

West Chester University

Drug-Free Schools and Campuses Regulations [Edgar Part 86]

Biennial Review: Academic Years 2022-2023 & 2023-2024

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Table of Contents

Executive Summary	3
Introduction to Campus	4
Biennial Review Process	5
Program Inventory and Assessment	7
Health Information and Impacts	22
Policy and Enforcement	25
AOD Highlights and Significant Accomplishments	31
Program Strengths and Weaknesses	33
Office of Student Conduct Consistency Statement	35
Annual Distribution Protocol	36
Conclusion	36
Recommendations from 2022-2024	36
Appendix A: Compliance Certification	37
Appendix B: Annual Notifications	38
Appendix C: PASSHE AOD Data Report	47
Appendix D: National College Health Assessment Data	104
Appendix E: Residence Life & Housing Community Living Standards	131

Executive Summary

The Drug-Free Schools and Campuses Regulations (DFSCR) were established in 1989 to outline a requirement for Institutions of Higher Education (IHE) to develop alcohol and other drug (AOD) prevention programs. These requirements were made a condition of the IHE receiving funds or any other form of financial assistance under any Federal program. All IHE are required to report on AOD prevention initiatives and adherence to the DFSCR on a biennial basis, a process titled the "Biennial Review."

In 1997/2006, the Higher Education Center (Higher Education Center for Alcohol and Other Drug Abuse and Violence Prevention) issued guidelines for adherence to the DFSCR1. The HEC guidelines notes that "an important aspect of the DFSCA is the requirement that campuses closely examine their prevention program on a biennial basis." A biennial review that inventories and examines the scope and effectiveness of a campus prevention program is critical to creating a comprehensive effort and complying with the regulations. (Complying with the Drug Free Schools and Campuses Regulations, pg.1)

To support this process, the HEC referenced and recommended using the 2002 report by the National Institute on Alcohol Abuse and Alcoholism (NIAAA), A Call to Action: Changing the Culture of Drinking at U.S. Colleges. Implementation of the NIAAA evidence informed strategies will increase the likelihood of success in reducing the consequences of heavy episodic and illegal alcohol use on campus. The NIAAA guidelines have been updated and supplemented by the recommendations of the College Alcohol Intervention Matrix (AIM).

The HEC guidelines established two tools that can be used to guide the Biennial Review and resulting report: (1) the Part 86 Compliance Checklist and (2) A Supplemental Checklist. This report contains both checklists and additional supporting materials outlining WCU initiatives related to AOD prevention programs for the academic years 2022-2023 and 2023-2024.

Introduction to Campus

Located 25 miles west of Philadelphia Pennsylvania, West Chester University is the fourth-largest university in the Philadelphia region and the largest institution in Pennsylvania's State System of Higher Education. Receiving national accolades, including Top 100 Best Values in Public Colleges & Universities according to Kiplinger's Personal Finance as well as Top 100 Regional Universities North according to U.S. News & World Report, West Chester University has more than 118 undergraduate, 91 master's degree programs, and four doctoral programs.

Founded in 1871, West Chester University enrolls approximately 17,000 degree-seeking students: 2,732 graduate and 14,344 undergraduate students. Most students primarily come from Pennsylvania, Delaware, New Jersey, and Maryland. The undergraduate body is comprised of 60% female-identified individuals, 40% male-identified individuals, and 27% identified by an ethnicity that is not white.

West Chester University offers 279 registered clubs and organizations to engage undergraduate and graduate students in co-curricular activities and programs. The university sponsors one of the largest varsity programs in NCAA Division II with 24 intercollegiate women's and men's sports. West Chester University is home to 17 fraternities and 15 sororities dedicated to service, honor, and study initiatives. Approximately 90% of first-year students reside in 13 undergraduate residence facilities.

Biennial Review Process

The current Biennial Review covers the academic years 2022-2023 and 2023-2024. Various individuals played an important role in compiling information, reviewing the report, and making recommendations for future action in the completion of this report. These individuals include:

- Dr. B.K. Taylor, Assistant Vice President for Student Affairs
- Dr. Jayme Trogus, Director, Wellness Promotion
- Lauren Zahour, Associate Director of Operations, Health & Wellness
- Christina Brenner, Assistant Dean, Office of Student Conduct
- Kelli Millner, Associate Director of Athletics
- Dr. Rachel Daltry, Director, Counseling and Psychological Services
- Amber Decker Haynes, Director, Fraternity and Sorority Life
- Dr. Lexie McCarthy, Director, Off-Campus and Commuter Services
- Dr. Clayton Kolb, Director, Sykes Student Union and Student Activities
- Tyler Goldstein, Assistant Director, CARE and Community Standards, Residence Life and Housing
- J.P. Carr, JD, Clery Act Compliance Officer, Department of Public Safety
- Judd Strauss, Director, Student Health Services

As a result of participating in the Higher Education Center for Alcohol and Drug Misuse Prevention and Recovery training in fall 2020, a new process was initiated for the current report. Our plan is to create a more systematic and routine approach to collecting data through the creation of a Microsoft Teams site and submission form for key campus stakeholders to submit their information on an annual basis. Data has been submitted by the individuals named above through the completion of a form in Microsoft Teams. This information was utilized to

create a draft of the Biennial Review which was then submitted to all members for review and feedback. A final report was then generated. Individuals requesting a copy of the current and past Biennial Review reports should contact the Assistant Vice President for Health and Wellness in the Division of Student Affairs.

Program Inventory and Assessment

Department of Athletics and Wellness Promotion

Program: Challenging Motivation and Expectations of Athlete Substance Use

<u>Description</u>: Peer educators provided first year student-athletes with a required alcohol education session that focused on norms of use and harm reduction strategies.

Timing: Start of Each Semester (Fall and Spring)

Target: First-Year Student Athletes

Classification: Indicated

College Aim: IND-1 Information/knowledge/education

Category: Education

Data: 2022-2023 – N/A Developed in 2023-2024

2023-2024 – 123 participants

Student Health Services and Wellness Promotion

Program: Naloxone Distribution and Training

<u>Description</u>: Free Naloxone was made available throughout campus and accompanied by educational programs on how to administer, signs of overdose, and resources on campus.

Timing: Ongoing

Target: All students

Classification: Universal, Indicated

College Aim: IND-1 Information/knowledge/education

Category: Education

Data: 2022-2023 – N/A; Program began in Spring 2024

2023-2024 – 1,296 doses of Naloxone distributed. 8 trainings. 2 trainings

provided by the Chester County Drug and Alcohol Coalition. 2 train the

trainer workshops provided. 4 general trainings provided by WCU trained

trainers.

Office of Student Conduct and Wellness Promotion

Program: Alcohol eCHECKUP TO GO

<u>Description</u>: eCHECKUP TO GO (Alcohol) provides students with personalized feedback about their drinking patterns, risk patterns, aspirations and goals, and links them to resources.

Timing: Included in BASICS program, on Wellness Promotion website, and used

as a stand-alone sanction

Target: All students

Classification: Universal, selected, Indicated

College Aim: IND-1 Information/knowledge/education; IND-24 personalized

feedback intervention, individual

Category: Screening/Education

Data: 2022-2023 – 171 participants

2023-2024 – 175 participants

Program: Cannabis eCHECKUP TO GO

<u>Description</u>: eCHECKUP TO GO (Cannabis) provides students with personalized feedback about their drinking patterns, risk patterns, aspirations and goals, and links them to resources.

Timing: Included in CASICS program, on Wellness Promotion website, and used

as a stand-alone sanction

Target: All students

Classification: Universal, selected, Indicated

College Aim: IND-1 Information/knowledge/education; IND-24 personalized

feedback intervention, individual

Category: Screening/Education

Data: 2022-2023 – 43 participants

2023-2024 – 58 participants

Residence Life & Housing and Wellness Promotion

Program: Dimensions of Wellness

<u>Description</u>: Dimensions of Wellness is a monthly education program in each resident hall.

Topics include cannabis and alcohol.

Timing: Monthly

Target: Residential Students

Classification: Universal

College Aim: IND-1 Information/knowledge/education

Category: Education

Data: 2022-2023 – 490 participants

2023-2024 – 657 participants

Wellness Promotion

Program: BASICS

<u>Description</u>: Brief Alcohol Screening and Intervention of College Students (BASICS) is a harm-reduction intervention for college students. Students often conform to patterns of heavy drinking they see as acceptable while holding false beliefs about alcohol's effects or actual alcohol-use norms. BASICS is designed to help students make better decisions about using alcohol.

Timing: By Appointment

Target: All students; sanctioned students

Classification: Indicated

College Aim: IND-18 Brief Motivational Intervention, IND-11a, skills training

Category: Screening, education

Data: 2022-2023 - 24 participants

2023-2024 - 35 participants

Program: CASICS

<u>Description</u>: Cannabis Screening and Intervention of College Students (CASICS) is a harm-reduction intervention for college students. Students often conform to patterns of cannabis use they see as acceptable, while holding false beliefs about the effects of cannabis or actual cannabis-use norms. CASICS is designed to help students make better decisions about using cannabis.

Timing: By Appointment

Target: All students; sanctioned students

Classification: Indicated

College Aim: IND-18 Brief Motivational Intervention, Individual

Category: Screening, education

Data: 2022-2023 – 7 participants

2023-2024 - 6 participants

Program: Choices about Cannabis

<u>Description</u>: Choices About Cannabis workshop provides students with the opportunity to learn about the effects of cannabis on their brain and body, the impact of being around those who consume it, as well as the impact it may be having on their life if choosing to use cannabis in an interactive small group environment with their peers. The information in this workshop can help students make informed decisions if they choose to consume cannabis or help others who might make the decision to consume. Participants complete the CUDIT screening as a part of this program.

Timing: Offered numerous times per semester

Target: All students; sanctioned students

Classification: Universal, Indicated

College Aim: IND-1: Information/knowledge/education, group

Category: Education, screening

Data: 2022-2023 – 46 participants completed; 47 sanctioned

2023-2024 - 28 participants completed; 32 sanctioned

Program: Decisions about Drinking Workshop

<u>Description</u>: The Decisions About Drinking Workshop provides students with the opportunity to learn about the effects of alcohol on their brain and body, the impact of being around those who consume it, as well as the impact it may be having on their life if choosing to drink. This program provides an opportunity for students to have an open and honest conversation about various topics such as standard drink size and WCU policies, resources, and support regarding alcohol. Students complete the AUDIT screening as a part of this program.

Timing: Offered numerous times per semester

Target: All students; sanctioned students

Classification: Universal, Indicated

College Aim: IND-1: Information/knowledge/education, group

Category: Education, screening

Data: 2022-2023 – 257 participants completed; 287 sanctioned

2023-2024 – 189 participants completed; 192 sanctioned

Program: Social Media

<u>Description</u>: Robust social media messages are distributed to students on an ongoing basis regarding a variety of topics including medical amnesty, harm reduction strategies, responsible use, sober driving, social norms, etc.

Timing: Ongoing

Target: All students

Classification: Universal

College Aim: IND-1: Information/knowledge/education, group

Category: Education

Data: 2022-2023 – 36 specific AOD content messaging posts reaching 16,566

accounts

2023-2024 – 21 specific AOD content messaging posts reaching 11,344

accounts

Program: Wellness Coaching

<u>Description</u>: Wellness coaching is an individualized process that empowers students to explore and practice strategies to support their health and well-being focusing on stress, sleep, social support, and substance use. Coaching is a short-term, action-oriented tool to help students explore their strengths and personal motivations, identify topics they want to explore, and work towards their health and well-being vision using sustainable strategies in a supportive environment. Students complete the AUDIT or CUDIT during wellness coaching.

Timing: By Appointment

Target: All students; sanctioned students

Classification: Universal, selective, and Indicated

College Aim: IND-17: Brief Motivational Intervention, Individual

Category: Screening, Education

Data: 2022-2023 – 18 participants

2023-2024 – 5 participants

Program: Voice Your Values

<u>Description</u>: The Voice Your Values workshop provides students with the opportunity to learn what is a value, how values influence decision-making, begin to identify personal values, and explore how values congruence connects to finding purpose in a small group environment with their peers. The information in this workshop can support students in exploring their personal values and how they can use them to make and evaluate their personal decision-making.

Timing: Ongoing

Target: All students; sanctioned students

Classification: Indicated, universal

College Aim: IND-5: Values Clarification

Category: Education

Data: 2022-2023 – 82 participants

2023-2024 – 10 participants

Program: RefRAMe Social Media & Norms Campaign

<u>Description</u>: A social media and norms campaign to help RefRAMe the narrative of alcohol use was created and implemented by student leaders.

Timing: Ongoing

Target: All students

Classification: Universal

College Aim: ENV-7: Campus-wide social norms campaign

Category: Environment

Data: 2022-2023 – 1,990 pieces of information containing social norms. 1,000

door hangers distributed to residence life. 300 posters, 140 yard signs,

300 water bottles, 250 snack containers

2023-2024 – 3700 pieces of information containing social norms. 500

posters, 2,000 posters for the back of resident hall rooms, 200 tote bags,

100 cups, 750 balloons, 150 sets of playing cards

Program: Savage Sisters Overdose Reversal Training

<u>Description</u>: Savage Sisters, a non-profit organization in Philadelphia focused on providing trauma-informed resources for those in recovery from substance use disorder, provided a virtual and in-person overdose reversal training.

Timing: Provided twice in one semester (one virtual; one in-person)

Target: All students

Classification: Universal

College Aim: IND-1 Information/knowledge/education

Category: Education

Data: 2022-2023 - N/A

2023-2024 – 27 participants

Program: Stall Seat Journal

<u>Description</u>: Stall Seat Journal is a restroom newsletter providing information and resources on topics including medical amnesty, standard drink size, campus policies, and other harm reduction messages

Timing: Ongoing

Target: All students

Classification: Universal

College Aim: IND1-Information/knowledge/education

Category: Education

Data: 2022-2023 – 5 editions

2023-2024 - 7 editions

Program: Training for Resident Assistants

<u>Description</u>: Resident Assistants are provided with knowledge on both alcohol and cannabis to help inform their roles and responsibilities as RA's, which includes intervening and supporting students around substance use.

Timing: One Time

Target: Resident Assistants

Classification: Universal

College Aim: IND1-Information/knowledge/education

Category: Education

Data: 2022-2023 - 100 participants

2023-2024 - N/A

Program: Any Ram Can Bystander Intervention

<u>Description</u>: Any Ram Can is an interactive presentation helping students to learn about bystander intervention, using the StepUP! Model, as well as how to build skills in intervening in situations involving alcohol.

Timing: Ongoing

Target: All students

Classification: Universal

College Aim: IND1-Information/knowledge/education

Category: Education

Data: 2022-2023 - 3 workshops

2023-2024 – 1 workshop

Program: Shift Happens: Social Norms Workshop

<u>Description</u>: Shift Happens equips students with information about social norms and includes what social norms are and how to interpret them in decision making for students.

Timing: Ongoing

Target: All students

Classification: Universal

College Aim: IND1-Information/knowledge/education

Category: Education

Data: 2022-2023 – 3 workshops

2023-2024 - N/A

Program: What's Happening in Wellness Digital Newsletter

<u>Description</u>: What's Happening in Wellness is Wellness Promotion's digital newsletter. Topics include driving sober, the impact of cannabis on the brain, taking a t-break from cannabis, and medical amnesty. Newsletter is distributed to all followers on our campus connection website, RamConnect.

Timing: Bi-weekly

Target: All students

Classification: Universal

College Aim: IND1-Information/knowledge/education

Category: Education

Data: 2022-2023 - 14 newsletters

2023-2024 - 15 newsletters

Program: BeWell Hut

<u>Description</u>: Be Well Huts are facilitated by the peer education team weekly to connect students with education through interactive and engaging activities on campus. The Hut is branded to Wellness Promotion and is highly recognized on campus by students. Topics included: ranking the drink by ABV, medical amnesty, standard drink size, cannabis and prescription drug use, stimulant use, and preparing for high-risk times.

Timing: Weekly

Target: All students

Classification: Universal

College Aim: IND1-Information/knowledge/education

Category: Education

Data: 2022-2023 – 11 focused on substance use reaching 445 students

2023-2024 – 7 focused on substance use reaching 599 students

Program: T-Break Guide

<u>Description</u>: The T-Break Guide provides students with the information and resources in the form of a guide booklet, custom for our institution, about how to take a break from using cannabis. This program is adopted from the guide created out of the University of Vermont.

Timing: Ongoing

Target: All students

Classification: Indicated

College Aim: IND1-Information/knowledge/education

Category: Education

Data: 2022-2023 - N/A; Developed in 2024

Program: Ram Cab Trivia

<u>Description</u>: The T-Break Guide provides students with the information and resources in the form of a guide booklet, custom for our institution, about how to take a break from using cannabis. This program is adopted from the guide created out of the University of Vermont.

Timing: Once per semester

Target: All students

Classification: Universal

College Aim: IND1-Information/knowledge/education

Category: Education

Data: 2022-2023 - 402 students

2023-2024 – 189 students

Residence Life and Housing

Program: Phillies World Series Events

<u>Description</u>: Each of the ten residential communities hosted an alternative/harm reduction program between Thursday-Saturday from 9:00 pm – 11:00 pm in their main lobby areas with food, free Phillies Gear and activities for those who may have not been leaving the residence halls.

Timing: November 3-6, 2022

Target: Residential Students

Classification: Universal

College Aim: ENV-2: alcohol-free programming

Category: Environmental

Data: 2022-2023 - Unknown

2023-2024 - N/A

Program: Halloween Alternative/Harm Reduction Program

<u>Description</u>: Each of the ten residential communities hosted an alternative/harm reduction program between Thursday-Saturday from 9:00 pm – 11:00 pm in their main lobby areas with both food and activities for those who may not have been leaving the residence halls.

Timing: October 27-29, 2022; October 26-29, 2023

Target: Residential Students

Classification: Universal

College Aim: ENV-2: alcohol-free programming

Category: Environmental

Data: 2022-2023 - Unknown

2023-2024 - Unknown

Program: Homecoming Alternative/Harm Reduction Program

<u>Description</u>: Each of the ten residential communities hosted an alternative/harm reduction program between Thursday-Saturday from 9:00 pm – 11:00 pm in their main lobby areas with both food and activities for those who may not have been leaving the residence halls.

Timing: October 6-8, 2022; September 28-30, 2023

Target: Residential Students

Classification: Universal

College Aim: ENV-2: alcohol-free programming

Category: Environmental

Data: 2022-2023 – Unknown

2023-2024 - Unknown

Program: St. Patrick's Day Alternative/Harm Reduction Program

<u>Description</u>: Each of the ten residential communities hosted an alternative/harm reduction program between Thursday-Saturday from 9:00 pm – 11:00 pm in their main lobby areas with food, free Phillies Gear and activities for those who may have not been leaving the residence halls.

Timing: March 16-28, 2022; March 14-16, 2023

Target: Residential Students

Classification: Universal

College Aim: ENV-2: alcohol-free programming

Category: Environmental

Data: 2022-2023 - Unknown

2023-2024 - Unknown

Counseling and Psychological Services

Program: Counseling and Psychological Services

<u>Description</u>: Mental health and substance use counseling, crisis intervention, referrals to community resources.

Timing: Ongoing

Target: Sanctioned students; all students

Classification: Indicative, selected

College Aim: IND1-Information/knowledge/education

Category: Assessment and Treatment

Data: 2022-2023 – 100 sanctioned students; 6 non-sanctioned students

2023-2024 – 102 sanctioned students; 7 non-sanctioned students

Fraternity and Sorority Life

Program: Risk Management Training

<u>Description</u>: Training completed by Interfraternity Council with support from the Fraternity and Sorority Life office staff.

Timing: Semesterly

Target: Risk managers/chapter leaders

Classification: Selected

College Aim: IND1-Information/knowledge/education

Category: Education

Data: 2022-2023 - 64 members

2023-2024 - 64 members

Program: Sober Monitoring Training

<u>Description</u>: Virtual, asynchronous alcohol education and event management training for

fraternity and sorority members.

Timing: Within the first semester members join the community

Target: All IFC & PHC Fraternity and Sorority Members

Classification: Selected

College Aim: IND1-Information/knowledge/education

Category: Education

Data: 2022-2023 – 1,055 members

2023-2024 – 690 members

Program: Homecoming Preparation Training

<u>Description</u>: Homecoming event planning and management training.

Timing: 4 weeks leading up to Homecoming

Target: Chapter Chairs

Classification: Selected

College Aim: IND1-Information/knowledge/education

Category: Education/policy enforcement

Data: 2022-2023 - 64 members

2023-2024 - 64 members

Program: Alcohol Education for Fraternity and Sorority Members

Description: Virtual, asynchronous alcohol education for fraternity and sorority members.

Timing: Within the first semester members join the community

Target: All fraternity and sorority members

Classification: Selected

College Aim: IND1-Information/knowledge/education

Category: Education/policy enforcement

Data: 2022-2023 – 852 members

2023-2024 - 686 members

Off-Campus and Commuter Services

Program: Borough Neighbor Meet and Greet

<u>Description</u>: The Borough Neighbor Meet & Greet is held each fall to welcome student renters in the Borough back to campus and remind them of their responsibilities as community members through engagement with their neighbors, including permanent residents. The program includes sharing of resources related to safe party hosting and attending including resources related to alcohol use vs. misuse. Members of fraternities and sororities are prioritized.

Timing: Welcome Week

Target: Off-campus student renters

Classification: Selected

College Aim: IND1-Information/knowledge/education

Category: Education/policy enforcement

Data: 2022-2023 - N/A

2023-2024 – 300+ participants

Office of Student Conduct

Program: Sphere of Influence

<u>Description</u>: Students reflect on their reasons for being a student at WCU, how their decision-making is impacted by others, and how their decision-making impacts those around them.

Timing: Ongoing

Target: Sanctioned students

Classification: Indicated

College Aim: IND1-Information/knowledge/education

Category: Normative environment/policy enforcement

Data: 2022-2023 – 21 completed; 25 sanctioned

2023-2024 - 150 completed; 160 sanctioned

Student Activities

Program: Rams After Hours

<u>Description</u>: Rams After Hours is a free, late-night program for West Chester University students occurring on Friday nights during the academic year from 9:00 pm to 12:00 am. Food, entertainment, and a take-home novelty item make these must-attend events.

Timing: Ongoing

Target: All students

Classification: Universal Prevention

College Aim: ENV-2: alcohol-free programming

Category: Normative environment

Data: 2022-2023 - 21 completed; 5,617 participants

2023-2024 - 150 completed; 5,327 participants

Health Information and Impacts

Physical Consequences of Drug and Alcohol Abuse

The Liver

Alcohol — Severe swelling, fatty liver (often not diagnosed until older in life, hepatitis (inflammation), cirrhosis, and liver failure.

Cocaine — Rhabdomyolysis (muscle death), hepatitis (inflammation), and liver failure.

The Muscles and Bones

Alcohol — Weakness and loss of muscle tissue, decreased bone strength from nutritional deficiency, and fractures as a result of falls/tripping due to intoxication.

The Nose

Cocaine — Runny/stuffy nose, nosebleeds, perforated septum, and decrease smell.

Tobacco — Inflammation/swelling of sinuses (sinusitis), increased mucous production, decreased protection against colds, and impairs the sense of taste.

The Lungs

Alcohol — Greater chance of infections due to weaken immune system, worse asthma, increased risk of choking and pneumonia.

