (4)** Required for less than 24 credits transferred | FYE 100A | **4** |  |  |
| **ACADEMIC FOUNDATIONS** | | | |  |
| 1. **English Composition (6 or 7)** | WRT 120 or 123 depending on placement test: | **3 or 4** |  |  |
| WRT 200, 204, 205, 206, 208, or 220 | **3** |  |  |
| 1. **Mathematics (6)**   Can do second MAT course pass/fail | MAT 103 or higher | **3** |  |  |
| MAT 103 or higher | **3** |  |  |
| 1. **Interdisciplinary “I” (3)** | EDF 300Democracy in Education | **3** |  |  |
| 1. **Diverse Communities “J” (3)** | KIN 254 Disability Studies | **3** |  |  |
| **E. Extra PDE & Teacher Education Requirements** (\* clearances required; blue section denotes PDE required course) | EDP 250 Educational Psychology\* | **3** |  |  |
| LAN/ENG 382 Teaching Eng, Lang. Learners\* | **3** |  |  |
| LIT 165 | **3** |  |  |
| 1. **ETHICS** Recommended: PHI 180 (also 2nd humanities), PSY 100 or PSC 201 (also behavioral/social sci) |  | **3** |  |  |
|  | | | |  |
| **DISTRIBUTIVE REQUIREMENTS** | | | |  |
| 1. **Science (6)**   **See DPR for second science** | NTD 303 Intro Princ of Human Nutrition | **3** |  |  |
|  | **3** |  |  |
| 1. **Behavioral / Social Sciences (6)**   **See DPR for classes** Recommended: PSY 100 (ethics) or PSC 201 (ethics) |  | **3** |  |  |
|  | **3** |  |  |
| 1. **Humanities (6) See DPR for classes** Recommended: PHI 180 (ethics) and LIT 165 OR CLS 165 (humanities, W, & PDE) |  | **3** |  |  |
|  | **3** |  |  |
| 1. **Arts (3) See DPR for class** |  | **3** |  |  |

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| **ADDITIONAL BACCALAUREATE REQUIREMENTS** | |  |  |
| **A. WRITING EMPHASIS COURSES “W” (9 credits)** See catalog for approved courses.Students who transfer 70+ credits must complete one 300-400 level 3 credit “W” class, students with 40-70 transfer credits must complete 6 credits of “W” classes, students with fewer than 40 credits, must complete 9 credits of “W” classes. “W” courses may also be used to satisfy other gen ed or HPE requirements. HPE 304 and HPE 304 are “W” classes. | HPE 304 (6 credits) |  |  |
| HPE 305 (3 credits) |  |  |
| **B. SPEAKING EMPHASIS COURSES “S” (9 credits)** See catalog for approved courses.Students who transfer 70+ credits must complete one 300-400 level 3 credit “S” class, students with 40-70 transfer credits must complete 6 credits of “S” classes, students with fewer than 40 credits, must complete 9 credits of “W” classes. “S” courses may also be used to satisfy other gen ed or HPE requirements. HPE 489 and HPE 490 “W” classes. | HPE 489 (6 credits) |  |  |
| HPE 490 (6 credits) |  |  |

**HEALTH & PHYSICAL EDUCATION TEACHER CERTIFICATION REQUIREMENTS**

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| **Notes:** 1) [**Teacher Candidacy**](https://www.wcupa.edu/education-socialWork/teacherCandidacy.aspx) required by July 15th for HPE 403 (see link), 2) EDF 030U in DPR means you have achieved teacher candidacy, 3) must earn C or better (not C-) in all major-related classes, 4) \* denotes that[**Field Clearances Are Required**](https://www.wcupa.edu/education-socialWork/clearances.aspx) (Child Abuse, Police Check, FBI Fingerprinting, TB test (see link)), 5) HPE 205 & HPE 206 must be taken together (co-requisites), 6) [W] means writing emphasis, 7) [S] means speaking emphasis.  **Graduation Prerequisites:** Cumulative GPA of 2.9 or higher  **PDE Certification Requirements:** ETS Praxis Test Codes: 5857 and 5511, GPA of 3.0, TIMS application |

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| **Course #** | **Course Title** | **Credit**  **Hours** | **Grade or ‘T’** | **Sem. Year** |
| **HPE-TC Foundations (9 Credits)** | | | |  |
| HPE 108 | Introduction to School Wellness Education | 6 |  |  |
| HPE 186 | Motor Development and Motor Learning | 3 |  |  |
| **Wellness Education Pedagogy (30 Credits)** | | | |  |
| HPE 205 | Curriculum & Instruction: Inclusion in Health & PE (Prereq: HPE 108, 186) | 3 |  |  |
| HPE 206\* | Adapted PE & Health for Students with Disabilities (Prereq: HPE 108, 186) | 3 |  |  |
| HPE 300 | Curriculum & Instruction: Elementary Physical Education (Prereq: HPE 108, 186) | 3 |  |  |
| HPE 304 | Secondary School Wellness Education [W] (Prereq: HPE 108, 186) | 6 |  |  |
| HPE 305 | Pedagogy & Critical Issues in Urban School Wellness Ed.[W] (Prereq: HPE 108, 186) | 3 |  |  |
| HPE 347 | Software Applications and Assessment in Health and Physical Education | 3 |  |  |
| HPE 403\* | School Wellness Education Practicum (Prereq: HPE 205/206, HPE 304, Teacher Candidacy) | 6 |  |  |
| **Wellness and Applied Science Content Knowledge (15 Credits)** | | | |  |
| EXS 241 | Body Systems and Applied Anatomy I (Fall) | 3 |  |  |
| EXS 361 | Body Systems and Applied Anatomy II (Recommend take EXS 241 first) | 3 |  |  |
| HEA 304 | Family Life and Sex Education | 3 |  |  |
| HEA 316 | ATOD Prevention Education (Prereq: HPE 108) | 3 |  |  |
| NTD 303 | Introductory Principles of Human Nutrition | 3 |  |  |
| **Activity Module (14 Credits)** | | | |  |
| HPE 102 | Adventure and Contemporary Activities | 2 |  |  |
| HPE 104 | Fitness and Wellness I | 2 |  |  |
| HPE 105 | Fitness and Wellness II (Prereq: HPE 104) | 2 |  |  |
| HPE 140, 275, 331 | **Choose one** HPE 140 – Aquatic Fundamentals and Emergency Water Safety; HPE 275 – Lifeguarding; or HPE 331 – Water Safety Instruction | 2 |  |  |
| HPE 201 | Developmental Dance and Gymnastics | 2 |  |  |
| HPE 202 | Invasion Games | 2 |  |  |
| HPE 203 | Net and Wall Games | 2 |  |  |
| **OPTIONAL Adapted Physical Activity Minor (9 Credits)** | | | |  |
| KIN 253 | Adapted Sport, Aquatics, and Fitness | 3 | ~ |  |
| KIN 360 | Pathology for Adapted Physical Activity | 3 | ~ |  |
| KIN 362 | Assessment and Programming for Adapted Physical Activity | 3 | ~ |  |
| **Student Teaching (12 Credits)** | | | |  |
| HPE 489\* | Student Teaching – Elementary [S] (Prereq: all major-related coursework completed; teacher candidacy, Praxis II trial, 2.9 GPA) | 6 |  |  |
| HPE 490\* | Student Teaching – Secondary [S] (Prereq: all major-related coursework completed; teacher candidacy, Praxis II trial, 2.9 GPA) | 6 |  |  |