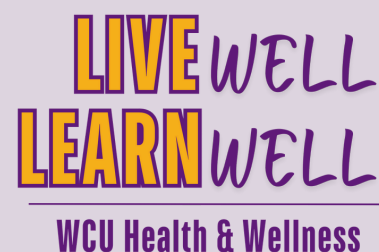


Mental Health Resources For WCU Students



**At WCU, your mental health matters.
This resource list can help guide and support your
experience as a student.**

WCU Counseling Center | 610-436-2301

Students interested in mental health services can call the Counseling Center or come into the Counseling Center (located in Lawrence) to schedule a triage appointment. Triage hours are Monday-Friday, 1-3pm. Fall 2025 Semester Hours: Monday - Thursday, 8am-4pm (4-6pm by appointment only); Friday, 8am-4pm

TELUS | 610-436-2301

If you are experiencing a mental health crisis or distress after hours, you can call the Counseling Center and select option 2 to be directed to a new off-campus service called TELUS. This after-hours service provides in the moment support by trained professionals.

Valley Creek Crisis Center | 610-280-3270

Chester County crisis hotline available 24/7.

Suicide and Crisis Lifeline | 988

The National Suicide and Crisis Lifeline can be contacted via calling or texting 988. This is a 24/7 free lifeline. Individuals can call or text 988 or chat 988lifeline.org for themselves or if they are worried about someone who may need crisis support.

Chester County Warm Line | 866-846-2722

This is a non-crisis line to contact if you are feeling lonely, depressed or anxious and want to talk. Available M-F 8AM-10PM and Sat/Sun 10AM-10PM

Trevor Project | 1-866-488-7386 or Text Start to 678-678

The Trevor Project is a suicide hotline for LGBTQ Youth 24/7, 365 days a year, from anywhere in the U.S via text, chat, or phone. The Trevor Project is 100% confidential and 100% free.

Call BlackLine | 1-800-604-5841

Call BlackLine® prioritizes services for BIPOC Black, Indigenous, and People of Color.

Public Safety | 911 or 610-436-3311 (non-emergency)

If you are on campus, public safety is a resource to support students experiencing a mental health crisis by calling 911.

Ask Listen Refer



Ask. Listen. Refer. is a free, online suicide prevention training designed to help students, faculty, and staff understand suicide, its risk and protective factors, identify warning signs of suicide, and respond to and get help for someone in need.

To access WCU's Ask Listen Refer Program click [here](https://asklistenrefer.org/west-chester-university/) (https://asklistenrefer.org/west-chester-university/)

**For Additional Resources
Scan this QR Code**