Marijuana — Chronic cough, mucous production, wheezing, bronchitis, emphysema, and lung cancer.

Cocaine — Coughing, wheezing, bloody sputum, asthma, pulmonary infection, pulmonary hemorrhage, and lung damage.

Tobacco — Leads to inflammation and irritation of the airways, permanent damage of emphysema and cancer, and reduced air space resulting in less oxygen to vital human organs.

The Stomach

Alcohol — Irritation of stomach lining (ulcers), GI bleed, vomiting, and stomach cancer.

The Brain

Alcohol — Central Nervous System depressant, sedative drowsiness effect, blackouts, seizures, memory loss, and abstract thinking. Can lead to accidental injury and death.

Marijuana — Impacts memory (brain fog), learning, decision making, and reaction time. Interferes with normal functioning and communication.

Cocaine — Causes irritability, paranoia, hallucinations, impaired cognitive functions, and aggressiveness. Increases risk of stroke and seizures.

Amphetamines —Intense euphoria(psychosis), anxiety, irritability, difficulty sleeping, and speech and thought disturbance.

Tobacco — Addiction, increased risk of dementia, stroke, and loss of brain volume.

All can cause permanent brain cell damage.

The Heart

Alcohol — High blood pressure, enlarged heart, heart failure.

Marijuana — increases heart rate and blood pressure, lowers oxygen supply to heart muscle, and increases risk of heart attack.

Cocaine — Increases heart rate/irregularity and blood pressure, may result in heart attack.

Tobacco — Heart disease, increased blood pressure, increased heart rate, damage to blood vessels, increased risk of blood clots, heart disease, and heart attack.

Amphetamines — Rapid or irregular heartbeat, heart disease, and heart attack.

The Pancreas and Intestines

Alcohol — Inflammation (pancreatitis), inflamed intestinal lining, impaired digestion (diarrhea), nutrition malabsorption, poor blood sugar regulation, and pancreatic cancer.

The Sex Organs

Alcohol – Decreased genital and physical arousal, vaginal dryness, decreased orgasmic response, trouble getting and maintaining erection (impotence), and increased risky sexual behavior (sexually transmitted infections, unplanned pregnancy, unconsented intercourse)

Marijuana – Decreased sexual arousal and emotional connection, decreased orgasmic response trouble getting and maintaining erection (impotence), and increased risky sexual behavior (sexually transmitted infections, unplanned pregnancy, unconsented intercourse).

Both are harmful during pregnancy to the unborn baby.

The Immune System

Alcohol – Reduces number of antibodies to fight off infection making it easier to get sick and harder to recover from illnesses/infections.

Injected Drugs – Lowers ability to fight off illnesses/infections and increases risk of contracting or transmitting an infectious disease, such as HIV and Hepatitis.

The Blood Vessels

Amphetamines – Narrowing of blood vessels and spasms which leads to high blood pressure (hypertension) and reduced blood flow to essential body organs such as the heart, lungs, and brain.

Alcohol – Narrowing of blood vessels which causes high blood pressure (hypertension) and greater risk of heart failure and stroke.

Tobacco – Narrowing of blood vessels which causes high blood pressure (hypertension) and greater risk of heart attack and stroke, reduced oxygen delivery, increased plaque buildup in blood vessels which can lead to peripheral artery disease, blood clots, heart attack and stroke (oral birth control and smoking increases risk), and lowers healthy cholesterol while raising bad cholesterol.

Policy and Enforcement

Policy: Student Code of Conduct

Description:

The WCU Student Code of Conduct sets the standards of conduct expected of individual students and all University-affiliated student organizations that occurs oncampus, online, off-campus teaching locations, off-campus, and University-Sponsored events. It guarantees due process and protects the individual freedom of the student as well as requiring accountability for their actions.

Responsible Office of Student Conduct
Office

Student Code of Conduct Link

Policy: Tailgating

Description:

This policy applies to any person or group intending to participate in tailgating in the parking lots surrounding south campus athletics facilities. Alcoholic beverages are not permitted in parking lots, athletic facilities, or other areas of campus.

Responsible

Athletics

Office

Tailgating Policy Link

Policy: Alcohol at Events

Description:

WCU's Alcohol Policy provides a consistent approach to alcohol usage at WCU or WCU Foundation owned or leased property for official WCU events, and adheres to federal, state, and local laws and ordinances.

Responsible

President's Office

Office

Alcohol at Events Policy Link

Policy: Residence Life and Housing Community Living Standards

Description: A guiding document outlining WCU resident students' responsibility to know, abide, and uphold the Student Code of Conduct, the Community Living Standards, and Rams Eye View. This policy applies to students living in both traditional and university affiliated housing unless expressly stated otherwise. WCU is a dry campus and alcohol containers and alcohol possession, use, consumption, purchasing, selling/furnishing, and intoxication are not permitted in residential facilities.

Responsible

Residence Life & Housing

Office

RLH Community Standards (Appendix E)

Policy: Anti-Hazing

Description:

The University prohibits hazing. This policy applies to acts conducted on or off campus if such acts are deemed to constitute hazing under this Policy or Pennsylvania law. A person or organization who intentionally, knowingly or recklessly, for the purpose of initiating, admitting or affiliating an individual into or with an organization, or for the purpose of continuing or enhancing an individual's membership or status in an organization, causes, coerces or forces an individual to do any of the following: Consume any food, drink, liquid, alcoholic liquid, drug, or other substance which subjects the individual to a risk of emotional or physical harm.

Responsible	Student Leadership & Involvement	
Office		
Anti-Hazing Policy Link		

Policy: Vendors and Solicitation

Description:

This policy pertains to student groups and external paying vendors using space with Sykes Student Union on the Main Campus of West Chester University. Student organizations and external vendors are allowed to reserve a table within the Sykes Union lobby for the purposes of solicitation or vending. Merchandise must be legal, no bootleg items; items made through copyright infringement; no drug, alcohol and sexual related items; no candles, incense or other items may be burned.

sexual related items, no candles, incense of other items may be burned.		
Responsible	Sykes Student Union	
Office		
Vendors and Solicitation Policy Link		

Policy: Fundraising

Description:

West Chester University (WCU or University) recognizes that its future success will depend upon its ability to develop a variety of funding sources including gifts and grants from private donors such as alumni, parents, other individuals, corporations, and foundations. The purpose of this policy is to outline the way in which WCU will pursue private gift income and how University employees may participate in that process. This document is intended to supplement the fundraising contract and corresponding MOU between the University and the West Chester University Foundation (the Foundation). No University funds may be used to purchase alcohol at events or for any purpose.

Responsible	Office of the Vice President for University Advancement and			
Office	External Affairs			
Fundraising Policy Link				

Policy: Purchasing Card and Travel Card				
Description:	Description:			
To establish a methodology for use and define the limits of the West Chester				
University (WCU) issued Purchasing Card (P-Card) and Travel Card. The cards are				
provided to certain WCU employees and are for official WCU use only. The cards				
cannot be used for alcoholic beverage purchases.				
Responsible	Finance and Business Services - Accounts Payable & Card			
Office	Systems			
Purchasing Card and Travel Card Policy Link				

Policy: Purchasin	g		
Description:			
simple and efficier guidelines and pru services in accord (Act 57 of 1998) a	The Purchasing Office strives to make the procurement of all goods and services as simple and efficient as legally possible. Our role is to establish institutional guidelines and prudent business practices for the procurement of goods and services in accordance with the Commonwealth of Pennsylvania Procurement Code (Act 57 of 1998) and the Pennsylvania State System of Higher Education polices. University funds should not be used to purchase gifts or personal items for		
employees, alcohol, party supplies, flowers for individuals, or similar items that			
benefit only a select few or have no legitimate business or educational purpose.			
Responsible	Purchasing Office		
Office			
Purchasing Polic	sy Link		

Policy: Travel		
Description: Th	e policies and procedures in this document define eligibility,	
responsibility, and proper travel reimbursement policy. Alcohol is a non-		
reimbursable expense.		
Responsible	Accounts Payable & Card Systems	
Office		
Travel Policy Link		

Policy: University Events			
Description: The purpose of this policy is to provide clear, consistent, and equitable			
expectations for s	expectations for staff, faculty, students, and external constituents to ensure the safe		
and successful implementation of events in University-owned or rented spaces.			
Responsible Vice President for University Affairs			
Office			
University Event Policy Link			

Policy: Vehicle

Description: The purpose of this policy is to establish policies regarding the use of university-owned vehicles to ensure West Chester University (WCU) is compliant with the Commonwealth of Pennsylvania's code for Operation of Commonwealth Motor Vehicles (Chapter 73, Section 73.8). No drivers, before or during trips, are permitted to use medications, alcohol, drugs or other substances that cause drowsiness or other physical or mental impairment. Smoking, vaping or use of tobacco products, alcohol or illegal substances is prohibited in university vehicles. Alcohol may not be transported in university vehicles.

The content may met be transported in drint energy termines.		
Responsible	Facilities Operations	
Office		
Vehicle Policy L	ink	

Policy: Venue Management Booking

Description: The West Chester University Venue Management Booking Policy is an administrative policy that provides information and protocol for the use of the Performing Arts Center and the Emilie K. Asplundh Concert Hall. Alcoholic Beverages are not permitted on campus without the prior written approval of the President of the University.

Responsible	Venue Management	
Office		
Venue Management Booking Policy Link		

Policy: PASSHE Board of Governors Drug Free Workplace

Description: As required by the federal "Drug-Free Workplace Act of 1988," the State System of Higher Education, Commonwealth of Pennsylvania, hereby declares as its policy that the unlawful manufacture, distribution, dispensation, possession, or use of a controlled substance is prohibited at any workplace under the authority of the Board of Governors.

Responsible	PASSHE	
Office		
PASSHE BOG Drug Free Workplace Policy Link		

Violations and Frequency

Office of Student Conduct:

Academic Year 2022-2023	Fall 2022	Spring 2023	Total
Violation 1: Empty Alcohol Containers	11	1	12
Violation 2: Alcohol on Campus Over 21	22	22	44
Violation 3: Underage Alcohol	336	182	518
Violation 4: Open Container	27	10	37
Violation 5: Public Intoxication	70	64	134
Violation 6: Furnishing to Minors	3	1	4
Violation 7: DUI	2	1	3
Violation 8: Drug Possession/Use	64	71	135
Violation 9: Drug Paraphernalia	52	46	98
Violation 10: Drug Sales or Significant Qty.	3	0	3
Violation 11: Drug DUI	1	1	2

Academic Year 2023-2024	Fall 2023	Spring 2024	Total
Violation 1: Empty Alcohol Containers	20	13	33
Violation 2: Alcohol on Campus Over 21	10	9	19
Violation 3: Underage Alcohol	367	262	629
Violation 4: Open Container	21	8	29
Violation 5: Public Intoxication	78	79	157
Violation 6: Furnishing to Minors	1	1	2
Violation 7: DUI	2	0	2
Violation 8: Drug Possession/Use	93	34	127
Violation 9: Drug Paraphernalia	36	13	49
Violation 10: Drug Sales or Significant Qty.	3	1	4

Violation 11: Drug DUI	0	1	1

Public Safety:

Academic Year 2022-2023	Fall 2022	Spring 2023	Total
Violation 1: Liquor Law Arrest	118	79	197
Violation 2: Disciplinary Referral	214	121	335
Violation 3: Drug Law Arrest	8	5	13
Violation 4: Drug Disciplinary Referral	61	47	108

Academic Year 2023-2024	Fall 2023	Spring 2024	Total
Violation 1: Liquor Law Arrest	129	75	204
Violation 2: Disciplinary Referral	240	162	402
Violation 3: Drug Law Arrest	8	2	10
Violation 4: Drug Disciplinary Referral	60	23	93

AOD Highlights and Significant Accomplishments

- Wellness Promotion was the recipient of grant funding from the Pennsylvania Liquor Control
 Board in the amount of \$38,697 to reduce underage and dangerous drinking through a social
 marketing campaign (the RefRAMe campaign) to influence the culture of use on campus, as
 well as additional student-led prevention initiatives.
- Wellness Promotion began screening students during individual appointments for substance use using the AUDIT and CUDIT assessment tools.
- Wellness Promotion launched a Recovery Ally training for faculty and staff to gain a better
 understanding of the differences between addiction, substance use disorder, sobriety,
 abstinence, sober curious, and recovery; to identify signs that help may be needed and how to
 help, and what it means to be a recovery ally on campus.
- Wellness Promotion and Student Health Services developed a peer-to-peer Naloxone training
 and distribution program in partnership with our local drug and alcohol service provider.
 Additionally, in-person and virtual training sessions were provided by Savage Sisters, a traumainformed resource for those recovering from substance use disorders.
- Wellness Promotion initiated a strategic planning process, involving campus collaborative
 partners, to help clarify department effort's, document department priorities, define department
 goals, demonstrate connections between initiatives, and track progress.
- West Chester University embarked on a mental health and substance use strategic planning and implementation initiative in partnership with the JED Campus Program. A JED Campus Team was developed alongside smaller working groups to address identified areas of focus during the four-year initiative.
- Data centralization through dashboard creation
- Harm Reduction Events in residence halls during high volume times of year
- Chickie's & Pete's restaurant is open until midnight

Previous Set of Recommendations: 2020-2022

Recommendation	Progress
Improve data collection processes for the bi-annual review. Update the process from a bi-annual process to an annual process.	Due to staffing changes, this process was not updated.
Research, recommend, and select a new framework other than the ACHA Healthy Campus model to promote holistic wellness and well-being at the university.	The CAS Cross-Functional Framework was selected to help inform a collaborative approach. The Health and Wellness team will begin participation in a pilot program to guide implementation with CAS starting in the fall 2024.
Offer training for faculty and staff on recognizing signs of high-risk alcohol and drug use as resources available to support students	No progress made.
Increase connections to off-campus resources so that providers can refer students when needed.	The case manager in the Counseling Center continually updates available referral resources for students seeking AOD support outside of the university.
Build additional connections with community partners to increase support resources and services for students.	The case manager in the Counseling Center continually updates available referral resources for students seeking AOD support outside of the university.

Program Strengths and Weaknesses

AOD Enforcement, Education/Programming, and Policy Strengths and Weaknesses

AOD Enforcement Strengths & Weaknesses		
Strengths	Weaknesses	
Having a financial hardship appeal	Lack of defined procedures for AOD at events in	
process in the Office of Student	on-campus spaces	
Conduct		
Fact-based student responsibility	Need clearer explanation to responses such as	
	custody & transport	
Having Policy & Process Advisors to	Identification challenges with group misconduct	
support students going through the		
conduct process		
Having a WCU Police Department for	Police responses vary for each situation, and	
the safety of the community	some do not have an educational lens	
Peer accountability models in	Students have felt trauma for custody	
Fraternity and Sorority Life	experiences	
Medical Amnesty Policy which applies	Slow off-campus incident sharing from police	
to caller and the student of concern	units outside WCU	
	Lack of security staffing, often with purpose	
	misalignment and lack of clarity about event	
	assignments and purpose	
	Clear expectations from WCU Borough Code	
	Sanction inconsistency for cannabis v. alcohol	

AOD Education and Prevention Programming Strengths & Weaknesses		
Strengths	Weaknesses	
Training new members in Fraternity &	Alcohol Task Force needs high-level support	
Sorority Life on AOD		
Training FSL leaders in risk	Need small group education during welcome week	
management	and orientation	
Established Rams After Hours late-	Need more cannabis education/approaches	
night programming		
Education during high-risk times in	Institutional shared buy-in	
FSL		
Some passive programming for AOD	Athletic coaches determine rules, not departments	
AUDIT & CUDIT screening tools	Staff afraid to address/challenge misuse	
Peer AOD education in Wellness	No consistent risk management philosophy	
Promotion; peer to peer models where		
students learn from other students		
Wellness Promotion collaborations	Lack of divisional approach to late night	
	programming in the Division of Student Affairs	

Moving towards proactive education efforts	Lack of open space "third space"
New Associate Directors with programming focus	Lack of Rams After Hours commitment regarding staffing, resources, time, and finances
Many knowledgeable campus partners leading educational initiatives and supporting the substance use needs of students.	Lack of Athletic cannabis education due to end of drug testing
Collaboration among faculty, staff, and students.	Not training all student leaders and organization advisors on AOD policies
Numerous available educational programs and events to engage students in learning about substance use.	WCU would like to offer more weekend programming as a preventative measure but has seen limited interest.
Both proactive and responsive programming.	WCU does not offer sober living themed community in residence halls.

AOD Policy and Procedures Strengths & Weaknesses		
Strengths	Weaknesses	
Event policy for staff in place	Students do not understand why policies exists	
Student AOD policies present	No University wide AOD policy	
Tailgate Policy	Student high use policy violation needed	
On-campus space reservations for	Lack of ownership of campus policy outside of the	
parties	Code of Conduct	
Event alcohol approval form on	No student organization recognition policy	
campus (Aramark)	No medical marijuana/cannabis policy	
	Employee specific AOD policies are not	
	communicated	
	AOD citations take too long to process	
	Student Programming Activity Review Committee	
	(SPARC) needs attention	
	Need off-campus event procedures	
	Fragmented policy development and enforcement	
	for student organizations	
	Capacity to develop policies & procedures	
	Lack of campus oversight of AOD policies	

Office of Student Conduct Consistency Statement

The Office of Student Conduct establishes the WCU Student Code of Conduct. They maintain consistency in their processes and procedures by:

- Writing and following clear policies
- Limiting the report review to two case managers for the assessment and assignment of violations
- Consistently addressing policy violations
- Engaging in training for consistent sanctioning
 - Disciplinary Reprimand
 - Disciplinary Probation
 - Disciplinary Suspension
 - Disciplinary Expulsion
- Using best practices and motivational interviewing to assess best sanction conditions
 - Educational Alcohol and Other Drug Education
 - Assessments
 - Fines
 - Lease/Occupancy Agreement Violations
- Training all relevant staff on the policies
- Conducting periodic assessments

The team works with the Office of Residence Life and Housing (RLH) and Off Campus and Commuter Services (OCCS) to address the range of issues and violations occurring on campus. First and second violations can be heard by staff in Residence Life and Off Campus and Commuter Services. Repeated violations are referred to the central Conduct Office to be managed by the Assistant Directors of Student Conduct for a higher-level review of the health and safety concerns and to ensure consistency in process. Additionally, the Office of Student Conduct works with the Department of Public Safety to review Clery Violations for consistency in response and reporting compliance.

Annual Distribution Protocol

Notices are distributed through email to both students and employees at the start of each academic semester. Student notifications are distributed by the Vice President of Student Affairs and employee notification by the Senior Associate Vice President and Chief Human Resources administrator.

Conclusion

In conclusion, this biennial review offers a comprehensive analysis of the education, prevention, and policies implemented by West Chester University. Through the collaborative efforts of the university community and the ongoing initiatives, West Chester University is making significant progress in mitigating the misuse of alcohol and other drugs on campus. The guidance provided in this document will facilitate the ongoing efforts for the next two years, culminating in another comprehensive review.

Recommendations from 2022-2024

- The development and support of a university-wide Alcohol and Other Drugs Taskforce.
- Exploration and possible development of a university-wide Alcohol and Other Drugs Policy.
- Expansion of late-night programming and other alternative AOD activities that do not involve the use of alcohol or other drugs.
- Further education and training on AOD policy.
- Further development and implementation of cannabis education and programming.
- Continued evaluation of consistency in AOD policy violation sanctions.
- Improve data collection processes for the bi-annual review. Update the data collection process from bi-annual to annual.

Appendix A: Compliance Certification

WEST CHESTER UNIVERSITY Drug-Free Schools and Campuses Regulations [EDGAR Part 86] Alcohol and Other Drug Prevention Certification

The undersigned certifies that it has adopted and implemented an alcohol and other drug prevention program for its students and employees that, at a minimum, includes –

- 1. The annual distribution to each employee, and to each student who is taking one or more classes of any kind of academic credit except for continuing education units, regardless of the length of the student's program of study, of:
 - Standards of conduct that clearly prohibit, at a minimum, the unlawful possession, use or distribution of illicit drugs and alcohol by students and employees on its property or as part of any of its activities
 - A description of the applicable legal sanctions under local, State, or Federal law for the unlawful possession or distribution of illicit drugs and alcohol
 - A description of the health risks associated with the use of illicit drugs and the abuse of alcohol
 - A description of any drug or alcohol counseling, treatment or rehabilitation or re-entry programs that are available to employees or students
 - A clear statement that the institution will impose disciplinary sanctions on students and employees (consistent with State and Federal law), and a description of those sanctions, up to and including expulsion or termination of employment and referral for prosecution, for violations of the standards of conduct. A disciplinary sanction may include the completion of an appropriate rehabilitation program.
- 2. A biennial review by the institution of its alcohol and other drug prevention comprehensive program to:
 - Determine its effectiveness and implement changes to its comprehensive alcohol and other drug prevention program and policies, if they are needed
 - Ensure that its disciplinary sanctions are consistently enforced.

West Chester University 700 High Street West Chester, PA 19383	
_Dr. Laurie Bernotsky	23-3054174
Typed Name of Chief Executive Officer	IRS Employer Identification Number
P. Lonaine Benotify	610-436-3405
Signature of the Chief Executive Officer	Telephone Number

Appendix B: Annual Notifications

From: Vice President for Student Affairs

Subject: Drug Free Schools Notification for students - Fall 2020

Date: Thursday, October 29, 2020 11:46:00 AM

Attachments: image001.png

Dear WCU Student,

This e-mail contains information about the WCU Drug and Alcohol Abuse Prevention Program (DAAPP). It is sent at least annually as a requirement of the Drug Free Schools and Communities Act.

The federal government enacted The Drug-Free Schools and Communities Act Amendment (Public Law 101-226) in 1989. This law requires institutions of higher education to inform the campus community about issues related to substance use and abuse, including information describing the resources available to assist students, faculty, and staff in combating alcohol and drug problems, and listing the appropriate regulations and laws.

An "Alcohol Amnesty" law is in effect in Pennsylvania. The law states that an underage person who calls for medical assistance for a friend in need <u>will not be charged for alcohol related violations</u>. West Chester University will also waive alcohol related judicial charges in this instance.

A similar <u>Drug Overdose Immunity law</u> protects both the caller and the person needing medical attention in a medical emergency related to a possible drug overdose.

Medical Amnesty

West Chester University's priority is for the safety and well-being of WCU students. The WCU Medical Amnesty policy has been instituted to encourage students to seek emergency medical assistance in situations that are possibly life-threatening due to alcohol or drug use, without fear of conduct violations for alcohol and drug use. In order for a student to receive medical amnesty, the student seeking assistance must:

- A. Call 911, Public Safety, Police, Emergency Services, or otherwise contact another Authorized University Representative based on a reason- able belief that someone, including themselves, is in need of immediate medical assistance;
- B. Reasonably believe that they were the first person to make the 911 call or a call to Public Safety, Police, Emergency Services, or otherwise contact another Authorized University Representative and reported that a person needed immediate medical assistance;
- C. Provide their own name to the 911 operator, Public Safety, Police Emergency Officer, University Staff or other Authorized University Representative;
- Remain with the person needing medical assistance until emergency health care providers have arrived and taken care of the person in need of medical assistance; and
- E. Comply with post event educational/counseling objectives issued by the Office of Wellness Promotion and/or the Office of Student Conduct.

