## **Low-Cost or Sliding Scale Therapy Providers**

\*Disclaimer: The Counseling Center does not endorse or receive compensation from any of these providers, but gives their names based on their proximity to campus. Please contact providers for specific rates and availability. This is not a comprehensive list, but some close to campus. There may be additional offices that offer internship programs at a reduced rate or clinicians/offices that offer sliding scale rates – reach out to <a href="mailto:AMurphy@wcupa.edu">AMurphy@wcupa.edu</a> if you need support in navigating low cost or sliding scale resources.

Community Mental Health Clinic Wayne Hall, 8<sup>th</sup> Floor 125 W. Rosedale Avenue West Chester, PA 19383 610-436-2510 Students must schedule triage appointment at the WCU Counseling Center for a referral

Community Mental Health Services - West Chester University (wcupa.edu)

Family Service of Chester County 310 N. Matlack Street West Chester, PA 19380 610-696-4900 Sliding scale rates

Family Service of Chester County - Nonprofit Services

The Peacemaker Center
312 W Union St
West Chester, PA 19382
610-269-2661
The Peacemaker Center | United States

Sliding scale; Internship program at a reduced rate

Momentum Counseling and Coaching 225 S Church St.

West Chester, PA 19382

484-502-0674

Internship program at a reduced rate

Council for Relationships 219 W. Lancaster Avenue Paoli, PA 19301 6680 215-382-6680 ext. 1

Internship program at a reduced rate

Low Fee Therapy Services for Individuals, Couples, and Families (councilforrelationships.org)

Momentum Counseling & Coaching LLC - Some Site Description (momentum-counselingllc.com)

Spilove Psychotherapy
19 Elliott Avenue
Bryn Mawr, Pa 19010

Internship Program at a Reduced Rate

Spilove Psychotherapy (tiffanyspilove.com)

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## **Additional Resources**

- Open Path Collective: Affordable Counseling | Affordable Therapy | Open Path Collective
- Project Heal: <u>Project HEAL (theprojectheal.org)</u>
- The Loveland Foundation: <u>Therapy Fund The Loveland Foundation</u>
- Mental Health Liberation: <u>BIPOC Therapy Fund Mental Health Liberation | Nonprofit BIPOC Mental Health Care</u>
- Black Men Heal: <u>Black Men Heal | Healed Men Heal Men</u>
- The Mental Health Fund (MHF) for Queer and Trans Black, Indigenous and People of Color (QTBIPOC): Mental Health Fund - National Queer and Trans Therapists of Color Network (nqttcn.com)
- If you are a resident of Pennsylvania and are uninsured you may be eligible for county funding for therapy and/or substance use services depending on your income level and resources at local Community Mental Health Centers. These services and their entry points are often overseen by your county of residence's mental health office and directions on how to access these services can be usually found on their websites. Here are some local counties' information on how to access county funding:
  - Chester County: Accessing Services | Chester County, PA Official Website (chesco.org)
  - o Delaware County: Mental Health Delaware County Department of Human Services (delcohsa.org)
  - o Philadelphia County: Mental Health Services DBHIDS
  - o Montgomery County: Mental Health | Montgomery County, PA Official Website
  - o Bucks County: Outpatient Treatment | Bucks County, PA
  - Berks County: <u>County of Berks Mental Health County-Funded Treatment and Support Services</u> (<u>berkspa.gov</u>)
  - o Lancaster County: How Do I Access Mental Health Services | Lancaster County BHDS, PA