Students should keep in mind that medical amnesty is not intended to shield or protect students from other violations of the Student Code of Conduct related to the incident or protect students who repeatedly violate the Student Code of Conduct.

For more information see the Medical Amnesty policy in the <u>Student Code of Conduct</u>.

LEGAL SANCTIONS

West Chester University prohibits the unlawful possession, use, or distribution of illicit drugs and alcohol by students and employees on its property or as part of any of its activities. The University vigorously enforces all local, state, and federal laws as they pertain to the unlawful possession, use, or distribution of illicit drugs and alcohol. Conviction under such laws provides for punishment that includes fines and/or imprisonment.

- A. Legal Sanctions for alcohol law violation under PA state law.
- B. Legal Sanctions for marijuana law violations under state law.
- C. Legal Sanctions for drug violations under federal law

UNIVERSITY STANDARDS OF CONDUCT

In addition to state laws prohibiting use of alcohol for persons under 21 years of age, the rules of West Chester University state that no alcohol shall be used on campus. Other state laws forbid the possession, use, sale, or distribution of controlled drugs. For further information about campus policies and sanctions refer to:

- A. WCU Code of Conduct: Alcohol and Drug Policies
- B. WCU Sanctions for alcohol and drug violations

HEALTH RISKS

Excessive or dangerous alcohol use can lead to short term and long-term health risks. Please read the following carefully:

- A. Health Risks associated with alcohol use
- B. Drugs of Abuse Uses and Effects

PREVENTION AND INTERVENTION RESOURCES

If you would like information or assistance for an alcohol or drug related concern, use the following resources for free confidential conversations about alcohol or drug use

- A. Office of Wellness Promotion, Commonwealth Hall, 610-430-0730
- B. WCU Counseling and Psychological Services, Lawrence Hall, 610-436-2301
- C. Community Resources are described at the linked site under Resources for Students.

MEDICAL MARIJUANA

Federal law, specifically the Drug Free Schools and Communities Act, supersedes Pennsylvania state law. *The use and possession of <u>all</u> marijuana is prohibited on campus*. Some people need to use medical marijuana that is lawfully obtained under state law. However, lawful use and possession must occur at a location outside the University's campus property.

Sincerely,

Zebulun R. Davenport

Zilili B.B.

Zebulun R. Davenport Ed.D.

Vice President for Student Affairs

624 S. High Street Rm 201

West Chester, PA 19383

Phone - 610-436-3302

Fax - 610-436-2480

zdavenport@wcupa.edu



From: WCU-VP Student Affairs Announcement (No Replies)
Subject: Drug-Free Schools and Communities Act Notice
Date: Monday, September 27, 2021 2:07:47 PM

Attachments: <u>image002.png</u>

Dear Student:

This e-mail contains information about the WCU Drug and Alcohol Abuse Prevention Program (DAAPP). It is sent at least annually as a requirement of the Drug Free Schools and Communities Act.

The federal government enacted The Drug-Free Schools and Communities Act Amendment (Public Law 101-226) in 1989. This law requires institutions of higher education to inform the campus community about substance use and abuse, including information describing resources available to support students, faculty, and staff, and listing applicable regulations and laws.

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- C. Provide their own name to the 911 operator, Public Safety, Police Emergency Officer, University Staff or other Authorized University Representative;
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Sincerely,

Zebulun R. Davenport

Zebulun R. Davenport Ed.D. Vice President for Student Affairs



From: WCU-VP Student Affairs Announcement (No Replies)
Subject: Drug-Free Schools and Communities Act Notice
Date: Wednesday, February 2, 2022 9:23:00 AM

Attachments: image001.png



TO: West Chester University Students

FROM: Dr. Zebulun R. Davenport

Vice President for Student Affairs

RE: Drug-Free Schools and Communities Act Notice

DATE: February 2, 2022

This e-mail contains information about the WCU Drug and Alcohol Abuse Prevention Program (DAAPP). It is sent at least annually as a Drug-Free Schools and Communities Act requirement.

The federal government enacted The Drug-Free Schools and Communities Act Amendment (Public Law 101-226) in 1989. This law requires institutions of higher education to inform the campus community about substance use and abuse, including information describing resources available to support students, faculty, and staff and listing applicable regulations and laws.

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- C. Provide their own name to the 911 operator, Public Safety, Police Emergency Officer, University Staff or other Authorized University Representative;
- D. Remain with the person needing medical assistance until emergency health care providers have arrived and taken care of the person in need of medical assistance; and
- E. Comply with post-event educational/counseling objectives issued by the Office of Wellness

Promotion and/or the Office of Student Conduct.

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From: Human Resources
To: WCU-All Employees

Subject: Drug-Free Schools and Communities Act Notice Date: Thursday, October 29, 2020 9:53:52 AM

Attachments: <u>image001.png</u>



TO: West Chester University Faculty, Staff and Administrators

FROM: William J. Helzlsouer

Associate Vice President and Chief Human Resources Officer

RE: Drug-Free Schools and Communities Act Notice

DATE: October 29, 2020

West Chester University is committed to providing a healthy working environment, consistent with PASSHE Policy 1989-02: Drug-Free Workplace; and the maintenance of a campus free from unlawful drug and alcohol-related activity. West Chester University certifies its compliance with The Drug-Free Workplace Act (41 USCA 701), The Drug-Free Schools and Communities Act of 1989 (P.C. 101.226) and their implementing criteria: the Drug and Alcohol Abuse Prevention Regulations (34 CFR 86).

As such, the University is taking the opportunity to inform all faculty and staff of PASSHE Policy 1989-02: Drug-Free Workplace, the health risks associated with drug and alcohol use, University and legal sanctions associated with their use in the workplace, and prevention and/or intervention programs available to employees or the local public.

This compliance notice shall be issued by the Office of Human Resources annually. It will also be provided at new employee orientation and will be posted on the Office of Human Resources website.

- I. PASSHE Policy 1989-02: Drug-Free Workplace
- II. Health Risks
 - a. Health Risks associated with alcohol use
 - b. Drugs of Abuse Uses and Effects
- III. Legal Sanctions
 - a. Federal
 - Crimes Code of Commonwealth of Pennsylvania
- IV. Prevention and Intervention Resources
 - a. SEAP
 - b. Community Resources

From: Human Resources

Subject: Drug-Free Schools and Communities Act Notice Date: Tuesday, September 28, 2021 9:15:37 AM

Attachments: <u>image001.pn</u>



TO: West Chester University Faculty, Staff and Administrators

FROM: William J. Helzlsouer

Associate Vice President and Chief Human Resources Officer

RE: Drug-Free Schools and Communities Act Notice

DATE: September 28, 2021

West Chester University is committed to providing a healthy working environment, consistent with PASSHE Policy 1989-02: Drug-Free Workplace; and the maintenance of a campus free from unlawful drug and alcohol-related activity. West Chester University certifies its compliance with The Drug-Free Workplace Act (41 USCA 701), The Drug-Free Schools and Communities Act of 1989 (P.C. 101.226) and their implementing criteria: the Drug and Alcohol Abuse Prevention Regulations (34 CFR 86).

As such, the University is taking the opportunity to inform all faculty and staff of PASSHE Policy 1989-02: Drug-Free Workplace, the health risks associated with drug and alcohol use, University and legal sanctions associated with their use in the workplace, and prevention and/or intervention programs available to employees or the local public.

This compliance notice shall be issued by the Office of Human Resources annually. It will also be provided at new employee orientation and will be posted on the Office of Human Resources website.

- I. PASSHE Policy 1989-02: Drug-Free Workplace
- II. Health Risks
 - a. Health Risks associated with alcohol use
 - b. Drugs of Abuse Uses and Effects
- III. Legal Sanctions
 - a. Federal
 - b. Crimes Code of Commonwealth of Pennsylvania
- IV. Prevention and Intervention Resources
 - a. SEAP
 - b. Community Resources



Office of Human Resources | West Chester University
201 Carter Drive, Suite 100 | West Chester, PA 19383 | 610-436-2800 | fax: 610-436-3464 | www.wcupa.edu

TO: West Chester University Faculty and Staff

FROM: William J. Helzlsouer

Associate Vice President and Chief Human Resources Officer

RE: Drug-Free Schools and Communities Act Notice

DATE: February 2, 2022

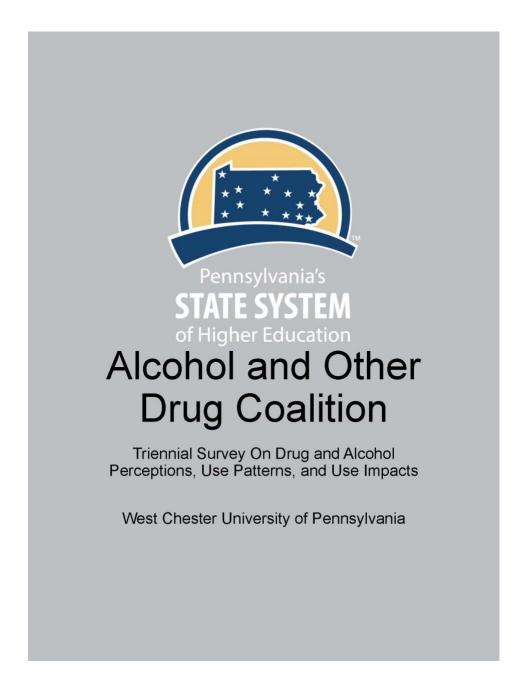
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West Chester University is a member of the Pennsylvania State System of Higher Education



Authored by Dr. Christian Vaccaro, Professor Indiana University of Pennsylvania Dr. Melissa Swauger, Professor Slippery Rock University of Pennsylvania Donna George, AOD Coalition Chair Pennsylvania State System of Higher Education Alan Davis, Research Assistant Indiana University of Pennsylvania Josh Petteno, Research Assistant Indiana University of Pennsylvania

Special thanks to:

PASSHE Office of the Chancellor

PASSHE Executive Leadership Group

PASSHE Chief Student Affairs Officers (CSAO)

PASSHE AOD Survey Workgroup

PASSHE AOD Coalition Members

The Mid-Atlantic Research and Training Institute for Community Behavioral Health, Indiana University of Pennsylvania

Community Engagement, Slippery Rock University

Applied Research Lab, Indiana University of Pennsylvania

TABLE OF CONTENTS

Survey Methodology	5
Survey Data Cleaning	6
Perceptions of Others: Typical Number of Drinks	7
Perceptions of Others: Drinking Habits	8
Perceptions of Others: Use of Alcohol Past 3 Months	9
Perceptions of Others: Use of Cannabis Past 3 Months	10
Personal Alcohol Use: Use of Alcohol Past 3 Months	11
Personal Alcohol Use: Drinks in a Typical 24-Hour Period	12
Personal Alcohol Use: Binge Drinking	13
Personal Alcohol Use: Academic Performance	14
Personal Alcohol Use: Blackout Episodes	15
Personal Alcohol Use: Reasons for Drinking	16
Personal Alcohol Use: Thoughts Towards Alcohol Use	17
Personal Alcohol Use: Sobriety Motivation	18
Personal Alcohol Use: Responsible Behaviors in the Presence of Alcohol	19
Drug Misuse: Misuse of Drugs in the Previous Year	29
Drug Misuse: Misuse of Drugs in Combination	30
Drug Misuse: Tobacco or nicotine delivery products	31
Drug Misuse: Marijuana/Cannabis	32
Drug Misuse: Cocaine	33
Drug Misuse: Prescription Stimulants	34
Drug Misuse: Methamphetamine	35
Drug Misuse: Inhalants	36
Drug Misuse: Prescription Sedatives	37
Drug Misuse: Hallucinogens	38
Drug Misuse: Steroids	39
Orug Misuse: Prescription Opioids	40
Orug Misuse: Heroin	41



Drug Misuse: Sobriety Motivation	42
Drug Misuse: Catalysts	43
Drug Misuse: Cannabis Routes of Administration	44
Drug Misuse: Drug Administration Sites	45
Drug Misuse: Reasons for Using Drugs	46
Drug Misuse: Thoughts and Behaviors Towards Cessation	47
Drug Misuse: Problems/Concerns Over Use	48
AOD Policy Knowledge: Code of Conduct	54
AOD Policy Knowledge: Persons In Recovery Identity	55
AOD Policy Knowledge: Place to Discuss Drugs and Alcohol	56
AOD Policy Knowledge: Medical Amnesty Act	57

Survey Methodology

The PASSHE AOD (Alcohol and Other Drug) Coalition provides leadership to our 10 universities to support evidence-informed initiatives that promote the quality of student life and success by implementing comprehensive strategies to reduce substance use and promote healthy choices.

On a triennial basis, each member university surveys their students regarding alcohol, drugs, and other substances.

Donna George, Coordinator of the PASSHE AOD Coalition led a workgroup of AOD coalition members in the Summer of 2023 to gather feedback on their use of prior surveys and to select the best survey questions that can produce consistent data across participating PASSHE Universities. George worked with the evaluation team leads - Christian Vaccaro (Indiana University) and Melissa Swauger (Slippery Rock) - to revise and distribute a survey to all PASSHE students.

George worked with the Academic Affairs division of the PASSHE Chancellor's Office and the Executive Leadership Team to garner support for distributing the survey at the 10 PASSHE campuses. George also worked with the evaluation team to modify existing Institutional Review Board (IRB) protocols to reflect the new survey design, recruitment recommendations, and data security plan.

Recruitment design for the survey entailed appointing an AOD coalition member as the primary contact to schedule the use of campus all-student email distribution lists. Contacts were instructed to (1) ensure the survey protocol has been approved campus Institutional Review Boards; (2) coordinate with the campus contact for the all-student distribution list; and (3) send recruitment emails to the student list in 1-week intervals over a three-week period at an appropriate time, and campus breaks or finals week. The AOD coalition member was given the option to coordinate a small incentive program to enhance student participation – Commonwealth, Millersville, and Slippery Rock elected to implement the incentive program.

Survey results are not random but reflect a "full population" distribution to all PASSHE university students with each having an equal chance to view the survey invitation in their email and voluntarily participate.

Survey distribution occurred in both fall and spring semesters during the 2023-24 academic year. Cheney, Commonwealth, Millersville, PennWest, Slippery Rock, and West Chester elected distribution of the survey in the fall semester. East Stroudsburg, Indiana, Kutztown, and Shippensburg elected distribution in the spring semester.

Survey Data Cleaning

The survey yielded 8,201 raw responses. 2,123 responses were elimated for incompleteness, 5,079 responses were retained for analysis. The kept responses represent 7.28% of the population of universities based on Fall 2023 enrollment.

We use the Pandas package in Python to work with CSV and XLSX files to analyze data frames and NumPy for numerical manipulation. Incomplete surveys were disregarded. We dropped any survey that was completed in less than 120 seconds. If question A3 "Which of the PASSHE Universities, are you currently attending?" was left blank, the survey was dropped.

For question A4, several assumptions were made to recode A4_7_TEXT responses. A glossary may be found in the appendix of this document.

For question A6, there were no missing values. For A6_21_TEXT, protest responses were dropped, and others were recategorized as best as possible. This is later altered to match PASSHE enrollment binary gender reporting.

To prevent dropping too many responses, we chose imputation of missing values for questions with the median or mean values of their columns, respective if the responses are categorical or on a continuous scale.

For questions regarding alcohol use A14-A20, we performed a logic check to verify if students were answering question A14 had selected response 1, "never" but then did not skip to 20 as directed, left the response blank, or did not select "never" but did not answer the next questions. Missing responses were dropped.

A24 missing values were filled with 1, "no." We also checked to see if students who responded 1 in A24 did not skip the next block as directed. Missing values were filled with 0, as in previous section.

For imputation of values in skip pattern questions in A15, A16, A17, and A18 as well as the check all that apply boxes A19_ and A21_ A27_ and A30_ are filled with the value 0. Missing values in A35, A36, A37, and A38 were filled with 3, "not sure," "prefer not to respond," or "I'm not sure what the Medical Amnesty Act is."

Detailed documentation of the survey cleaning process and python script is available upon request.

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Perceptions of Others: Typical Number of Drinks

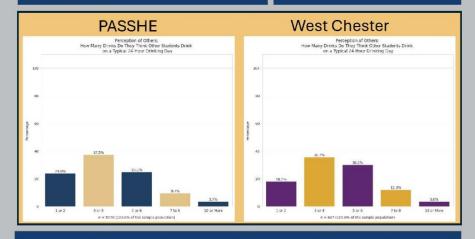
Question Wording:

When they choose to drink, how many drinks of alcohol do you think other students on your campus have on a typical day (24-hour period) when drinking?

Answer Options:

- o 1 or 2
- o 3 or 4
- o 5 or 6
- o 7 to 9
- o 10 or more

35.7% of West Chester students have the perception that others around them typically drink 3 or 4 drinks in a 24-hour period.



A9_n	PASSHE	West Chester	Standard Error	Lower Bound	Upper Bound
1 or 2	24.0%	18.2%	1.5%	15.3%	21.4%
3 or 4	37.5%	35.7%	1.9%	32.1%	39.5%
5 or 6	25.1%	30.2%	1.8%	26.8%	33.8%
7 to 9	9.7%	12.3%	1.3%	9.9%	15.0%
10 or more	3.7%	3.6%	0.8%	2.4%	5.5%

Perceptions of Others: Drinking Habits

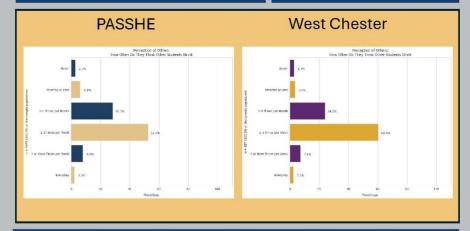
Question Wording:

When they choose to drink, how often do you think other students on your campus drink alcoholic beverages?

Answer Options:

- o Never
- o Monthly or less
- o 2-4 times per month
- o 2-3 times a week
- o 4 or more times a week
- b Everyday

60.4% of West Chester students have the perception that others around them typically drink 2 to 3 times per week.



A10_n	PASSHE	West Chester	Standard Error	Lower Bound	Upper Bound
Never	2.7%	2.7%	0.7%	1.6%	4.5%
Monthly or less	6.1%	3.5%	0.8%	2.3%	5.4%
2 to 4 times per month	28.3%	24.0%	1.7%	20.8%	27.4%
2 to 3 times per week	52.6%	60.4%	1.9%	56.5%	64.1%
4 or more times a week	8.0%	7.1%	1.0%	5.4%	9.3%
Everyday	2.2%	2.3%	0.6%	1.4%	3.7%

Perceptions of Others: Use of Alcohol Past 3 Months

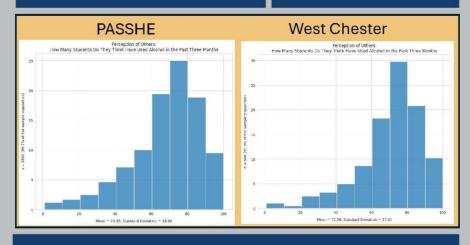
Question Wording:

What percentage of other students on your campus do you believe have used alcohol in the past 3 months?

Answer Options:

Scale 0% to 100%

West Chester students have the average perception that 72.85% of students have consumed alcohol in the past 3 months.





Perceptions of Others: Use of Cannabis Past 3 Months

Question Wording:

What percentage of students on your campus do you believe have used cannabis/marijuana in the past 3 months?

Answer Options:

Scale 0% to 100%

West Chester students have the average perception that 55.30% of students have consumed cannabis in the past 3 months.





Personal Alcohol Use: Use of Alcohol Past 3 Months

Question Wording:

How often did you have any drinks containing alcohol in the past 3 months?

Answer Options:

- o Never
- o Monthly or less
- o 2-4 times per month
- o 2-3 times a week
- o 4 or more times a week

26.1% of West Chester students have not consumed alcohol in the past 3 months.



A14_n	PASSHE	West Chester	Standard Error	Lower Bound	Upper Bound
Never	33.8%	26.1%	1.7%	22.8%	29.7%
Monthly or less	25.4%	23.6%	1.7%	20.5%	27.1%
2 to 4 times per month	26.4%	29.6%	1.8%	26.2%	33.3%
2 to 3 times per week	12.4%	18.3%	1.5%	15.4%	21.5%
4 or more times a week	2.1%	2.4%	0.6%	1.4%	3.9%

Personal Alcohol Use: Drinks in a Typical 24-Hour Period

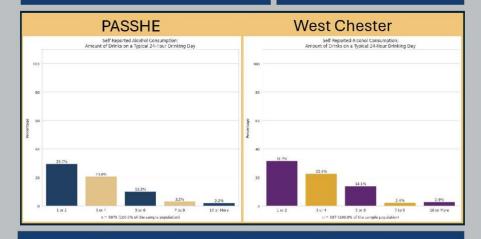
Question Wording:

When you choose to drink, how many drinks of alcohol do you have on a typical day (24 hour period) when you are drinking?

Answer Options: o 1 or 2

- - 3 or 4
- 5 or 6
- 7 to 9
- 10 or more

31.7% of West Chester students consume 1-2 drinks in a 24 hour period.



A15_n	PASSHE	West Chester	Standard Error	Lower Bound	Upper Bound
1 or 2	29.7%	31.7%	1.9%	28.2%	35.5%
3 or 4	20.8%	22.8%	1.6%	19.8%	26.1%
5 or 6	10.3%	14.1%	1.3%	11.6%	16.99
7 to 9	3.2%	2.4%	0.6%	1.4%	3.9%
10 or more	2.2%	2.9%	0.7%	1.8%	4.89

Personal Alcohol Use: Binge Drinking

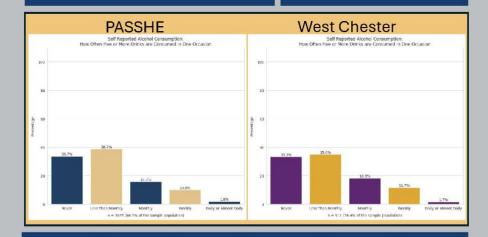
Question Wording:

When you choose to drink, how often do you have five or more drinks on one occasion?

Answer Options:

- o Never
- o Less than monthly
- o Monthly
- o Weekly
- o Daily or almost daily

35.0% of West Chester students drinking habits fit the definition of binge drinking less than monthly



A16_n	PASSHE	West Chester	Standard Error	Lower Bound	Upper Bound
Never	33.7%	33.3%	2.2%	29.2%	37.7%
Less than monthly	38.79	35.0%	2.2%	30.8%	39.4%
Monthly	15.7%	18.3%	1.8%	15.0%	22.0%
Weekly	10.0%	11.7%	1.5%	9.2%	14.9%
Daily or almost daily	1.8%	1.7%	0.7%	0.8%	3.7%

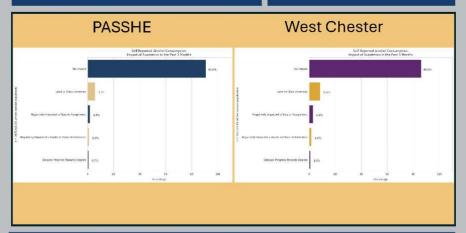
Personal Alcohol Use: Academic Performance

Question Wording:

Within the last 3 months, to what extent did your alcohol use affect your academic performance? Please select the most serious outcome:

- **Answer Options:**
- o My alcohol use did not affect my academics o My alcohol use led to absence from class
- My alcohol use negatively impacted my
- performance on a class assignment or quiz o My alcohol use negatively impacted my
- o My alcohol use negatively impacted my overall grade or performance in a class
- o My alcohol use delayed progress towards my degree

86.0% of West Chester students reported no impact from alcohol consumption on their academic performance



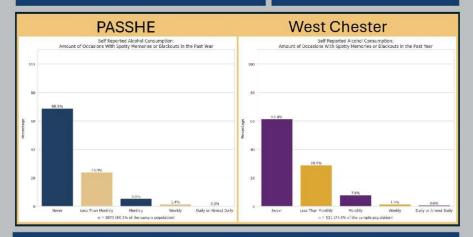
A17_n	PASSHE	West Chester	Standard Error	Lower Bound	Upper Bound
delayed progress towards my degree	0.7%	1.0%	0.4%	0.4%	2.4%
did not affect my academics	90.8%	86.0%	1.6%	82.6%	88.8%
led to absense from class	5.7%	8.6%	1.3%	6.4%	11.4%
negatively impacted my overall grade	1.0%	1.6%	0.6%	0.8%	3.2%
negatively impacted a class assignment	1.8%	2.8%	0.8%	1.6%	4.9%

Personal Alcohol Use: Blackout Episodes

Question Wording: How often during the last year have you had spotty memories or have been unable to remember what happened the day/night before because of your drinking? (Grayout/brownout/and/or blackout)

- Answer Options:
 o Never
 o Less than monthly
- 0 Monthly
- 0
- Weekly Daily or almost daily

61.4% of West Chester students report no blackout episodes from alcohol use in the past year



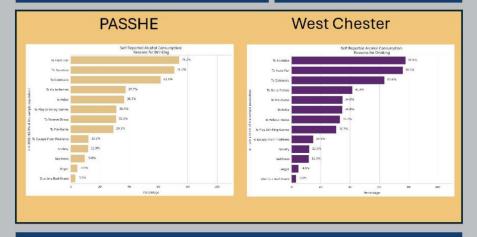
A18_n	PASSHE	West Chester	Standard Error	Lower Bound	Upper Bound
Never	68.9%	61.4%	2.2%	56.9%	65.6%
Less than monthly	23.9%	28.9%	2.0%	25.0%	33.1%
Monthly	5.5%	7.9%	1.2%	5.8%	10.6%
Weekly	1.4%	1.3%	0.5%	0.6%	2.7%
Daily or almost daily	0.3%	0.6%	0.3%	0.2%	1.8%

Personal Alcohol Use: Reasons for Drinking

Question Wording:

What are your reasons for drinking? (Check all that apply)

76.07% of West Chester students reported "to have fun" as a reason for drinking



A19	PASSHE	Frequency	Percent of responses	West Chester
Have Fun	74.23	384.1336	17.3	76.07
To Socialize	70.97	393.2554	17.71	77.87
Celebration	61.62	321.1309	14.46	63.59
Go To Parties	37.68	210.0953	9.46	41.6
To Relax	36.66	175.887	7.92	34.83
Play Drinking Games	31.39	154.981	6.98	30.69
Relieve Stress	31.11	167.9864	7.57	33.26
To Pre-game	29.2	176.1367	7.93	34.88
Escape Problems	12.23	75.36267	3,39	14.92
Anxiety	11.89	61.45698	2.77	12.17
Saddness	9.76	59.98968	2.7	11.88
Anger	4.54	24.02995	1.08	4.76
Due to a Bad Grade	3.31	16.063	0.72	3.18

Personal Alcohol Use: Thoughts Towards Alcohol Use

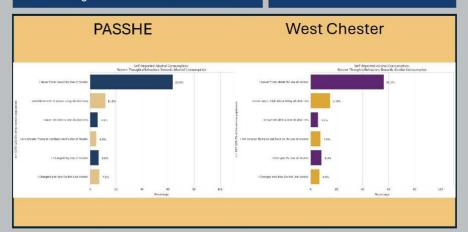
Question Wording:

Please indicate the answer that best describes your recent thoughts or behaviors toward your use of alcohol.

Answer Options:

- o I never think about my use of alcohol
- o Sometimes I think about using alcohol less
- o I have decided to use alcohol less
- o I am already trying to cut back on my use of alcohol
- o I changed my use of alcohol
- o I changed and now do not use alcohol

56.3% of West Chester students reported not thinking about their alcohol consumption



A20_n	PASSHE	West Chester	Standard Error	Lower Bound	Upper Bound
I never think about my use of alcohol	63.6%	56.3%	2.0%	52.4%	60.2%
Sometimes I think about using alcohol less	11.8%	14.9%	1.5%	12.3%	18.0%
I have decided to use alcohol less	5.9%	5.8%	0.9%	4.2%	8.0%
I am already trying to cut back on my use of alcohol	4.8%	7.6%	1.0%	5.8%	9.9%
I changed my use of alcohol	6.6%	8.4%	1.1%	6.5%	10.8%
I changed and now do not use alcohol	7.2%	6.9%	1.0%	5.1%	9.1%

Personal Alcohol Use: Sobriety Motivation

Question Wording:

Which of the following motivates you to drink less or not drink alcohol? (check all that apply)

Answer Options:

- Responsibilities (academic, work, family)
- In recovery
 Expectations of others (parents, friends, significant others)

 Health con
- Health concerns (mental, physical)
 Personal reasons (moral, religious, spiritual)
 Consequences (legal, economic, student

conduct)

Other (please specify)

76.82% of West Chester students cited increased responsibilities as a motivator for sobriety



A21	PASSHE	Frequency	Percent of responses	West Chester
Responsibilities	80.8	83 497.7894	31.6	76.82
Health Concerns	58.0	04 418.2045	26.55	64.54
Consequences	38.	12 234.6389	14.89	36.21
Expectations of Others	35.0	05 201.7788	12.81	31.14
Personal Reasons	33.4	189.1222	12.01	29.19
In Recovery	3.9	33.78952	2.14	5.21

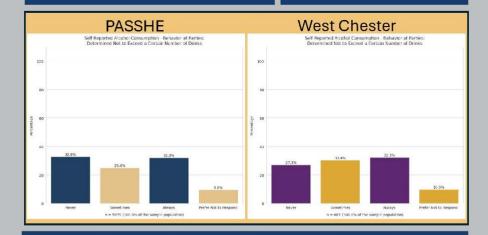
Question Wording:

In the past 3 months, how often have you done the following at parties or social gatherings where alcohol was present - Determined not to exceed a set number of drinks?

Answer Options:

- o Never
- o Sometimes
- o Always
- o I prefer not to respond

32.3% of West Chester students stated they always determined not to exceed a set number of drinks at social gatherings



A22_1	PASSHE	West Chester	Standard Error	Lower Bound	Upper Bound
Never	32.9%	27.3%	1.8%	24.0%	30.9%
Sometimes	25.0%	30.4%	1.8%	27.0%	34.1%
Always	32.3%	32.3%	1.9%	28.8%	36.1%
Prefer Not to Respond	9.8%	10.0%	1.2%	7.9%	12.6%

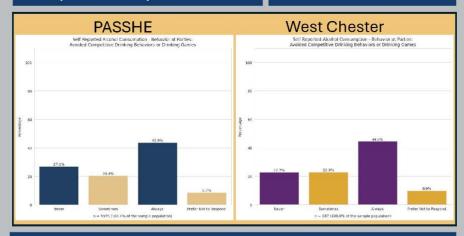
Question Wording:

In the past 3 months, how often have you done the following at parties or social gatherings where alcohol was present - Avoided competitive drinking behaviors (i.e. "keep up"/ "out-drink") or drinking games?

Answer Options:

- o Never
- o Sometimes
- o Always
- o I prefer not to respond

44.5% of West Chester students stated they always avoid competitive drinking behaviors



A22_2	PASSHE	West Chester	Standard Error	Lower Bound	Upper Bound
Never	27.1%	22.7%	1.7%	19.6%	26.29
Sometimes	20.4%	22.9%	1.6%	19.9%	26.29
Always	43.9%	44.5%	2.0%	40.6%	48.39
Prefer Not to Respond	8.7%	9.9%	1.2%	7.8%	12.69

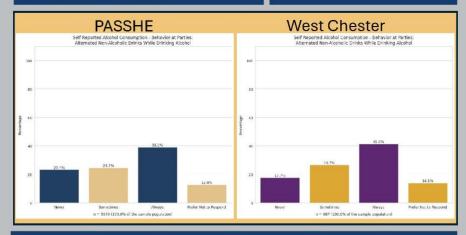
Question Wording:

In the past 3 months, how often have you done the following at parties or social gatherings where alcohol was present - Alternated water/non-alcoholic drinks while drinking alcohol?

Answer Options:

- o Never
- o Sometimes
- o Always
- o I prefer not to respond

41.6% of West Chester students stated that they always alternated with non-alcoholic drinks when drinking alcohol



A22_3	PASSHE	West Chester	Standard Error	Lower Bound	Upper Bound
Never	23.4%	17.7%	1.5%	14.9%	20.9%
Sometimes	24.7%	26.7%	1.7%	23.4%	30.29
Always	39.1%	41.6%	1.9%	37.8%	45.59
Prefer Not to Respond	12.8%	14.1%	1.4%	11.6%	17.09

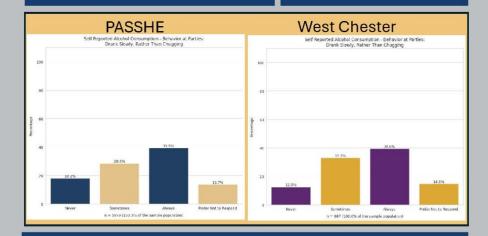
Question Wording:

In the past 3 months, how often have you done the following at parties or social gatherings where alcohol was present - Drank slowly, rather than gulp or chug?

Answer Options:

- o Never
- o Sometimes
- o Always
- o I prefer not to respond

39.6% of West Chester students stated that they always consume alcohol slowly rather than gulping or chugging



A22_4	PASSHE	West Chester	Standard Error	Lower Bound	Upper Bound
Never	18.2%	12.5%	1.3	% 10.2%	15.3%
Sometimes	28.6%	33.1%	1.8	% 29.6%	36,8%
Always	39.5%	39.6%	1.9	% 35.9%	43.4%
Prefer Not to Respond	13.7%	14.8%	1.4	% 12.2%	17.8%

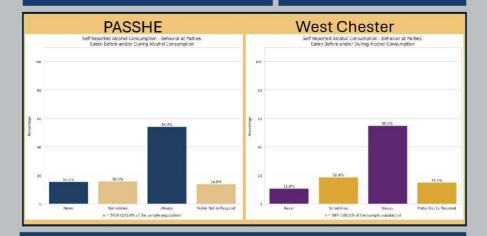
Question Wording:

In the past 3 months, how often have you done the following at parties or social gatherings where alcohol was present - Eaten before and/or during alcohol consumption?

Answer Options:

- o Never
- o Sometimes
- o Always
- o I prefer not to respond

55.1% of West Chester students responded that they always eat before or during social events where they are consuming alcohol



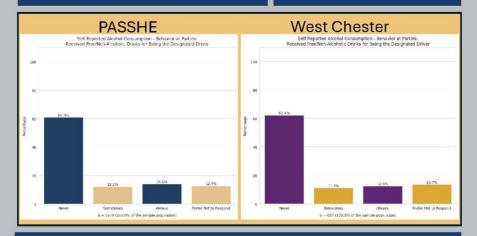
A22_5	PASSHE	West Chester	Standard Error	Lower Bound	Upper Bound
Never	15.6%	11.0%	1.3%	8.7%	13.7%
Sometimes	16.0%	18.9%	1.6%	16.0%	22.2%
Always	54.4%	55.1%	2.0%	51.2%	59.0%
Prefer Not to Respond	14.0%	15.0%	1.4%	12.4%	18.0%

Question Wording:
In the past 3 months, how often have you done the following at parties or social gatherings where alcohol was present - Received free, non-alcoholic drinks (e.g., soft drinks) at a bar/restaurant for being a designated sober driver?

Answer Options:

- Never 0
- **Sometimes**
- 0
- Always I prefer not to respond 0

62.4% of West Chester students never receive free drinks at bars/restaurants for being a designated driver



A22_6	PASSHE	West Chester	Standard Error	Lower Bound	Upper Bound
Never	60.9%	62.4%	1.9%	58.6%	66.1%
Sometimes	12.2%	11.3%	1.3%	9.1%	14.1%
Always	14.1%	12.5%	1.3%	10.1%	15.4%
Prefer Not to Respond	12.7%	13.7%	1.4%	11.3%	16.7%

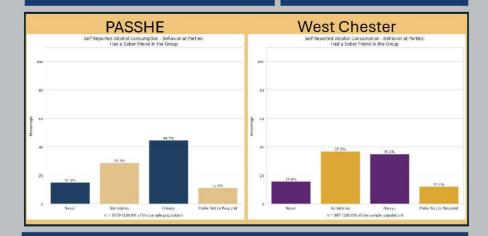
Question Wording:

In the past 3 months, how often have you done the following at parties or social gatherings where alcohol was present - Had a sober friend in the group?

Answer Options:

- o Never
- o Sometimes
- o Always
- o I prefer not to respond

35.1% of West Chester students always have a sober friend in the group at social events where alcohol is consumed



A22_7	PASSHE	West Chester	Standard Error	Lower Bound	Upper Bound
Never	15.0%	15.8%	1.4	% 13.2%	18.8%
Sometimes	28.9%	37.0%	1.9	% 33.3%	40.8%
Always	44.7%	35.1%	1.9	% 31.5%	38.8%
Prefer Not to Respond	11.4%	12.2%	1.3	% 9.8%	15.0%

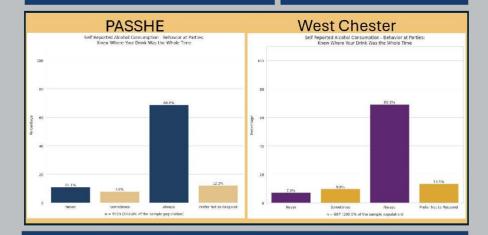
Question Wording:

In the past 3 months, how often have you done the following at parties or social gatherings where alcohol was present - Knew where your drink has been at all times?

Answer Options:

- o Never
- o Sometimes
- o Always
- o I prefer not to respond

69.3% of West Chester students knew where their alcoholic drink was at all times during social event



A22_8	PASSHE	West Chester	Standard Error	Lower Bound	Upper Bound
Never	11.1%	7.3%	1.0%	5.5%	9.6%
Sometimes	7.9%	9.8%	1.2%	7.7%	12.5%
Always	68.8%	69.3%	1.8%	65.6%	72.8%
Prefer Not to Respond	12.2%	13.5%	1.4%	11.0%	16.5%

Personal Alcohol Use: Responsible Behaviors in the Presence of Alcohol

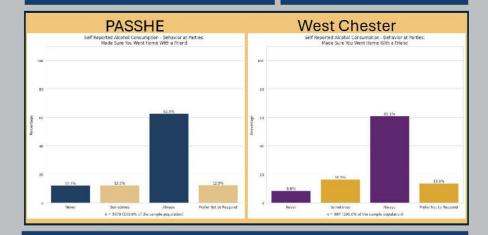
Question Wording:

In the past 3 months, how often have you done the following at parties or social gatherings where alcohol was present - Made sure you went home with a friend?

Answer Options:

- o Never
- o Sometimes
- o Always
- o I prefer not to respond

61.1% of West Chester students reported that they always made sure they went home with a friend after an event where alcohol was consumed



A22_9	PASSHE	West Chester	Standard Error	Lower Bound	Upper Bound
Never	12.3%	8.6%	1.1%	6.6%	11.1%
Sometimes	12.3%	16.5%	1.5%	13.7%	19.6%
Always	62.9%	61.1%	2.0%	57.2%	64.8%
Prefer Not to Respond	12.5%	13.9%	1.4%	11.4%	16.9%

Personal Alcohol Use: Responsible Behaviors in the Presence of Alcohol

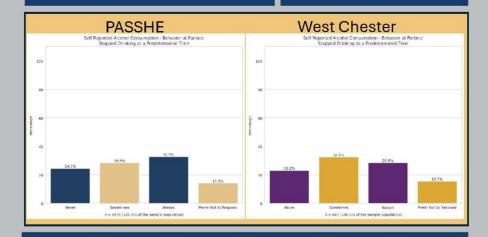
Question Wording:

In the past 3 months, how often have you done the following at parties or social gatherings where alcohol was present - Stopped drinking at a predetermined time?

Answer Options:

- o Never
- o Sometimes
- o Always
- o I prefer not to respond

28.6% of West Chester students reported that they always stop drinking at a predetermined time



A22_10	PASSHE	West Chester	Standard Error		Lower Bound	Upper Bound
Never	24.5%	23.2%		1.7%	20.1%	26.6%
Sometimes	28.5%	32.6%		1.9%	29.0%	36.3%
Always	32.7%	28.6%		1.8%	25.2%	32.2%
Prefer Not to Respond	14.3%	15.7%		1.5%	13.0%	18.8%

Drug Misuse: Misuse of Drugs in the Previous Year

Question Wording:

In the past year, have you misused drugs? (Refer to the description of drug misuse given above)

Answer Options: o No (1)

- Yes (2)

Drug misuse refers to 1) the use of prescribed or over-the-counter drugs in a manner that is different from the directions for prescription, and 2) any non-medical use of drugs.



A24	PASSHE	West Chester	Standard Error	Lower Bound	Upper Bound
No	84	1.6% 77.8	% 1.6%	74.4%	80.8%
Yes	15	5.4% 22.2	% 1.6%	19.2%	25.6%

Drug Misuse: Misuse of Drugs in Combination

Question Wording:

In the past year, do you use more than one drug at a time (including using a drug in combination with alcohol)?

Answer Options:

- o No (1)
- o Yes (2)

Drug misuse refers to 1) the use of prescribed or over-the-counter drugs in a manner that is different from the directions for prescription, and 2) any non-medical use of drugs.



A25	PASSHE	West Chester	Standard Error		Lower Bound	Upper Bound
No	41	2%	.7%	4.0%	31.1%	46.9%
Yes	58	3.8%	.3%	4.0%	53.1%	68.9%

Drug Misuse: Tobacco or nicotine delivery products

Question Wording:
Please indicate the frequency in which you have used the following drugs over the past three months. Please report nonmedical use only -Tobacco or nicotine delivery products

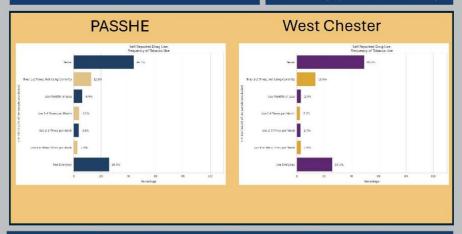
Answer Options: o Never

- Tried once or twice, and do not currently

use

- Use Monthly or less Use 2-4 times per month
- Use 2-3 times a week 0
- Use 4 or more times a week
- Use everyday

Of the West Chester students who reported they misused drugs in the previous 12 months, 26.1% reported that they use tobacco or nicotine delivery products daily



A26_1	PASSHE	West Chester	Standard Error	Lower Bound	Upper Bound
Never	44.1%	49.3%	4.2%	41.1%	57.5%
Tried Once or Twice but Current Do Not Use	12.8%	13.8%	2.9%	9.0%	20.5%
Use Monthly or Less	6.4%	2.9%	1.3%	1.2%	7.1%
Use 2 to 4 Times Per Month	4.1%	2.3%	1.2%	0.9%	6.1%
Use 2 to 3 Times Per Week	3.8%	2.7%	1.4%	1.0%	7.2%
Use 4 or More Times Per Week	2.8%	2.9%	1.4%	1.1%	7.6%
Use Daily	26.0%	26.1%	3.7%	19.5%	33.9%

Drug Misuse: Marijuana/Cannabis

Question Wording:
Please indicate the frequency in which you have used the following drugs over the past three months. Please report nonmedical use only - Marijuana/Cannabis

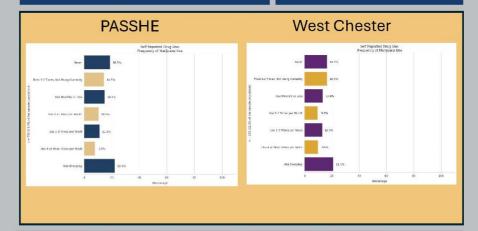
Answer Options: o Never

- Tried once or twice, and do not currently 0

use

- Use Monthly or less Use 2-4 times per month Use 2-3 times a week
- 0
- Use 4 or more times a week
- Use everyday

Of the West Chester students who reported they misused drugs in the previous 12 months, 21.1% use marijuana/cannabis daily



A26_2	PASSHE	West Chester	Standard Error	Lower Bound	Upper Bound
Never	18.9%	16.5%	3.1%	11.2%	23.6%
Tried Once or Twice but Current Do Not Use	14.5%	16.5%	3.0%	11.4%	23.4%
Use Monthly or Less	14.8%	13.4%	2.8%	8.7%	20.1%
Use 2 to 4 Times Per Month	10.5%	9.6%	2.5%	5.6%	15.9%
Use 2 to 3 Times Per Week	11.2%	12.9%	2.9%	8.2%	19.8%
Use 4 or More Times Per Week	7.9%	9.9%	2.5%	6.0%	16.0%
Use Daily	22.2%	21.1%	3.4%	15.1%	28.6%

Drug Misuse: Cocaine

Question Wording:
Please indicate the frequency in which you have used the following drugs over the past three months. Please report nonmedical use only -

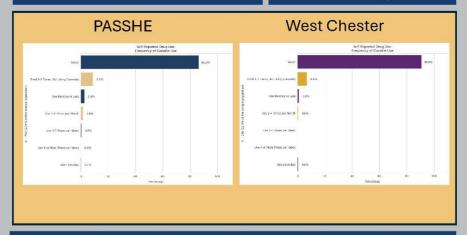
Answer Options: o Never

- Tried once or twice, and do not currently 0

use

- Use Monthly or less Use 2-4 times per month Use 2-3 times a week 0
- Use 4 or more times a week
- Use everyday 0

Of the West Chester students who reported they misused drugs in the previous 12 months, 6.9% reported trying cocaine once or twice but do not use currently



A26_3	PASSHE	West Chester	Standard Error	Lower Bound	Upper Bound
Never	86.3%	90.8%	2.5%	84.4%	94.7%
Tried Once or Twice but Current Do Not Use	8.9%	6.9%	2.3%	3.5%	13.2%
Use Monthly or Less	2.6%	1.1%	0.8%	0.3%	4.4%
Use 2 to 4 Times Per Month	1.6%	0.6%	0.6%	0.1%	4.0%
Use 2 to 3 Times Per Week	0.5%				
Use 4 or More Times Per Week	0.0%				
Use Daily	0.2%	0.6%	0.6%	0.1%	4.0%

Drug Misuse: Prescription Stimulants

Question Wording:
Please indicate the frequency in which you have used the following drugs over the past three months. Please report nonmedical use only - Prescription Stimulants

Answer Options: o Never

- Tried once or twice, and do not currently 0

use

- Use Monthly or less Use 2-4 times per month Use 2-3 times a week 0
- Use 4 or more times a week
- 0 Use everyday

Of the West Chester students who reported they misused drugs in the previous 12 months, 99.2% report they have never misused prescription stimulants



A26_4	PASSHE	West Chester	Standard Error	Lower Bound	Upper Bound
Never	98.9%	99.2%	0.8%	94.2%	99.9%
Tried Once or Twice but Current Do Not Use	0.3%				
Use Monthly or Less	0.3%				
Use 2 to 4 Times Per Month	0.2%				
Use Daily	0.3%	0.8%	0.8%	0.1%	5.8%

Drug Misuse: Methamphetamine

Question Wording:
Please indicate the frequency in which you have used the following drugs over the past three months. Please report nonmedical use only Methamphetamine

Answer Options: o Never

- Tried once or twice, and do not currently 0

use

- Use Monthly or less Use 2-4 times per month Use 2-3 times a week
- 0
- Use 4 or more times a week
- Use everyday 0

Of the West Chester students who reported they misused drugs in the previous 12 months, 8.8% reported trying methamphetamine once or twice but currently do not use



A26_5	PASSHE	West Chester	Standard Error	Lower Bound	Upper Bound
Never	90.4%	88.1%	2.7%	81.6%	92.5%
Tried Once or Twice but Current Do Not Use	7.7%	8.8%	2.3%	5.2%	14.6%
Use Monthly or Less	0.9%	2.2%	1.3%	0.7%	6.9%
Use 2 to 4 Times Per Month	0.1%				
Use 2 to 3 Times Per Week	0.6%	0.9%	0.9%	0.1%	6.1%
Use 4 or More Times Per Week	0.1%				
Use Daily	0.2%				

Drug Misuse: Inhalants

Question Wording:
Please indicate the frequency in which you have used the following drugs over the past three months. Please report nonmedical use only -Inhalants

Answer Options: o Never

- Tried once or twice, and do not currently 0

use

- Use Monthly or less Use 2-4 times per month Use 2-3 times a week
- 0
- Use 4 or more times a week
- Use everyday 0

Of the West Chester students who reported they misused drugs in the previous 12 months, 8.2% tried inhalants once or twice but do not currently use



A26_6	PASSHE	West Chester	Standard Error	Lower Bound	Upper Bound
Never	82.0%	82.9%	3.3%	75.4%	88.4%
Tried Once or Twice but Current Do Not Use	8.1%	8.2%	2.4%	4.5%	14.4%
Use Monthly or Less	2.6%	1.2%	0.8%	0.3%	4.7%
Use 2 to 4 Times Per Month	2.9%	2.7%	1.4%	1.0%	7.2%
Use 2 to 3 Times Per Week	1.0%	1.5%	1.1%	0.4%	6.1%
Use 4 or More Times Per Week	0.5%	0.6%	0.6%	0.1%	4.2%
Use Daily	2.9%	3.0%	1.5%	1.1%	8.0%

Drug Misuse: Prescription Sedatives

Question Wording:
Please indicate the frequency in which you have used the following drugs over the past three months. Please report nonmedical use only -Prescription sedatives or sleeping pills

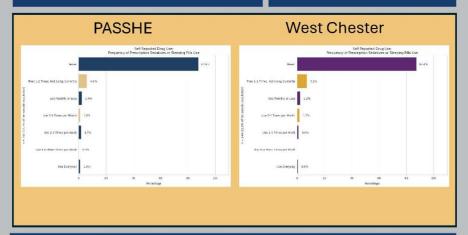
Answer Options: o Never

- Tried once or twice, and do not currently 0

use

- Use Monthly or less Use 2-4 times per month
- Use 2-3 times a week 0
- Use 4 or more times a week
- 0 Use everyday

Of the students who reported they misused drugs in the previous 12 months, 7.2% reported trying prescriptions sedatives or sleeping pills once or twice but currently do not use



A26_7	PASSHE	West Chester	Standard Error	Lower Bound	Upper Bound
Never	87.6%	87.4%	2.9%	80.5%	92.1%
Tried Once or Twice but Current Do Not Use	6.0%	7.2%	2.3%	3.8%	13.3%
Use Monthly or Less	2.4%	2.2%	1.3%	0.7%	6.89
Use 2 to 4 Times Per Month	1.0%	1.7%	1.0%	0.5%	5.39
Use 2 to 3 Times Per Week	1.7%	0.9%	0.9%	0.1%	6.19
Use 4 or More Times Per Week	0.3%				
Use Daily	1.0%	0.6%	0.6%	0.1%	4.09

Drug Misuse: Hallucinogens

Question Wording:
Please indicate the frequency in which you have used the following drugs over the past three months. Please report nonmedical use only -Hallucinogens

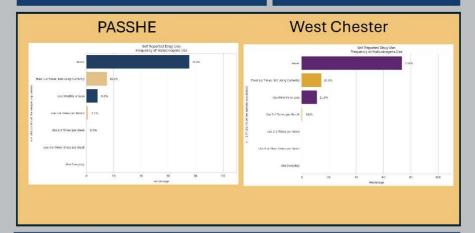
Answer Options: o Never

- Tried once or twice, and do not currently 0

use

- Use Monthly or less Use 2-4 times per month Use 2-3 times a week
- 0
- Use 4 or more times a week
- 0 Use everyday

Of the West Chester students who reported they misused drugs in the previous 12 months, 14.6% reported trying hallucinogens once or twice but currently do not use.



A26_8	PASSHE	West Chester	Standard Error	Lower Bound	Upper Bound
Never	75.4%	73.6%	3.9%	65.2%	80.5%
Tried Once or Twice but Current Do Not Use	15.2%	14.6%	3.2%	9.3%	22.1%
Use Monthly or Less	8.2%	11.3%	2.8%	6.8%	18.1%
Use 2 to 4 Times Per Month	1.1%	0.6%	0.6%	0.1%	3.9%
Use 2 to 3 Times Per Week	0.1%				

Drug Misuse: Steroids

Question Wording:
Please indicate the frequency in which you have used the following drugs over the past three months. Please report nonmedical use only -Steroids

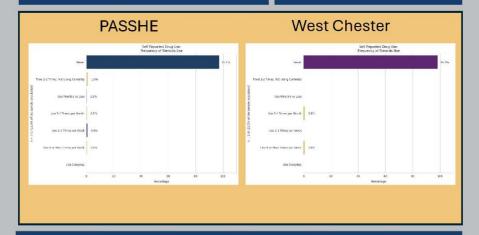
Answer Options: o Never

- Tried once or twice, and do not currently 0

use

- Use Monthly or less Use 2-4 times per month Use 2-3 times a week
- 0
- Use 4 or more times a week
- 0 Use everyday

Of the West Chester students who reported they misused drugs in the previous 12 months, 98.3% report never using steroids



A26_9	PASSHE	West Chester	Standard Error	Lower Bound	Upper Bound
Never	97.1%	98.3%	1.2%	93.4%	99.6%
Tried Once or Twice but Current Do Not					
Use	1.0%				
Use Monthly or Less	0.2%				
Use 2 to 4 Times Per Month	0.5%	0.8%	0.8%	0.1%	5.9%
Use 2 to 3 Times Per Week	0.8%				
Use 4 or More Times Per Week	0.5%	0.8%	0.8%	0.1%	5.9%

Drug Misuse: Prescription Opioids

Question Wording:
Please indicate the frequency in which you have used the following drugs over the past three months. Please report nonmedical use only - Prescription Opioids

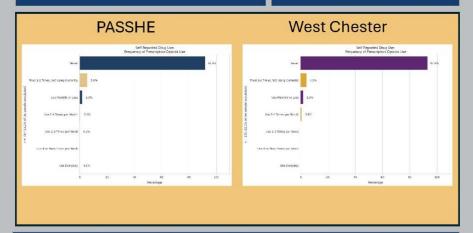
Answer Options: o Never

- Tried once or twice, and do not currently 0

use

- Use Monthly or less Use 2-4 times per month Use 2-3 times a week
- 0
- Use 4 or more times a week
- 0 Use everyday

Of the West Chester students who reported they misused drugs in the previous 12 months, 4.3% reported trying prescription opioids once or twice but currently do not use



A26_10	PASSHE	West Chester	Standard Error	Lower Bound	Upper Bound
Never	91.9%	92.9%	2.1%	87.5%	96.1%
Tried Once or Twice but Current Do Not Use	5.6%	4.3%	1.6%	2.0%	9.0%
Use Monthly or Less	1.9%	1.9%	1.1%	0.6%	5.9%
Use 2 to 4 Times Per Month	0.4%	0.8%	0.8%	0.1%	5.7%
Use 2 to 3 Times Per Week	0.1%				
Use Daily	0.1%				

Drug Misuse: Heroin

Question Wording:
Please indicate the frequency in which you have used the following drugs over the past three months. Please report nonmedical use only -

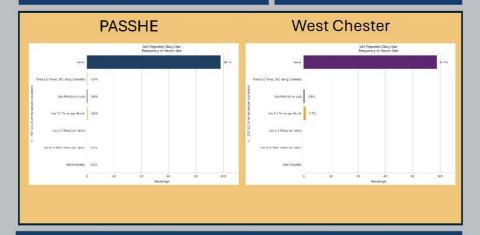
Answer Options: o Never

- Tried once or twice, and do not currently 0

use

- Use Monthly or less Use 2-4 times per month Use 2-3 times a week
- 0
- Use 4 or more times a week
- 0 Use everyday

Of the West Chester students who reported they misused drugs in the previous 12 months, 97.5% reported never using heroin



A26_11	PASSHE	West Chester	Standard Error	Lower Bound	Upper Bound
Never	98.1%	97.5%	1.4%	92.5%	99.2%
Tried Once or Twice but Current Do Not Use	0.5%				
Use Monthly or Less	0.6%	0.8%	0.8%	0.1%	5.7%
Use 2 to 4 Times Per Month	0.6%	1.7%	1.2%	0.4%	6.4%
Use 4 or More Times Per Week	0.1%				
Use Daily	0.1%				

Drug Misuse: Sobriety Motivation

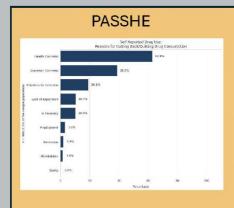
Question Wording:

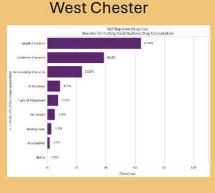
If you have cut back or no longer use one or more of the drugs listed in the previous questions in the last 12 months, please indicate the reason(s) for your cutting back or quitting. (Mark all that apply)

Answer Options:

- □ In recovery
- □ Academic concerns
- ☐ Health concerns
- □ Relationship concerns
- □ Other

64.03% of West
Chester students who
have cut down or quit
their misuse of drugs
stated that health
concerns were the
motivator.





A27	PASSHE	Frequency	Percent of responses	West Chester
Health Concerns	63.41	47.38251	41.96	64.03
Academic Concerns	39.36	28.70603	25.42	38.79
Relationship Concerns	19.11	17.63272	15.61	23.83
Lack of Enjoyment	10.39	5.566294	4.93	7.52
In Recovery	10.32	6.469235	5.73	8.74
Employment] 3	2.052931	1.82	2.77
No Access	1.95	3.881681	3.44	5.25
Affordability	1.6	1.244277	1.1	1.68
Sports	0.23			

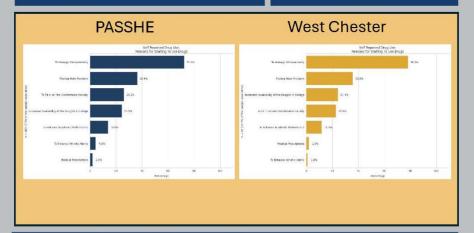
Drug Misuse: Catalysts

Question Wording:
If you have started using one or more of the drugs listed in the previous table in the last 12 months, please indicate the reason(s) for your change. (Mark all that apply)

- Answer Options:

 | Feeling more freedom | Increased availability of the drug(s) in college | To enhance athletic performance | To enhance academic performance | To fit in and/or feel comfortable socially | To manage stress and/or anxiety of college life | Other

78.33% of West Chester students who have started using listed drugs in the previous 12 months stated that management of stress was a catalyst for initiation.



A28	PASSHE	Frequency		Percent of responses	West Chester	
Manage Stress	72.63	3	68.147	44.44		78.33
More Freedom	36.39	9	31.1866	20.34		35.85
Popularity	26.3	5	19.88813	12.97		22.86
Increased Availability	24.7	7	21.23634	13.85		24.41
Enhance Academic Performance	13.86	6	10.35715	6.75		11.9
Enhance Athletic Performance	4.33	2	0.8393917	0.55		0.96
Medical Prescriptions	1.9	7	1.678783	1.09		1.93

Drug Misuse: Cannabis Routes of Administration

Question Wording:

When you have used marijuana/cannabis in the past 3 months, which of the following ways have you used it? (Mark all that apply)

Answer Options:

- ☐ Smoked (e.g. joint, bong, pipe, blunt)☐ Edible (e.g. brownies, cookies, candy,
- in tea, soda, alcohol
- □ Vaporized (in an e-cigarette or other vaporizing device)
- ☐ In derivative/concentrated form (e.g. wax, oil, dabs, shatter, etc.)

84.94% of West
Chester students
reporting the use of
cannabis reported
using smoking as a
route of administration

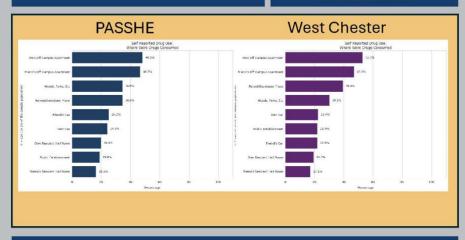


A29	PASSHE	Fre	quency	Percent of responses		West Chester	
Smoked	82	.54	85.79196		34.4		84.94
Edible	57	.25	55.73866		22.35		55.19
Vaporized	j 7	4.7	79.42973		31.85		78.64
Concentrate Derivative	31	.36	28.45664		11.41		28.17

Drug Misuse: Drug Administration Sites

Question Wording:When you use drugs, it is at/in: (Mark all that apply)

52.94% of West Chester students using drugs in the past 12 months report "Off-Camus Apartments" as a drug administration site



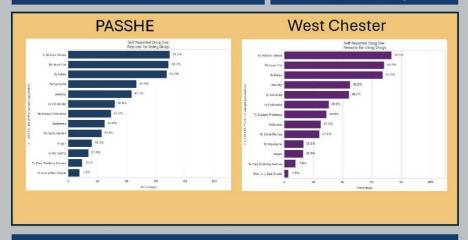
A30	PASSHE	Frequency	Percent of responses \	West Chester
Off Campus Apartment	48.31		19.44	52.94
Friend's Off Campus Apartment	46.88	57.28868	17.24	46.96
Woods, Park, Outside Area	34.76	36.8906	11.1	30.24
Parent's/Guardian Residence	34.57	48.05199	14.46	39.39
Friend's Car	25.39	26.76516	8.06	21.94
Your Car	24.25	27.35139	8.23	22.42
Residence Hall	20.32	23.61064	7.11	19.35
Public Establishment	19.03	26.76516	8.06	21.94
Friend's Residence Hall Room	16.51	20.90251	6.29	17.13

Drug Misuse: Reasons for Using Drugs

Question Wording:

What are your reasons for using drugs? (Mark all that apply)

73.37% of West Chester students reporting using drugs in the previous 12 months reported "Relieve Stress" as a reason for using



A31	PASSHE		Downstad	West Chartes
			Percent of responses	
Relieve Stress	69.6			
Have Fun	69.02	89.54377	15.41	. 68.3
To Relax	67.82	88.23221	15.18	67.3
To Socialize	46.92	57.94954	9.97	44.2
Anxiety	43.4	58.96165	10.15	45.0
Celebration	31.95	40.06934	6.89	30.5
Escape Problems	29.29	37.84233	6.51	. 28.8
Saddness	25.02	32.84625	5.65	25.0
Go To Parties	23.07	31.51439	5.42	24.0
Anger	16.27	17.06349	2.94	13.0
To Pre-game	13.99	17.12592	2.95	13.0
Play Drinking Games	9.58	10.2386	1.76	7.8
Due to a Bad Grade	7.83	3,660922	0.63	2.7

Drug Misuse: Thoughts and Behaviors Towards Cessation

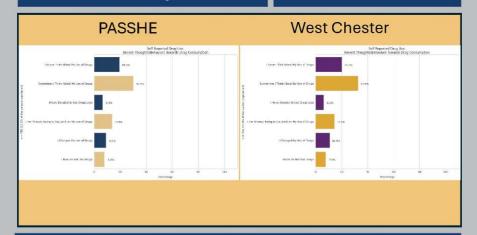
Question Wording:

For the following question please indicate the answer that best describes your thoughts or behaviors toward your use of drugs.

Answer Options:

- o I never think about my use of drugs
 - Sometimes I think about my use of drugs
- o I have decided to use drugs less
- o I am already trying to cut back on my use of drugs
- o I changed my use of drugs
- o I now do not use drugs
- o I have never used drugs

Of the West Chester students responding that they have misused drugs, 32.8% responded that they sometimes think about their use of drugs.



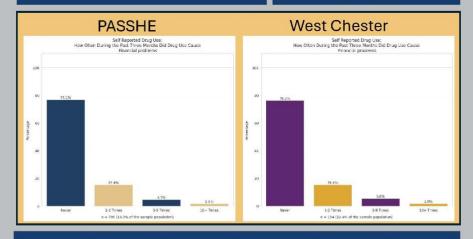
	12.70			Standard	Lower	Upper
A32_n	PASSHE	West Chester		Error	Bound	Bound
I never think about my use of drugs	19.5%		20.2%	3.3%	14.4%	27.6%
Sometimes I think about my use of drugs	30.3%	3	32.8%	3.9%	25.5%	41.0%
I have decided to use drugs less	6.5%		6.2%	2.0%	3.3%	11.6%
I am already trying to cut back on my use of drugs	13.9%	;	14.5%	3.0%	9.6%	21.4%
I change my use of drugs	9.1%		10.9%	2.5%	6.9%	16.9%
I now do not use drugs	8.0%		7.9%	2.4%	4.3%	14.2%
I have never used drugs	12.8%		7.4%	2.0%	4.3%	12.5%

Question Wording:

Please indicate the frequency in which your alcohol use or use of drugs caused you any of the following problems/concerns in the past 3 months - Financial Concerns Answer Options:

- Never
- 1 to 2 times
- 3 to 9 times
- 10+ times

Of the West Chester students who stated they misused drugs, 15.4% stated that their use caused financial concerns 1 to 2 times over the past 3 months.



A33_1	PASSHE	West Chester	Standard Error	Lower Bound	Upper Bound
Never	77.1%	76.5%	3.5%	68.8%	82.8%
1 to 2 Times	15.49	15.4%	3.0%	10.4%	22.4%
3 to 9 Times	4.79	5.6%	2.0%	2.8%	11.1%
10+ Times	1.89	1.9%	1.1%	0.6%	5.8%

Question Wording:

Please indicate the frequency in which your alcohol use or use of drugs caused you any of the following problems/concerns in the past 3 months - Affected your grades **Answer Options:**

- Never
- 1 to 2 times
- 3 to 9 times
- 10+ times

Of the West Chester students who stated they misused drugs, 13.5% stated that their use affected grades 1 to 2 times over the past 3 months.



A33_2	PASSHE	West Chester	Standard Error	Lower Bound	Upper Bound
Never	80.7%	80.3%	3.3%	72.9%	86.19
1 to 2 Times	14.0%	13.5%	2.9%	8.7%	20.49
3 to 9 Times	2.5%	1.9%	1.1%	0.6%	5.8%
10+ Times	1.6%	2.7%	1.4%	1.0%	7.19

Question Wording:

Please indicate the frequency in which your alcohol use or use of drugs caused you any of the following problems/concerns in the past 3 months - Missed a class. **Answer Options:**

- Never
- 1 to 2 times
- 3 to 9 times
- 10+ times

Of the West Chester students who stated they misused drugs, 21.2% stated that their use led to a missed class 1 to 2 times over the past 3 months.



A33_3	PASSHE	West Chester	Standard Error	Lower Bound	Upper Bound
Never	72.8%	72.3%	3.7%	64.5%	79.09
1 to 2 Times	17.8%	21.2%	3.3%	15.4%	28.59
3 to 9 Times	5.3%	1.6%	1.1%	0.4%	6.39
10+ Times	1.7%	3.5%	1.6%	1.4%	8.39

Question Wording:

Please indicate the frequency in which your alcohol use or use of drugs caused you any of the following problems/concerns in the past 3 months - Did not complete an assignment on time due to drinking/drug use

Answer Options:

- Never
- o 1 to 2 times
- o 3 to 9 times
- o 10+ times

Of the West Chester students who stated they misused drugs, 14.9% stated that their use led to a missed assignment 1 to 2 times over the past 3 months.



A33_4	PASSHE	West Chester	Standard Error	Lower Bound	Upper Bound
Never	77.6%	75.5%	3.6%	67.8%	81.9%
1 to 2 Times	14.9%	14.9%	3.0%	9.9%	21.8%
3 to 9 Times	3.4%	4.3%	1.8%	1.9%	9.4%
10+ Times	1.4%	2.7%	1.4%	1.0%	7.1%

Question Wording:

Please indicate the frequency in which your alcohol use or use of drugs caused you any of the following problems/concerns in the past 3 months - In trouble at school (citation etc.)

Answer Options:

- Never
- 1 to 2 times
- 3 to 9 times
- 10+ times

Of the West Chester students who stated they misused drugs, 4.8% stated that their use led to trouble at school 1 to 2 times over the past 3 months.



A33_5	PASSHE	West Chester	Standard Error	Lower Bound	Upper Bound
Never	92.89	92.8%	2.2%	87.2%	96.0%
1 to 2 Times	5.19	4.8%	1.8%	2.3%	10.0%
3 to 9 Times	0.19	1.3%	1.0%	0.3%	5.4%
10+ Times	0.89	6			

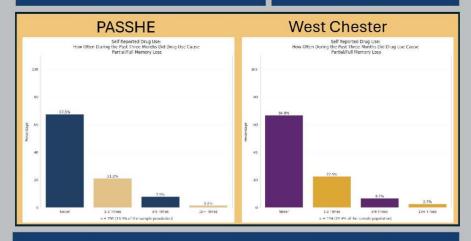
Question Wording:

Please indicate the frequency in which your alcohol use or use of drugs caused you any of the following problems/concerns in the past 3 months - Partial or full memory loss (brown out/gray out/ black out)

Answer Options:

- o Never
- o 1 to 2 times
- o 3 to 9 times
- o 10+ times

Of the PASSHE students who stated they misused drugs, 22.5% stated that their use led to partial or full memory loss 1 to 2 times over the past 3 months.



A33_6	PASSHE	West Chester		Standard Error		Lower Bound	Upper Bound
Never	67.	5%	66.8%		3.9%	58.7%	74.0%
1 to 2 Times	21.	2%	22.5%		3.5%	16.4%	30.1%
3 to 9 Times	7.	9%	6.7%		2.0%	3.6%	11.9%
10+ Times	1.	8%	2.7%		1.4%	1.0%	7.1%

AOD Policy Knowledge: Code of Conduct

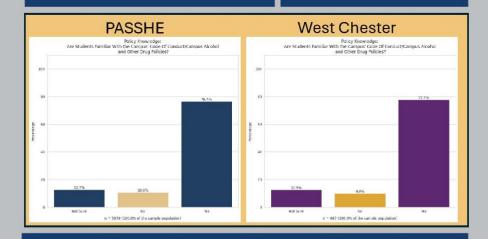
Question Wording:

Are you familiar with your campus code of conduct/campus alcohol and other drug policies?

Answer Options:

- o Yes
- o No
- o Not sure

77.7% of West Chester students stated that they are aware of code of conduct policies on campus



A35	PASSHE	West Chester		Standard Error	Lower Bound	Upper Bound
Yes	76	5.5%	77.7%	1.79	6 74.2%	80.8%
No	10	.8%	9.8%	1.29	% 7.7%	12.4%
Not Sure	12	.7%	12.5%	1.30	6 10.1%	15.3%

AOD Policy Knowledge: Persons In Recovery Identity

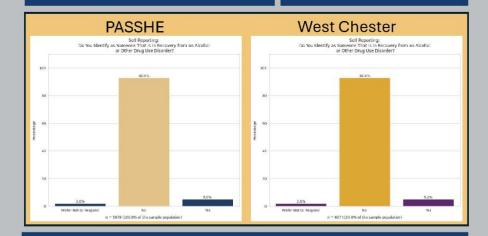
Question Wording:

Do you identify as someone that is in recovery from an alcohol or other drug use disorder?

Answer Options:

- o Yes
- o No
- o I prefer not to respond

5.1% of West Chester students identify as a person in recovery



A36	PASSHE	West Chester	Standard Error	Lower Bound	Upper Bound
Yes	5.0%	5.1%	0.9%	3.6%	7.1%
No	92.9%	92.9%	1.0%	90.6%	94.7%
Prefer Not to Respond	2.0%	2.0%	0.5%	1.2%	3.4%

AOD Policy Knowledge: Place to Discuss Drugs and Alcohol

Question Wording:

Does your campus have a place where you would feel comfortable going to both discuss alcohol or other drugs and ask questions?

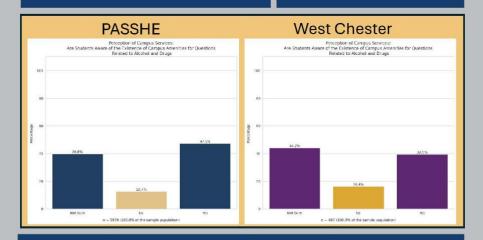
Answer Options:

o Yes

0

- No
- o Not sure

39.5% of West Chester students reported having a place on campus they feel comfortable going to discuss alcohol and drug related questions



407	DACCUE.	W-+O	Observation of France	I DI	U Dd
A37	PASSHE	West Chester	Standard Error	Lower Bound	Upper Bound
Yes	47.5%	39.5%	1.9%	35.8%	43.3%
No	12.7%	16.4%	1.4%	13.7%	19.4%
Not Sure	39.8%	44.2%	2.0%	40.3%	48.0%

AOD Policy Knowledge: Medical Amnesty Act

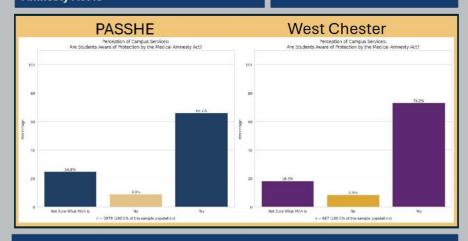
Question Wording:

Are you aware of how the Medical Amnesty Act (Good Samaritan Act) protects students who reach out for help in an emergency involving substance use for themselves and other students?

Answer Options:

- o Yes
- o No
- o I'm not sure what the Medical Amnesty Act is

18.3% of West Chester students reported "I'm not sure what the Medical Amnesty Act is"



A38	PASSHE	West Chester		Standard Error	Lower Bound	Upper Bound
Yes	66	.2%	73.2%	1.8	3% 69.6	6% 76.59
No	9	.0%	8.5%	1.:	1% 6.5	5% 11.09
Not Sure	24	.8%	18.3%	1.5	5% 15.5	5% 21.59

Appendix D: National College Health Assessment Data

WEST CHESTER UNIVERSITY Executive Summary Fall 2020 American College Health Association National College Health Assessment III

ACHA-NCHA III

The ACHA-NCHA III supports the health of the campus community by fulfilling the academic mission, supporting short- and long-term healthy behaviors, and gaining a current profile of health trends within the campus community.



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Table of Contents

I. Introduction and Notes	1
II. Findings	
A. General Health and Campus Climate	2
B. Nutrition, BMI, Physical Activity, and Food Security	2
C. Health Care Utilization	3
D. Impediments to Academic Performance	4
E. Violence, Abusive Relationships, and Personal Safety	6
F. Tobacco, Alcohol, and Other Drug Use	7
G. Sexual Behavior	10
H. Mental Health and Wellbeing	11
I. Acute Conditions	13
J. Ongoing or Chronic Conditions	14
K. Sleep	16
III. Demographics and Sample Characteristics	17

ACHA, the nation's principal advocate and leadership organization for college and university health, represents a diverse membership that provides and supports the delivery of health care and prevention and wellness services for the nation's 20 million college students. For more information about the association's programs and services, visit www.acha.org, and www.acha.org/NCHA.

American College Health Association. American College Health Association-National College Health Assessment III: West Chester University Executive Summary Fall 2020. Silver Spring, MD: American College Health Association; 2020.

Suggested citation for this document:

Introduction and Notes

The ACHA-National College Health Assessment (ACHA-NCHA) is a national research survey organized by the American College Health Association (ACHA) to assist college health service providers, health educators, counselors, and administrators in collecting data about their students' habits and behaviors on the most prevalent health topics. The ACHA-NCHA now provides the largest known comprehensive data set on the health of college students, providing the college health and higher education fields with a vast spectrum of information on student health.

ACHA initiated the original ACHA-NCHA in 2000 and the instrument was used nationwide through the Spring 2008 data collection period. A revised survey, the ACHA-NCHA-II, was in use from Fall 2008 - Spring 2019 data collection periods. The survey was redesigned again, and data collection with the ACHA-NCHA III began in Fall 2019.

Please note that it is not appropriate to compare trends between versions of the survey. Directly comparing data points between the Original ACHA-NCHA, the ACHA-NCHA II, and the ACHA-NCHA III can lead to an <u>erroneous conclusions</u> and is not recommended.

Notes about this report:

- 1. Missing values have been excluded from analysis and only valid percents are included in this document, unless otherwise noted
- 2. The ACHA-NCHA III is programmed differently than earlier versions of the survey. Rather than asking the respondents to answer every question (and offering a "not applicable" option), display logic was used throughout the survey to determine whether, based on their response to an earlier question, the student saw a follow-up question. This makes the valid percents of certain questions impossible to apply to the entire sample, as the denominator used was limited to only the number of students that saw the question. When appropriate, results are also presented using the entire sample as the denominator to show the proportion of the overall sample that experienced a particular issue. These differences in presentation are carefully noted throughout the document and will often explain differences observed between this document and the full data report. Please look carefully at descriptions of the data presented in each table, as well as any footnotes included.
- 3. About the use of sex and gender in this report: Survey responses are reported by sex based on the responses to questions 67A, 67B, and 67C. For the purpose of the ACHA-NCHA report documents, respondents are reported as male or female only when their responses to these three questions are consistent with one another. If gender identity is consistent with sex at birth AND "no" is selected for transgender, then respondents are designated as either male or female. If respondents select "yes" for transgender OR their sex at birth is not consistent with their gender identity, then they are designated as non-hinary. A respondent that selects "intersex" for sex at birth, "no" for transgender, and man or woman for gender identity are designated as male or female. A respondent that selects "intersex" for sex at birth, "yes" for transgender, or selects a gender identity other than man or woman are designated as non-hinary. A respondent that skips any of the three questions is designated as nuknown. Totals displayed in this report include non-binary and unknown responses.

For additional information about the survey's development, design, and methodology, email Mary T Hoban, PhD, MCHES, (mhoban@acha.org), Christine Kukich, MS (ckukich@acha.org), or visit www.acha-ncha.org.

This Executive Summary highlights results of the ACHA-NCHA III Fall 2020 survey for West Chester University consisting of 1377 respondents.

The response rate was 7.8%.

A. General Health and Campus Climate

58.3 % of college students surveyed (very good or excellent.	62.7 % male and	58.0 % female) described their health as
91.9 % of college students surveyed (good, very good or excellent	92.1 % male and	92.4 % female) described their health as

Proportion of college students who reported they agree or strongly agree that:

Percent (%)	Male	Female	Total
I feel that I belong at my college/university	66.9	71.3	70.3
Treel that students' health and well-being is a priority at my college/university	66.0	67.7	67.2
At my college/university, I feel that the campus climate encourages free and			
open discussion of students' health and well-being.	61.0	65.1	64.1
At my college/university, we are a campus where we look out for each other	50.4	58.0	56.1

B. Nutrition, BMI, Physical Activity, and Food Security

College students reported:

Percent (%)	Male	Female	Total
Drinking 0 sugar-sweetened beverages (per day), on average, in the last 7 days	35.1	33.5	33.9
Drinking 1 or more sugar-sweetened beverages (per day), on average, in the last 7 days	64.9	66.5	66.1
Drinking energy drinks or shots on 0 of the past 30 days	81.3	87.0	85.7
Drinking energy drinks or shots on 1-4 of the past 30 days	11.0	8.4	8.9
Drinking energy drinks or shots on 5 or more of the past 30 days	7.7	4.6	5.4
Eating 3 or more servings of fruits (per day), on average, in the last 7 days	18.2	24.8	23.4
Eating 3 or more servings of vegetables (per day), on average, in the last 7 days	33.9	35.0	34.7

■ Estimated Body Mass Index (BMI): This figure incorporates reported height and weight to form a general indicator of physical health. Categories defined by The World Health Organization (WHO) 2000, reprinted 2004. Obesity: Preventing and Managing the Global Epidemic. WHO Tech Report Series: 894.

BMI Perc	ent Male	Female	Total
(%) <18.5 Underweight			
	6.1	5.3	5.4
18.5-24.9 Healthy Weight	47.0	55.8	53.9
25-29.9 Overweight	32.4	23.3	25.2
30-34.9 Class I Obesity	7.7	9.7	9.3
35-39.9 Class II Obesity	4.5	3.4	3.7
≥40 Class III Obesity	2.4	2.5	2.6
Mean	25.60	25.00	25.16

Median	24.41	23.70	23.80
Std Dev	5.50	5.84	5.82

Students meeting the recommended guidelines for physical activity

Based on: US Dept of Health and Human Services. *Physical Activities Guidelines for <u>Americans</u>*, 2nd edition. Washington, DC: US Dept of Health and Human Services; 2018

Definitions:

- Recommendation for **aerobic activity**: 150 minutes or more of moderate-intensity physical activity per week or 75 minutes of vigorous-intensity physical activity or the equivalent combination
- Recommendation for **strength training**: 2 or more days a week of moderate or greater intensity activities that involve all major muscle groups
- Active Adults meet the recommendation for strength training AND aerobic activity
- Highly Active Adults meet the recommendation for strength training and TWICE the recommendation for aerobic activity (300 minutes or more of moderate-intensity physical activity per week or 150 minutes of vigorous-intensity physical activity or the equivalent combination)

Percent (%)	Male	Female	Total
Guidelines met for aerobic exercise only	74.2	65.6	67.2
Guidelines met for Active Adults	49.6	40.2	42.0
Guidelines met for Highly Active Adults	38.3	31.2	32.4

Food Security

Based on responses to the US Household Food Security Survey Module: Six-Item Short Form (2012)

Percent (%) Male | Female | Total High or marginal food security (score 0-1) 69.8 67.7 68.1 Low food security (score 2-4) 19.2 19.6 19.3 Very low food security (score 5-6) 11.0 12.7 12.6 30.2 Any food insecurity (low or very low food security) 32.3 31.9

C. Health Care Utilization

College students reported:

from the USDA Economic Research Service.

Percent (%)	Male	Female	Total
Receiving psychological or mental health services within the last 12 months	23.	30.	29.
*The services were provided by:	U	۷ ا	
My current campus health and/or counseling center	21.8	17.5	19.2
A mental health provider in the local community near my campus	24.1	21.6	22.2
A mental health provider in my home town	51.9	68.3	65.3
A mental health provider not described above	25.5	11.3	12.9

^{*}Only students who reported receiving care in the last 12 months were asked these questions

	Percent (%)	Male	Female	Total
Visiting a medical provider within the last 12 months		57.	75.	72.
		5	5	2

^{*}The services were provided by:

My current campus health center	13.2	10.3	10.7
A medical service provider in the local community near my campus	16.7	16.7	17.1
A medical service provider in my home fown	79.0	90.4	88.5
A medical service provider not described above	16.2	5.2	6.8

^{*}Only students who reported receiving care in the last 12 months were asked these questions

+ College students reported:

Percent (%)	Male	Female	Total
Flu vaccine within the last 12 month	49.4	54.9	53.9
Not starting the HPV vaccine series	27.1	19.8	21.1
Starting, but not completing HPV vaccine series	3.6	3.5	3.4
Completing HPV vaccine series	43.7	58.9	56.1
Not knowing their HPV vaccine status	25.5	17.8	19.4
Ever having a GYN visit or exam (females only)		61.3	
Having a dental exam in the last 12 months	69.6	75.5	73.9
Being tested for HIV within the last 12 months	7.3	12.7	11.8
Being tested for HIV more than 12 months ago	15.8	11.1	11.8
Wearing sunscreen usually or always when outdoors	23.8	44.6	41.0
Spending time outdoors with the intention of tanning at least once in the last 12 months	47.5	72.9	67.5

D. Impediments to Academic Performance

Respondents are asked in numerous places throughout the survey about issues that might have negatively impacted their academic performance within the last 12 months. This is defined as negatively impacting their performance in a class or delaying progress towards their degree. Both types of negative impacts are represented in the figures below. Please refer to the corresponding Data Report for specific figures on each type of impact. Figures in the left columns use all students in the sample as the denominator. Figures in the right columns use only the students that experienced that issue (e.g. students who used cannabis, reported a problem or challenge with finances, or experienced a particular health issue) in the denominator. (items are listed in the order in which they appear in the survey)

Negatively impacted academic performance among all students in the sample

Negatively impacted academic performance among only students that experienced the issue

Pe	rcent (%)	Male	Female	Total
Alcohol use		1.6	2.0	2.0
Cannabis/marijuana use		2.0	1.1	1.3

	Male	Female	Total
i	2.1	2.5	2.5
i	6.4	3.0	3.7

Problems or challenges in the last 12 months

Career	14.5	12.2	12.6
Finances	12.9	14.1	13.7
Procrastination	46.0	41.4	42.4
Faculty	8.9	5.4	5.9
Family	11.7	11.6	12.1
Intimate Relationships	8.1	8.8	8.7
Roommate/housemate	4.8	4.6	4.6
Peers	4.0	3.2	3.3
Personal appearance	3.2	5.3	4.9
Health of someone close to me	9.3	9.5	9.5
Death of a family member, friend, or someone close to			
me	8.9	9.1	9.4
Bullying	0.8	1.4	1.3
Cyberbullying	0.4	0.8	0.8
Hazing	0.8	0.1	0.2
Microaggression	1.6	1.8	2.0
Sexual Harassment	1.2	2.1	2.1
Discrimination	1.2	1.7	1.7

38.3	36.8	36.8
35.2	30.4	
63.7	56.2	58.1
64.7	56.3	56.6
32.2	30.1	31.6
22.5	23.6	
23.5	19.8	
21.7	13.7	14.9
9.2	9.7	9.7
29.5	26.4	27.1
39.3	35.1	37.2
25.0	22.7	
33.3	_	
100.0	50.0	75.0
16.7	14.0	
42.9	18.0	
20.0	20.5	21.1

Negatively impacted academic performance among all students in the sample

Negatively impacted academic performance among only students that experienced the issue

Acute Diagnoses in the last 12 Percent (%)) [Vlale	Female	L	Male	Female	Total
months		Total					
Bronchitis	1.2	1.5	1.4	-	42.9	40.0	40.4
Chlamydia	0.4	0.2	0.2	_	20.0	12.5	14.
Chicken Pox (Varicella)	0.0	0.0	0.0	_	0.0	0.0	0.
Cold/Virus or other respiratory illness	5.6	11.7	10.5		21.9	31.5	30.
Concussion	0.4	2.4	2.1	_	14.3	56.5	52.
Gonorrhea	0.0	0.1	0.1	_	0.0	100.0	50.
Flu (influenza or flu-like illness)	4.0	3.9	4.2	_	71.4	48.8	54.
Mumps	0.0	0.0	0.0	_	0.0	0.0	0.
Mononucleosis (mono)	0.8	1.8	1.6		50.0	76.0	73.
Orthopedic injury	2.8	2.7	2.7		33.3	25.7	26.
Pelvic Inflammatory Disease	0.0	0.2	0.1		0.0	50.0	50.
Pneumonia	0.4	0.7	0.7		25.0	53.3	50.
Shingles	0.0	0.2	0.1		0.0	33.3	28.
Stomach or GI virus or bug, food poisoning or gastritis	2.4	4.4	4.1		35.3	36.4	37.
Urinary tract infection	0.4	2.0	1.7		33.3	13.1	13.
	3.5 1		700 / 1		301		
Percent (%)	Male	Female	Total	_	Male	Female	Total
Any ongoing or chronic medical conditions				_			
	Male 22.2	Female 29.2	28.3	_	Male 30.2	Female	
Any ongoing or chronic medical conditions diagnosed or treated in the last 12 months				_			35
Any ongoing or chronic medical conditions diagnosed or treated in the last 12 months Assault (physical)	22.2	29.2	28.3	_ _ _	30.2	35.5	35
Any ongoing or chronic medical conditions diagnosed or treated in the last 12 months Assault (physical) Assault (sexual)	22.2	29.2	28.3	- -	30.2	35.5	35 19. 25.
Any ongoing or chronic medical conditions diagnosed or treated in the last 12 months Assault (physical)	22.2 0.0 0.8	29.2 0.6 1.7	28.3 0.6 1.5	- -	30.2 0.0 33.3	35.5 21.4 25.4	35 19. 25. 6.
Any ongoing or chronic medical conditions diagnosed or treated in the last 12 months Assault (physical) Assault (sexual) Allergies	22.2 0.0 0.8 2.4	29.2 0.6 1.7 2.3	28.3 0.6 1.5 2.5	- - - - - -	30.2 0.0 33.3 6.1	21.4 25.4 5.5	19. 25. 6. 50.
Any ongoing or chronic medical conditions diagnosed or treated in the last 12 months Assault (physical) Assault (sexual) Allergies Anxiety	0.0 0.8 2.4 22.2	0.6 1.7 2.3 37.5	28.3 0.6 1.5 2.5 35.1	-	0.0 33.3 6.1 40.7	21.4 25.4 5.3 52.0	35.3 19. 25. 6. 50.
Any ongoing or chronic medical conditions diagnosed or treated in the last 12 months Assault (physical) Assault (sexual) Allergies Anxiety ADHD or ADD	0.0 0.8 2.4 22.2 10.1	0.6 1.7 2.3 37.5 7.9	28.3 0.6 1.5 2.5 35.1 8.5	-	30.2 0.0 33.3 6.1 40.7 48.1	21.4 25.4 5.5 52.0 61.2	35. 19. 25. 6. 50. 57. 49.
Any ongoing or chronic medical conditions diagnosed or treated in the last 12 months Assault (physical) Assault (sexual) Allergies Anxiety ADHD or ADD Concussion or TBI	0.0 0.8 2.4 22.2 10.1 1.2	29.2 0.6 1.7 2.3 37.5 7.9 3.3	28.3 0.6 1.5 2.5 35.1 8.5 2.9	-	30.2 0.0 33.3 6.1 40.7 48.1 18.8	21.4 25.4 5.3 52.0 61.2 57.1	35. 19. 25. 6. 50. 57. 49. 55.
Any ongoing or chronic medical conditions diagnosed or treated in the last 12 months Assault (physical) Assault (sexual) Allergies Anxiety ADHD or ADD Concussion or TBI Depression	0.0 0.8 2.4 22.2 10.1 1.2 18.5	29.2 0.6 1.7 2.3 37.5 7.9 3.3 25.0	28.3 0.6 1.5 2.5 35.1 8.5 2.9 24.3	-	30.2 0.0 33.3 6.1 40.7 48.1 18.8 48.4	21.4 25.4 5.3 52.0 61.2 57.1 56.4	35 19. 25. 6. 50. 57. 49. 55. 26.
Any ongoing or chronic medical conditions diagnosed or treated in the last 12 months Assault (physical) Assault (sexual) Allergies Anxiety ADHD or ADD Concussion or TBI Depression Eating disorder/problem	0.0 0.8 2.4 22.2 10.1 1.2 18.5 1.2	29.2 0.6 1.7 2.3 37.5 7.9 3.3 25.0 4.5	28.3 0.6 1.5 2.5 35.1 8.5 2.9 24.3 3.8	-	30.2 0.0 33.3 6.1 40.7 48.1 18.8 48.4 15.8	35.5 21.4 25.4 5.5 52.0 61.2 57.1 56.4 27.4	35 19. 25. 6. 50. 57. 49. 55. 26. 34.
Any ongoing or chronic medical conditions diagnosed or treated in the last 12 months Assault (physical) Assault (sexual) Allergies Anxiety ADHD or ADD Concussion or TBI Depression Eating disorder/problem Headaches/migraines	0.0 0.8 2.4 22.2 10.1 1.2 18.5 1.2 6.9	29.2 0.6 1.7 2.3 37.5 7.9 3.3 25.0 4.5 15.5	28.3 0.6 1.5 2.5 35.1 8.5 2.9 24.3 3.8 14.1	-	30.2 0.0 33.3 6.1 40.7 48.1 18.8 48.4 15.8 23.9	35.5 21.4 25.4 5.5 52.0 61.2 57.1 56.4 27.4 35.4 40.7 21.6	35 19. 25. 6. 50. 57. 49. 55. 26. 34.
Any ongoing or chronic medical conditions diagnosed or treated in the last 12 months Assault (physical) Assault (sexual) Allergies Anxiety ADHD or ADD Concussion or TBI Depression Eating disorder/problem Headaches/migraines Influenza or influenza-like illness (the flu)	0.0 0.8 2.4 22.2 10.1 1.2 18.5 1.2 6.9 2.4	29.2 0.6 1.7 2.3 37.5 7.9 3.3 25.0 4.5 15.5 4.5	28.3 0.6 1.5 2.5 35.1 8.5 2.9 24.3 3.8 14.1 4.1	-	30.2 0.0 33.3 6.1 40.7 48.1 18.8 48.4 15.8 23.9 30.0	35.5 21.4 25.4 5.5 52.0 61.2 57.1 56.4 27.4 35.4 40.7	35 19. 25. 6. 50. 57. 49. 55. 26. 34. 39.
Any ongoing or chronic medical conditions diagnosed or treated in the last 12 months Assault (physical) Assault (sexual) Allergies Anxiety ADHD or ADD Concussion or TBI Depression Eating disorder/problem Headaches/migraines Influenza or influenza-like illness (the flu) Injury	0.0 0.8 2.4 22.2 10.1 1.2 18.5 1.2 6.9 2.4 4.0	29.2 0.6 1.7 2.3 37.5 7.9 3.3 25.0 4.5 15.5 4.5 2.2	28.3 0.6 1.5 2.5 35.1 8.5 2.9 24.3 3.8 14.1 4.1 2.5		30.2 0.0 33.3 6.1 40.7 48.1 18.8 48.4 15.8 23.9 30.0 28.6	35.5 21.4 25.4 5.5 52.0 61.2 57.1 56.4 27.4 35.4 40.7 21.6	35 19. 25. 6. 50. 57. 49. 55. 26. 34. 39. 22. 23.
Any ongoing or chronic medical conditions diagnosed or treated in the last 12 months Assault (physical) Assault (sexual) Allergies Anxiety ADHD or ADD Concussion or TBI Depression Eating disorder/problem Headaches/migraines Influenza or influenza-like illness (the flu) Injury PMS	0.0 0.8 2.4 22.2 10.1 1.2 18.5 1.2 6.9 2.4 4.0	29.2 0.6 1.7 2.3 37.5 7.9 3.3 25.0 4.5 15.5 4.5 2.2 12.2	28.3 0.6 1.5 2.5 35.1 8.5 2.9 24.3 3.8 14.1 4.1 2.5 9.9		30.2 0.0 33.3 6.1 40.7 48.1 18.8 48.4 15.8 23.9 30.0 28.6 0.0	35.5 21.4 25.4 5.5 52.0 61.2 57.1 56.4 27.4 35.4 40.7 21.6 23.1	35.3 19. 25. 6. 50. 57. 49. 26. 34. 39. 22. 23. 45.
Any ongoing or chronic medical conditions diagnosed or treated in the last 12 months Assault (physical) Assault (sexual) Allergies Anxiety ADHD or ADD Concussion or TBI Depression Eating disorder/problem Headaches/migraines Influenza or influenza-like illness (the flu) Injury PMS PTSD	0.0 0.8 2.4 22.2 10.1 1.2 18.5 1.2 6.9 2.4 4.0 0.0 4.4	29.2 0.6 1.7 2.3 37.5 7.9 3.3 25.0 4.5 15.5 4.5 2.2 12.2 3.8	28.3 0.6 1.5 2.5 35.1 8.5 2.9 24.3 3.8 14.1 4.1 2.5 9.9 4.2		30.2 0.0 33.3 6.1 40.7 48.1 15.8 23.9 30.0 28.6 0.0 44.0	35.5 21.4 25.4 5.3 52.0 61.2 57.1 56.4 27.4 35.4 40.7 21.6 23.1 42.7	35.3 19. 25. 6. 50. 57. 49. 26. 34. 39. 22. 23. 45. 28.
Any ongoing or chronic medical conditions diagnosed or treated in the last 12 months Assault (physical) Assault (sexual) Allergies Anxiety ADHD or ADD Concussion or TBI Depression Eating disorder/problem Headaches/migraines Influenza or influenza-like illness (the flu) Injury PMS PTSD Short-term illness	0.0 0.8 2.4 22.2 10.1 1.2 18.5 1.2 6.9 2.4 4.0 0.0 4.4 3.6	29.2 0.6 1.7 2.3 37.5 7.9 3.3 25.0 4.5 15.5 4.5 2.2 12.2 3.8 4.3	28.3 0.6 1.5 2.5 35.1 8.5 2.9 24.3 3.8 14.1 4.1 2.5 9.9 4.2 4.1		30.2 0.0 33.3 6.1 40.7 48.1 15.8 23.9 30.0 28.6 0.0 44.0 33.3	35.5 21.4 25.4 5.3 52.0 61.2 57.1 56.4 27.4 33.4 40.7 21.6 23.1 42.7 27.5	19:: 25:: 50:: 57:: 49:: 26:: 34:: 35:: 26:: 34:: 22:: 41::

Other impediments to academic performance

\boldsymbol{E} . Violence, Abusive Relationships, and Personal Safety

Within the last 12 months, college students reported experiencing:

Percent (%)	Male	Female	Total
A physical fight	6.9	1.1	2.3
A physical assault (not sexual assault)	2.0	1.9	2.0
A verbal threat	14.7	10.3	11.2
Sexual touching without their consent	2.0	7.0	6.1
Sexual penetration attempt without their consent	0.0	3.6	2.9
Sexual penetration without their consent	0.0	2.7	2.3
Being a victim of stalking	1.6	4.9	4.2
A partner called me names, insulted me, or put me down to make me feel bad	8.5	11.6	11.1
A partner often insisted on knowing who I was with and where I was or tried to limit my contact with family or friends	5.2	4.3	4.6
A partner pushed, grabbed, shoved, slapped, kicked, bit, choked or hit me without my consent	4.0	2.4	2.7
A partner forced me into unwanted sexual contact by holding me down or			
hurting me in some way	1.2	1.7	1.6
A partner pressured me into unwanted sexual contact by threatening me,			
coercing me, or using alcohol or other drugs	0.4	3.9	3.2

College students reported feeling very safe:

Percent (%)	Male	Female	Total
On their campus (daytime)	83.3	73.6	75.0
On their campus (nighttime)	51.4	19.4	25.0
In the community surrounding their campus (daytime)	64.9	52.8	54.5
In the community surrounding their campus (nighttime)	38.4	13.5	18.0

Ever Used *Used in the last 3 months

Percent (%)	Male	Female	Total	Male	Female	Total
Tobacco or nicotine delivery products (cigarettes, e-						
cigarettes, Juul or other vape products, water pipe or						
hookah, chewing tobacco, cigars, etc.)	42.7	37.3	38.2	26	.2 23.8	23.9
Alcoholic beverages (beer, wine, liquor, etc.)	74.2	77.5	76.6	66	.5 70.8	69.4
Cannabis (marijuana, weed, hash, edibles, vaped						
cannabis, etc.) [Please report nonmedical use only.]	43.5	45.8	45.1	23	.4 30.4	28.8
Cocaine (coke, crack, etc.)	8.1	5.3	5.8	2	.4 1.7	1.8
Prescription stimulants (Ritalin, Concerta, Dexedrine,						
Adderall, diet pills, etc.) [Please report nonmedical						
use only.]	12.1	8.5		4		
Methamphetamine (speed, crystal meth, ice, etc.)	1.2	0.7	0.8	0	.0 0.2	0.1
Inhalants (poppers, nitrous, glue, gas, paint thinner,						
etc.)	4.4	2.2	2.7	0	.4 0.6	0.6
Sedatives or Sleeping Pills (Valium, Ativan, Xanax,						
Klonopin, Librium, Rohypnol, GHB, etc.) [Please						
report nonmedical use only.]	6.9	4.2	5.0	2	.8 1.8	2.0
Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid,						
mushrooms, PCP, Special K, etc.)	13.0	7.0	8.2	3	.2 2.0	2.3
Heroin	0.8	0.4	0.6	0	.0 0.0	0.0
Prescription opioids (morphine, codeine, fentanyl,						
oxycodone [OxyContin, Percocet], hydrocodone						
[Vicodin], methadone, buprenorphine [Suboxone],						
etc.) [Please report nonmedical use only.]	4.1	2.4	2.9	0	.4 0.5	0.4

^{*}These figures use all students in the sample as the denominator, rather than just those students who reported lifetime use.

Substance Specific Involvement Scores (SSIS) from the ASSIST

*Moderate risk use of the substance

*High risk use of the substance

Percent (%)	Male	Female	Total
Tobacco or nicotine delivery products	19.0	16.6	16.8
Alcoholic beverages	12.1	11.3	11.4
Cannabis (nonmedical use)	19.8	20.4	20.1
Cocaine	0.8	0.8	0.9
Prescription stimulants (nonmedical use)	3.2	1.6	1.9
Methamphetamine	0.4	0.2	0.2
Inhalants	0.4	0.4	0.4
Sedatives or Sleeping Pills (nonmedical use)	1.6	1.1	1.2
Hallucinogens	2.4	1.1	1.4
Heroin	0.8	0.1	0.2
Prescription opioids (nonmedical use)	0.8	0.6	0.6

Male	Female	Total
0.8	0.9	0.9
0.8	0.9	0.9
0.0	0.8	0.7
0.0	0.1	0.1
0.0	0.1	0.1
0.0	0.1	0.1
0.0	0.0	0.0
0.0	0.0	0.0
0.0	0.1	0.1
0.0	0.0	0.0
0.0	0.1	0.1

Proportion of students (overall sample) who report misusing prescription medications (taking without a prescription, or taking more medication or more often than prescribed) in the past 3 months:

Percent (%)	Male	Female	Total
Prescription stimulants	2.0	2.8	2.5
Prescription sedatives or sleeping pills	2.0	1.1	1.3
Prescription opioids	0.0	0.3	0.2

*Tobacco or nicotine delivery products used in the last 3 months

Percent (%)	Male	Female	Total
Cigarettes	8.9	5.9	6.7
E-cigarettes or other vape products (for example: Juul, etc.)	16.9	19.4	18.5
Water pipe or hookah	2.0	1.4	1.5
Chewing or smokeless tobacco	6.9	0.4	1.7
Cigars or little cigars	8.1	2.4	3.4
Other	2.0	0.1	0.4

^{*}These figures use all students in the sample as the denominator, rather than just those students who reported tobacco or nicotine delivery product use in the last 3 months.

Students in Recovery

% of college students surveyed (

3.3 % male and 1.6 % female) indicated they were in recovery

from alcohol or other drug use.

When, if ever, was the last time you:

Drank Alcohol

*Used Cannabis/Marijuana

Percent (%)	Male	Female	
Never	15.4	15.9	16.0
Within the last 2 weeks	52.2	57.8	56.5
More than 2 weeks ago but within the last 30 days	7.7	9.2	8.9
More than 30 days ago but within the last 3 months	11.3	6.8	7.5
More than 3 months ago but within the last 12 months	4.5	7.3	6.9
More than 12 months ago	8.9	3.0	4.3

Male	Female	Total
48.2	46.1	
14.6		
4.0	3.8	3.7
7.3	6.2	6.3
6.5	8.4	8.1
19.4	15.9	16.5

^{*}Students were instructed to include medical and non-medical use of cannabis.

Driving under the influence

- 10.1 % of college students reported driving after having any alcohol in the last 30 days.*
- *Only students who reported driving in the last 30 days and drinking alcohol in the last 30 days were asked this question.

30.4 % of college students reported driving within 6 hours of using cannabis/marijuana in the last 30 days.*

*Only students who reported driving in the last 30 days and using cannabis in the last 30 days were asked this question.

Estimated Blood Alcohol Concentration (or eBAC) of college students. Due to the improbability of a student surviving a drinking episode resulting in an extremely high eBAC, all students with an eBAC of 0.50 or higher are also omitted from these eBAC figures. eBAC is an estimated figure based on the reported number of drinks consumed during the last time they drank alcohol in a social setting, their approximate time of consumption, sex, weight, and the average rate of ethanol metabolism.

Only students who reported drinking alcohol within the last 3 months answered these questions.

Estimated BAC (%)	Percent	Male	Female	Total
< .08		83.0	77.1	78.5
< .10		86.9	85.1	85.6
Mean		0.04	0.05	0.05
Median		0.01	0.03	0.03
Std Dev		0.06	0.06	0.06

*Reported number of drinks consumed the last time students drank alcohol in a social setting.

Number of drinks	Percent	Male	Female	Total
4 or fewer		64.8	77.9	75.7
5		9.1	9.7	9.5
6		10.8	4.6	5.7
7 or more		15.3	7.8	9.0
Mean		4.0	3.3	3.4
Median		3.0	3.0	3.0
Std Dev		3.1	2.6	2.7

^{*}Only students who reported drinking alcohol in the last three months were asked this question.

Reported number of times college students consumed <u>five or more drinks</u> in a sitting within the last two weeks:

*Among those who reported drinking alcohol within the last two weeks

Among <u>all</u> students surveyed

Percent (%)	Male	Female	Total
Did not drink alcohol in the last two weeks (includes			
non-drinkers)	47.8	42.4	43.7
None	22.3	28.6	27.7
1-2 times	19.8	21.2	20.6
3-5 times	10.1	6.1	6.7
6 or more times	0.0	1.8	1.4

Male	Female	Total
42.6	49.7	49.2
38.0	36.7	36.5
19.4	10.5	11.8
0.0	3.1	2.5

^{*}Only students who reported drinking alcohol in the last two weeks were asked this question.

*College students who drank alcohol reported experiencing the following in the last 12 months when drinking alcohol:

Percent (%)	Male	Female	Total
Did something I later regretted	13.9	20.1	18.9
Blackout (forgot where I was or what I did for a large period of time and			
cannot remember, even when someone reminds me)	11.2	12.5	12.2
Brownout (forgot where I was or what I did for short periods of time, but			
can	12.4	24.7	22.4
remember once someone reminds me)			.
Got in trouble with the police	0.5	1.5	1.3
Got in trouble with college/university authorities	0.5	1.0	0.9
Someone had sex with me without my consent	0.5	2.2	1.8
Had sex with someone without their consent	1.1	0.1	0.3
Had unprotected sex	11.3	14.3	13.8
Physically injured myself	5.3	6.9	6.8
Physically injured another person	0.5	0.6	0.6

Seriously considered suicide	2.	7 1.7	2.0
Needed medical help	1.:	1.5	1.4
Reported one or more of the above	17.	27.	25. 3

^{*}Only students who reported drinking alcohol in the last 12 months were asked these questions.

G. Sexual Behavior

When, if ever, was the last time you had:

Oral sex

Vaginal intercourse

Percent (%)	Male	Female	
Never	26.9	26.7	
Within the last 2 weeks	29.0	38.4	
More than 2 weeks ago but within the last 30 days	6.1	8.5	8.2
More than 30 days ago but within the last 3 months	10.2	8.4	0.0
More than 3 months ago but within the last 12 months	11.4	10.1	
More than 12 months ago	16.3	7.8	9.3

Male	Female	Total
31.6	27.6	29.0
31.1	42.3	39.7
5.7	7.8	7.4
6.6	6.9	6.8
11.5	7.6	8.2
13.5	7.8	8.9

Anal intercourse

Percent (%)	Male	Female	Total
Never	75.7	79.7	79.1
Within the last 2 weeks	4.1	2.2	2.6
More than 2 weeks ago but within the last 30 days	1.2	0.9	1.0
More than 30 days ago but within the last 3 months	2.9	1.9	2.0
More than 3 months ago but within the last 12 months	2.9	3.9	3.7
More than 12 months ago	13.2	11.5	11.6

*College students who reported having oral sex, or vaginal or anal intercourse within the last 12 months reported having the following number of sexual partners:

	Percent (%)	Male	Female	Total
None		0.0	0.1	0.1
1		64.2	69.2	68.6
2		16.9	11.9	12.7
3		6.8	7.8	7.4
4 or more		12.2	10.9	11.2
Mean		2.3	1.8	1.9
Median		1.0	1.0	1.0
Std Dev		3.9	2.0	2.4

^{*}Only students who reported having oral sex, or vaginal or anal intercourse in the last 12 months were asked this question.

College students who reported having oral sex, or vaginal or anal intercourse within the last 30 days who reported using a condom or another protective barrier *most of the time* or *always:*

	Percent (%)	Male	Female	Total
Oral sex	Ī	8.1	4.2	5.0
Vaginal intercourse		36.7	39.7	39.3
Anal intercourse		38.5	33.3	33.3

*Only students who reported having oral sex, or vaginal or anal intercourse in the last 30 days were asked these questions.

College students who reported having vaginal intercourse (penis in vagina) within the last 12 months were asked if they or their partner used any method to prevent pregnancy the <u>last time</u> they had vaginal intercourse:

Percent (%)	Male	Female	Total
Yes, used a method of contraception	77.4	85.7	84.3
No, did not want to prevent pregnancy	1.5	2.3	2.2
No, did not use any method	18.0	10.9	12.1
Don't know	3.0	1.0	1.4

^{*}Only students who reported having oral sex, or vaginal or anal intercourse in the last 12 months were asked this question.

*Those students who reported using a contraceptive use the last time they had vaginal intercourse, reported they (or their partner) used the following methods:

Percent (%)	Male	Female	Total
Birth control pills (monthly or extended cycle)	54.4	56.0	55.7
Birth control shots	0.0	2.0	1.8
Birth control implants	4.9	4.9	4.8
Birth control patch	1.0	0.9	1.0
The ring	0.0	2.4	2.0
Emergency contraception ("morning after pill" or "Plan B")	1.0	3.6	3.1
Intrauterine device	11.7	11.2	11.3
Male (external) condom	55.3	46.2	47.4
Female (internal) condom	0.0	0.2	0.1
Diaphragm or cervical cap	0.0	0.2	0.1
Contraceptive sponge	0.0	0.0	0.0
Withdrawal	22.3	26.4	26.1
Fertility awareness (calendar, mucous, basal body temperature)	2.9	5.5	5.1
Sterilization (hysterectomy, tubes tied, vasectomy)	1.9	2.0	2.0
Other method	3.9	0.7	1.1
	·		
Male condom <u>use</u> plus another method	33.0	35.3	34.9
Any two or more methods (excluding male condoms)	20.4	24.5	24.0

^{*}Only students who reported they or their partner used a method the last time they had vaginal intercourse were asked these questions.

College students who reported having vaginal intercourse (penis in vagina) within the last 12 months were asked if they or their partner used emergency contraception ("morning after pill" or "Plan B") in the last 12 months:

Yes (male: 12.7 %; female: 17 %).

College students who reported having vaginal intercourse (penis in vagina) within the last 12 months were asked if they experienced an unintentional pregnancy or got someone pregnant within the last 12 months:

Yes (male: 0.7 %; female: 1.9 %).

H. Mental Health and Wellbeing

Kessler 6 (K6) Non-Specific Psychological Distress Score (Range is 0-24)

Perc	ent (%)	Male	Female	Total
No or low psychological distress (0-8)		63.1	51.2	52.9
Moderate psychological distress (9-12)		20.1	25.5	24.7
Serious psychological distress (13-24)		16.8	23.3	22.4
Mean		7.45	8.70	8.54
Median		6.00	8.00	8.00
Std Dev		5.41	5.27	5.33

UCLA Loneliness Scale (ULS3) Score (Range is 3-9)

	Percent (%)	Male	Female	Total
Negative for Ioneliness (3-5)		58.0	49.8	51.2
Positive for Ioneliness (6-9)		42.0	50.2	48.8
Mean		5.24	5.44	5.41
Median		5.00	6.00	5.00
Std Dev		1.84	1.84	1.85

Diener Flourishing Scale - Psychological Well-Being (PWB) Score (Range is 8-56)

(higher scores reflect a higher level of psychological well-being)

	Male	Female	Total
Mean	45.48	46.07	45.84
Median	48.00	48.00	48.00
Std Dev	9.12	7.94	8.27

The Connor-Davison Resilience Scale (CD-RISC2) Score (Range is 0-8)

(higher scores reflect greater resilience)

	Male	Female	Total
Mean	6.28	5.86	5.93
Median	6.00	6.00	6.00
Std Dev	1.49	1.45	1.48

Self injury

10.3 % of college students surveyed (3.6 % male and 11.6 % female) indicated they had intentionally cut, burned, bruised, or otherwise injured themselves within the last 12 months.

Within the last 12 months, have you had problems or challenges with any of the following:

Male | Female | Total Percent (%) 41.4 Academics 42.3 40.6 34.6 Career 37.9 33.5 44.9 36.8 46.5 Finances Procrastination 72.2 74.1 73.7 9.6 Faculty 13.7 10.5 Family 36.3 39.0 39.0 Intimate relationships 35.9 37.5 37.1 Roommate/housemate 20.6 23.5 23.0 Peers 19.0 23.3 22.4 Personal appearance 35.1 54.8 51.2 Health of someone close to me 31. 36.1 35.4 Death of a family member, friend, or someone 22.6 25.9 25.5 close to me Bullying 3.2 6.2 5.7 Cyberbullying 1.2 4.0 3.6 Hazing Mi Se Dis

^{*}Only students who reported a problem or challenge in the last 12 months were asked about level of distress.

licroaggression	9.7	12.8	13.0	
exual Harassment	2.8	12.0	10.3	
iscrimination	6.0	8.2	7.9	1

*Of those reporting this
issue, it caused
moderate or high
distress

Male	Female	Total
84.8	87.8	87.5
78.5	75.2	75.6
73.6	78.8	78.0
57.3	66.1	64.7
47.1	54.4	51.7
53.9	68.7	66.5
65.2	63.4	63.7
45.1	54.5	53.7
46.8	45.2	45.2
52.9	66.1	64.5
57.1	69.8	68.5
76.8	77.6	77.8
50.0	49.3	50.0
100.0	42.9	47.9
100.0	50.0	75.0
50.0	42.3	44.1
57.1	49.2	51.4
80.0	68.2	67.9

Students reporting none of the above	12.1	8.8	9.5
Students reporting only one of the above	9.3	8.0	8.2
Students reporting 2 of the above	12.5	10.8	10.7
Students reporting 3 or more of the above	66.1	72.4	71.7

Suicide Behavior Questionnaire-Revised (SBQR) Screening Score (Range is 3-18)

	Percent (%)	Male	Female	Total
Negative suicidal screening (3-6)		73.7	75.7	74.7
Positive suicidal screening (7-18)		26.3	24.3	25.3
Mean		5.12	5.06	5.13
Median		3.00	3.00	3.00
Std Dev		2.99	2.99	3.04

Suicide attempt

2.5 % of college students surveyed (3.3 % male and had attempted suicide within the last 12 months. 2.3 % female) indicated they

Within the last 12 months, how would you rate the overall level of stress experienced:

Perce	nt (%)	Male	Female	Total
No stress		0.8	0.9	0.9
Low		29.8	13.8	16.5
Moderate		48.0	52.6	51.7
High		21.4	32.7	30.8

I. Acute Conditions

College students reported being diagnosed by a healthcare professional within the last 12 months with:

Percent (%)	Male	Female	Total
Bronchitis	3.2	3.8	3.6
Chlamydia	2.0	1.5	1.5
Chicken Pox (Varicella)	0.8	0.1	0.3
Cold/virus or other respiratory illness (for			
example: sinus infection, ear infection, strep			
throat, tonsillitis, pharyngitis, or laryngitis)	26.7	38.1	35.9
Concussion	3.2	4.3	4.2
Gonorrhea	0.4	0.1	0.1
Flu (influenza) or flu-like illness	6.1	8.2	8.0
Mumps	0.4	0.3	0.3
Mononucleosis (mono)	1.6	2.4	2.3
Orthopedic injury (for example: broken bone,			
fracture,	8.5	10.7	10.2
sprain, bursitis, tendinitis, or ligament injury)			
Pelvic Inflammatory Disease	0.0	0.4	0.3
Pneumonia	2.0	1.6	1.8
Shingles	0.4	0.6	0.5
Stomach or GI virus or bug, food poisoning or	6.9	12.3	11.2
gastritis			
Urinary tract infection	1.2	16.2	13.6

J. Ongoing or Chronic Conditions

The questions for the *ongoing* or *chronic* conditions are presented differently in this report than the order they appear in the survey. In the survey, all items appear in a single list, ordered alphabetically. In this report, the conditions are presented in groups to ease burden on the reader. The findings are divided into mental health conditions, STIs and other chronic infections, and other ongoing or chronic conditions in this report.

College students reported <u>ever</u> being diagnosed with the following:

Mental

Health

*Of those ever diagnosed, those reporting contact with healthcare or MH professional within last 12 months

Percent (%)	Male	Female	Total	M	ale	Female	Total
ADD/ADHD - Attention Deficit/Hyperactivity							
Disorder	16.8	9.4	10.9		37.1	59.1	53.7
Alcohol or Other Drug-Related Abuse or Addiction	4.1	1.4	2.1		40.0	33.3	34.5
Anxiety (for example: Generalized Anxiety, Social							
Anxiety, Panic Disorder, Specific Phobia)	26.1	39.4	37.6		63.5	71.7	71.0
Autism Spectrum	4.9	0.8	1.6		60.0	44.4	55.0
Bipolar and Related Conditions (for example: Bipolar							
I, II, Hypomanic Episode)	4.0	2.6	3.1		60.0	67.9	62.8
Borderline Personality Disorder (BPD), Avoidant							
Personality, Dependent Personality, or another							
personality disorder	1.2	0.9	1.1		0.0	40.0	40.0
Depression (for example: Major depression, persistent							
depressive disorder, disruptive mood disorder)	22.3	27.0	26.7		61.8	70.9	70.0
Eating Disorders (for example: Anorexia Nervosa,							
Bulimia Nervosa, Binge-Eating)	1.6	7.6	6.7		25.0	46.3	44.0
Gambling Disorder	0.4	0.0	0.1		0.0	0.0	0.0
Insomnia	6.9	5.9	6.5		81.3	49.2	54.0
Obsessive-Compulsive and Related Conditions (for							
example: OCD, Body Dysmorphia, Hoarding,							
Trichotillomania and other body-focused repetitive							
behavior disorders)	6.9	8.2	8.2		52.9	62.5	61.6
PTSD (Posttraumatic Stress Disorder), Acute Stress							
Disorder, Adjustment Disorder, or another trauma- or							
stressor- related condition	9.7	7.4	8.2		43.5	65.0	58.6
Schizophrenia and Other Psychotic Conditions (for							
example: Schizophrenia, Schizoaffective Disorder,							
Schizophreniform Disorder, Delusional Disorder)	0.8	0.7	0.7		0.0	28.6	30.0
Tourette's or other neurodevelopmental condition not							
already listed	1.6	0.6	0.8		0.0	33.3	27.3
Traumatic brain injury (TBI)	2.4	1.6	1.8		33.3	41.2	37.5

^{*}Only students who reported ever being diagnosed were asked about contact with a healthcare or mental health professional within the last 12 months.

Percent (%)	Male	Female	Total
Students reporting none of the above	55.5	50.7	51.0

Students reporting only one of the above	19.0	18.0	18.1
Students reporting both Depression and Anxiety	16.6	23.8	22.9
Students reporting any two or more of the above			
(excluding the combination of Depression and Anxiety)	8.9	7.5	8.0

STI's/Other chronic infections

College students reported <u>ever</u> being diagnosed with the following: *Of those ever diagnosed, had contact with healthcare or MH professional within last 12 months

Percent (%)	Male	Female	Total
Genital herpes	0.4	1.1	1.0
Hepatitis B or C	1.2	0.1	0.4
HIV or AIDS	0.0	0.0	0.0
Human papillomavirus (HPV) or genital warts	0.4	1.9	1.6

Male	Female	Total
100.0	41.7	46.2
0.0	100.0	20.0
0.0	0.0	0.0
100.0	55.0	54.5

^{*}Only students who reported ever being diagnosed were asked about contact with a healthcare or mental health professional within the last 12 months.

Other Chronic /Ongoing Medical Conditions

College students reported <u>ever</u> being diagnosed with the following:

*Of those ever diagnosed, had contact with healthcare or MH professional within last 12 months

Percent (%)	Male	Female	Total	Male	Female	Total
Acne	26.8	33.0	31.6	31.8	43.8	41.4
Allergies - food allergy	6.5	14.0	12.5	50.0	32.4	34.9
Allergies - animals/pets	11.4	15.3	14.7	22.2	27.2	27.4
Allergies - environmental (for example: pollen, grass,						
dust, mold)	35.1	37.7	37.2	22.6	31.9	30.3
Asthma	22.6	20.0	20.1	29.1	37.3	35.8
Cancer	1.2	1.5	1.4	66.7	62.5	63.2
Celiac disease	0.0	1.3	1.0	0.0	35.7	35.7
Chronic pain (for example: back or joint pain, arthritis,						
nerve pain)	10.2	8.3	8.8	72.0	66.3	68.3
Diabetes or pre-diabetes/insulin resistance	2.1	1.7	1.9	60.0	61.1	61.5
Endometriosis	0.0	2.0	1.6	0.0	59.1	59.1
Gastroesophageal Reflux Disease (GERD) or acid						
reflux	4.1	9.3	8.4	50.0	48.0	47.4
Heart & vascular disorders (for example: atrial						
fibrillation or other cardiac arrhythmia, mitral valve						
prolapse or other valvular heart disease, congenital						
heart condition)	2.4	2.0	2.0	66.7	42.9	46.4
High blood pressure (hypertension)	4.0	2.3	2.6	60.0	44.0	50.0
High cholesterol (hyperlipidemia)	6.1	3.8	4.2	66.7	48.8	54.4
Irritable bowel syndrome (spastic colon or spastic						
bowel)	2.4	9.2	8.1	50.0	62.2	61.5
Migraine headaches	6.9	16.6	15.3	52.9	42.9	45.9
Polycystic Ovarian Syndrome (PCOS)	0.4	4.2	3.7	100.0	64.4	68.0
Sleep Apnea	2.4	1.9	2.0	83.3	45.0	51.9
Thyroid condition or disorder	2.4	4.6	4.2	66.7	77.1	76.8
Urinary system disorder (for example: bladder or						
kidney disease, urinary reflux, interstitial cystitis)	0.8	2.1	1.8	100.0	40.9	45.8

^{*}Only students who reported ever being diagnosed were asked about contact with a healthcare or mental health professional within the last 12 months.

Students who reported being diagnosed with diabetes or pre-diabetes/insulin resistance, indicated they had:

Percent (%)	Male	Female	Total
Type I Diabetes	40.0	38.9	34.6
Type II Diabetes	50.0	29.4	33.3
Pre-diabetes or insulin resistance	50.0	35.3	41.7
Gestational Diabetes	25.0	5.9	8.3

K. Sleep

Reported amount of time to usually fall asleep at night (sleep onset latency):

Percent (%)	Male	Female	Total
Less than 15 minutes	42.3	38.4	38.4
16 to 30 minutes	27.0	26.5	26.6
31 minutes or more	30.6	35.1	35.0

Over the last 2 weeks, students reported the following average amount of sleep (excluding naps):

Percent (5	6) Male	Female	Total
Less than 7 hours	37.5	36.7	37.1
7 to 9 hours	60.5	60.6	60.4
10 or more hours	2.0	2.7	2.5

On weeknights

Male	Female	Total
29.4	25.0	25.9
60.9	66.0	65.2
9.7	9.0	8.9

On weekend nights

Students reported the following on 3 or more of the last 7 days:

Felt tired or sleepy during the day Got enough sleep so that they felt rested

Percent (%)	Male	Female	Total
0 days	8.5	4.5	5.3
1-2 days	34.6	18.7	21.6
3-5 days	34.6	40.7	39.6
6-7 days	22.4	36.1	33.6

Male	Female	Total
16.1	21.0	20.4
31.5	37.9	36.3
35.1	30.6	31.4
17.3	10.5	11.9

Demographics and Sample Characteristics

■ Age		■ Students describe themselves as	
18 - 20 years:	45.7	Straight/Heterosexual:	79.1 %
10 - 20 years.	%	Straight/Heterosexual.	73.1 70
21 - 24 years:	34.5 %	Asexual:	0.3 %
25 - 29 years:	9.5 %	Bisexual:	10.5 %
30+ years:	10.3	Gay:	1.2 %
Mean age: 23.1 years	%	Lesbian:	2.2 %
Median age: 21.0 years		Pansexual:	2.3 %
		Queer:	1.1 %
Gender*		Questioning:	2.4 %
Female:	78.3	Identity not listed above:	0.9 %
Male:	% 18.0		
iviale.	18.0 %		
Non-binary:	3.1 %		
* See note on page 2 regarding (categories	gender		
Student status		Housing	
1st year undergraduate:	18.2 %	Campus or university housing:	4.9 %
2nd year undergraduate:	16.2	Fraternity or sorority residence:	0.9 %
3rd year undergraduate:	20.3 %	Parent/guardian/other family:	52.7 %
4th year undergraduate:	19.3	Off-campus:	38.0 %
5th year or more undergraduate	, -	Temporary or "couch surfing":	0.8 %
Master's (MA, MS, MFA, MBA, e ■	tc.): 15.6 %	Don't have a place to live:	0.0 %
Doctorate (PhD, EdD, MD, JD, et	•	Other:	2.7 %
Not seeking a degree:	0.4 %		
Other:	1.9 %		
Full Manager and Control	07.4	Students describe themselves as	400
Full-time student:	87.1 %	American Indian or Native Alaskan	1.9 %
Part-time student:	12.4	Asian or Asian American	4.9 %
Other student:	0.5 %	Black or African American	9.0 %
		Hispanic or Latino/a/x	4.7 %
		Middle Eastern/North African (MENA)	
Visa to work or study in the U	S: 5.6 %	or Arab Origin: Native Hawaiian or Other	0.7 %
Relationship status		Pacific Islander Native:	0.4 %
Not in a relationship:	47.6	White:	81.7 %
In a valationabia but a at	% 42.7	Discould on Marshimonials	200
In a relationship but not married/partnered:	43.7 %	Biracial or Multiracial:	2.9 %
Married/partnered:	8.7 %	Identity not listed above:	1.3 %
Primary Source of Hea	lth	If Hispanic or Latino/a/x, are you	
Insurar	0.60/	Mexican, Mexican American, Chicano:	26.2 %
College/university sponsored SI			

plan:

Parent or guardian's plan:	71.6	Puerto Rican:	35.4 %
Employer (mine or my spouse/partners):	% 10.6	Cuban:	9.2 %
Employer (mine or my spouse/partners):	10.6 %	Cuban.	9.2 %
Medicaid, Medicare, SCHIP, or VA:	9.1 %	Another Hispanic, Latino/a/x, or	
Bought a plan on my own:	3.4 %	Spanish Origin:	35.4 %
Don't have health insurance:	2.8 %		
Don't know if I have health insurance:	0.3 %	If Asian or Asian American, are you	
Have insurance, but don't know source:	1.7 %	East Asian:	45.6 %
		Southeast Asian:	17.6 %
Student Veteran:	1.2 %	South Asian:	35.3 %
		Other Asian:	2.9 %
Parent or primary responsibility for someone			
else's child/children under 18 years old:	5.5 %		
	0.0 /0		
First generation students	38.8	% ■ Participated in organized college	
(Proportion of students for whom no		athletics:	5.8 %
		Varsity:	4.4.0/
parent/guardian have completed a		Club sports:	4.4 %
bachelor's degree)		Intramurals:	6.9 %
Do you have any of the		Member of a <u>social</u> fraternity or s	
following?		Greek member:	8.9 %
Attention Deficit/Hyperactivity Disorder			
(ADD or ADHD):	11.4	%	
Autism Spectrum Disorder:	1.5	%	
Deaf/Hearing loss:	1.6	%	
Learning disability:	4.1	%	
Mobility/Dexterity disability:	1.0	%	
Blind/low vision:	3.3	%	
Speech or language disorder:	1.0	%	

Appendix E: Residence Life & Housing Community Living Standards



Residence Life and Housing | West Chester University | 202 Lawrence Center West Chester, PA 19383 | 610-436-3307 | fax: 610-430-5945 | www.wcupa.edu

COMMUNITY LIVING STANDARDS (FORMALLY KNOWN AS RESIDENTIAL LIVING POLICY AND PROCEDURE MANUAL)

Residence Life and Housing provides an environment of learning which fosters ongoing holistic development for all community members by creating and sustaining inclusive communities rooted in ethical decision making and intentional and supportive connections.

All West Chester University resident students are expected to know, abide, and uphold the Student Code of Conduct, all policies stated in this Manual, and the Rams Eye View. These policies apply to students living in both traditional and affiliated housing unless expressly stated otherwise.

Please note: Every effort has been made to verify the information's accuracy, and there are links throughout this document to assist you. The University reserves the right to make changes to the information in the Manual as it deems necessary. Residents will be informed via their university assigned email when changes occur.

STUDENT OCCUPANCY AGREEMENT

As a resident student in University Housing you are required to sign a Student Occupancy Agreement or Lease agreement before checking into your building.

These agreements are legally binding documents and should be treated the same way as a lease at an off-campus location.

Please become familiar with the stipulations included in the agreement since you will be held to all its terms for the duration of your occupancy. If you have any questions about the Occupancy Agreement, please direct them to the Residence Life and Housing Office.

For students living in Affiliated Housing, please refer to your housing agreement for terms and conditions of occupancy. If you require further clarifications, contact the Leasing office located in Commonwealth Hall.

ASSIGNMENTS

A. North Campus Residence Hall Assignments. Accommodations are assigned to the Resident for the academic year, and the assignment is not transferable by the Resident. Please see the Room Assignment Policy for all specifics, and restrictions. All rooms in Killinger and Schmidt will be double occupancy, except when it may become necessary to employ extended housing temporarily, which could last up to the entire Fall semester or longer (for assignments that start in the Fall) or the entire Spring semester (for assignments that start in the Spring). This extended housing may take the form of a triple (three residents in a room designed for two) or converted study lounge accommodation. Rooms used for extended housing may not have a bureau, desk, or wardrobe for each student due to space limitations. Additional information on extended housing will be provided with the assignment e-mail.

- B. South Campus Apartment / College Arms Apartment Assignments. Accommodation is assigned for the academic year, and the assignment is not transferable by the resident. Assignments will be made to a specific bedroom within an apartment, with either single or double occupancy. Each student will be supplied with a bed, desk, bureau, and closet space or a wardrobe within the bedroom. The living room and kitchen areas will also be supplied with appropriate furnishings and appliances.
- C. Residence Hall Fees. Considering this assignment, the resident agrees to pay the University the sum specified each semester by the University. Specifically, these fees are for room and a mandatory meal plan.
- D. Apartment Fees. Considering this assignment, the resident agrees to pay the University the sum specified each semester by the University. Specifically, these fees are for individual occupancy within a student apartment. Fees for a single-occupancy bedroom will be higher than those for a double occupancy bedroom. Meal plans are not mandatory for Residents living in the apartments. Meal plans are also available to students at an additional fee as posted by the University each semester.
- E. **Meal Plan Requirement.** All North Campus_residence hall students must be on an approved University Meal Plan. Please see Dining Policy for full details and restrictions.
- F. Room Changes. During the Fall semester, the Resident may request an assignment change after the first two weeks of the semester. If the Resident requests an assignment change for the Spring semester, they will be required to completely move out of their fall assignment at the end of the semester. Reassignment will be contingent on the availability of space. Emergency exceptions can be made after a thorough examination of the circumstances. Please make an appointment with the Residence Life and Housing Staff to discuss your circumstances.
- G. Unauthorized Room Changes. All room changes need to follow the proper procedure and must be conducted during the room change period at the beginning of each semester or between semesters. Any student who changes rooms or apartments without first obtaining the written approval of the Residence Life and Housing Staff member (professional) will immediately be moved back into the originally assigned room or apartment and may be subject to disciplinary action.

- H. Residence Hall and Apartment requested assignment change for the spring semester. When residents request a new assignment for the spring semester, the Resident must move all personal belongings out of the current assignment 24 hours after their last final. Housing will provide no storage. The Resident will be permitted to move into the new spring assignment during the designated mid-year move-in days.
- Residents not registered for classes. When residents are not registered for classes.
 Housing will terminate the housing contract and residents will have 24 hours to move out
 of the residence hall or apartment.
- J. **Academically dismissed residents.** When residents are academically dismissed and their appeal is unsuccessful, they will have 24 hours to move out of their assignment.
- K. Graduating Seniors and All Residents. Residents who are graduating seniors are required to check out of their room or apartment no later than two hours after the Commencement Ceremonies' conclusion. All residence hall rooms and apartments are checked bi-monthly, at break and semester closing to ensure that health and safety regulations are followed.
- Consolidation Policy. The University has developed the following policy regarding room consolidation.
 - a. The University reserves the right to consolidate two students occupying standard double rooms privately or residents of two partially occupied apartments.
 - b. The University reserves the right to consolidate two students who sign up individually for a double room on the same floor or in the same residence hall during the Room Selection process.
 - c. A student who is required to consolidate will need to do either of the following:
 - a. Have another student in a similar situation move into the unoccupied or unassigned space in their room or apartment
 - b. Move into an unoccupied or unassigned space in another student's room or apartment.
 - d. Consolidation information will be provided to those students affected during the Fall semester. Failure to follow appropriate procedures will result in financial charges, administrative action, or both.

EXTENDED HOUSING

To accommodate as many students as possible in University housing, Residence Life and Housing eserves the right to place students in triple rooms (a designed double room with three students) or study lounge rooms. Historically, there are always students who do not notify the University that they will not be attending. If the University waits to confirm these spaces before housing is offered to students requesting to live on campus, many students will have to

make other living arrangements.

- A. The University believes that the benefits of living on campus (closeness to classes and services, the opportunity to meet other students, and the opportunity to get involved in campus activities) outweigh the temporary inconvenience of living in extended housing. The University is committed to moving students out of extended housing situations as soon as spaces become available.
- B. Students living in a mandated triple housing situation will receive a reimbursement of one-third of the room rate every week that they live in triple housing. This reimbursement will be posted to a student's account after being accommodated in a permanent room assignment. The one-third reimbursement does not apply to TRIO rooms.
- C. The University provides staff and services to support students living in extended housing. All students residing in mandated triples and study lounges will be contacted by a Residence Life and Housing member within the first week of the semester and will attend a meeting by the end of the second week of the semester. This meeting will outline the process and timeline for moving students into a permanent room assignment. The Resident Assistant on the floor is also available to answer questions and address concerns that may arise.

OPENING AND CLOSING NORTH CAMPUS RESIDENCE HALLS

- A. Fall and Spring Semester Opening. The halls will open before the first day of classes. New students will receive information about their specific check-in a week before the start of each semester. Returning students on North Campus and South Campus may check-in either of the two days before classes resumes in the Fall and Spring semesters.
- B. University Breaks. You are required to properly check out of your room at the mandated times published in your residential area. Limited space is available for North Campus residents to stay in a designated residence hall (usually Schmidt Hall) during University break periods. There is a fee for approved break housing students and these students should refer to Dining Services' Website for the shortened dining schedule.
- C. Fall and Spring Semester Closing. You are required to properly check out of your room no more than 24 hours after your last final examination. You must adhere to the checkout instructions posted throughout your residential area.
- D. South Campus Apartment Complex. The apartments will open prior to the first day of classes per the schedule provided with the summer assignment mailing. Apartment residents are eligible for housing during the winter break only if they have registered for a minimum of 12 credits for the spring semester. Check out is to occur no later than 24 hours after your last final or at the designated closing time.

AFFILIATED HOUSING

Please refer to your housing agreement for specific information about checking in and out of these facilities.

CONDITION OF PREMISES / OTHER ITEMS:

- A. Initial/Final Inspections. Before occupancy, Residence Life and Housing staff members will inspect rooms/apartments/shared areas and inventory the contents. Each Resident will have the opportunity to complete a Room Condition Verification Form when they move in. All residents of an apartment will validate and sign the inventory for the shared areas of the apartment. This form must be validated and returned to a staff member within 24 hours of receipt. When the Resident vacates the room/apartment/shared area, a final inventory will be taken and reviewed by the appropriate Residence Life and Housing staff. It is the residents' responsibility to arrange for a proper check-out. Students will be charged for lost University property, pro-rated damages, lost keys, excessive cleaning costs, and all repairs. The Resident will be billed for all the damage in the residents' room or apartment/suite during occupancy. Therefore, the Resident must complete all forms accurately to avoid erroneous billing.
- B. **As-is Condition.** Except for the conditions identified in the Report, the Resident accepts the Premises and all the Housing Fixtures in their "AS-IS" condition when moving in. "AS-IS" means the Resident receives them in the condition they are in and that Housing will not have any obligation to perform any repairs or alterations.
- C. **Damage to Premises and Common Areas.** The Resident is responsible for damage caused by the Resident or Resident's guests, except for reasonable wear and tear.
 - a. The Resident must pay Residence Life and Housing for the cost to repair any loss or damage to the Premises during the Term or those discovered during the final inspection.
 - b. The Resident must also pay Residence Life and Housing to repair any loss or damage to the Common Areas caused by Resident or Resident's guests, which shall include Common Area amenities, building- wide shared living spaces, and other parts of the Facility.
 - c. The Resident may occupy the premises with other Residents. If the premises are damaged, and Residence Life and Housing cannot reasonably determine who caused the damage; the Resident will be responsible for paying Residence Life and Housing a proportionate share of the cost to repair any loss or damage to the premises during the Term or existing on the Term Ending Date.
 - d. The Resident share will be determined by the total number of Residents in the apartment or Premises.
 - e. All of Resident's payments for repair and damages under this Section are due immediately when requested by Residence Life and Housing.

Residence Life and Housing's "costs of repair" in this Section will include actual out-of-pocket expenses, plus overhead costs of 15%.

- D. Resident's Responsibility to Maintain Premises. Resident must keep assigned space in good, clean, and sanitary condition throughout the Term.
 - a. The Resident shall not make alterations or additions to the Unit.
 - b. The Resident shall not stop, plug or clog (for a limited time) any sinks, lavatories, commodes in the Apartment, community bathrooms, or gender-inclusive bathrooms.
 - c. The Resident shall immediately report damage or the need to repair the Premises to

- Residence Life and Housing and file a report using the process indicated in the Manual.
- d. Residence Life and Housing will provide routine maintenance and repair of the Unit without additional charge to Resident, except that there will be charges for repairs made necessary by the wrongful act or misuse of the Premises by Resident or Resident's guests.
- Extermination Process. Extermination, Bed Bugs, Fleas, and Other Pests. Resident must inspect the Unit for bed bugs, fleas, and other pests, within 48 hours after moving in. If Resident does not notify Residence Life and Housing of bed bugs within 48 hours, then Resident agrees that no presence or infestation of bed bugs exists upon move in. Future identification of pest infestation will be at the University direction with their contracted agent and at the resident's expense.
- F. Termination of Resident Responsibilities Under this Agreement. The Resident will remain responsible for the Premises until all keys for the Premises are returned. A final inspection of the Unit will be completed by a Residence Life and Housing representative and a member of facilities. Cleaning and damages will be assessed and billed to the appropriate Residents as necessary.
- G. Agreement Release Request. Upon request by the Resident needing to be released from the residence hall or apartment living, Residence Life and Housing will release the Resident and remove the meal plan if applicable. Acceptable reasons include: student teaching or internship assignment and living arrangements outside the county; extenuating medical reasons; marriage; or death in the immediate family). In all such cases, a "Student Occupancy Agreement Release Request" must be submitted to the Associate Director of Housing. Requests for a full release must be made before the beginning of the semester. Any request granted after the start of the semester will be refunded on a pro-rated basis.
- H. Termination of Agreement. Upon the termination or release of this Agreement, as hereinbefore provided, the Resident shall promptly vacate the premises within 24 hours, leaving the premises in a condition of good order and repair at such time.
- I. Withdrawal from the University. In the event of a university departure, a proper residence hall or apartment checkout must occur to receive a prorated refund of housing and applicable meal charges. Failure to complete an appropriate checkout will result in the student remaining responsible for all applicable charges. There is no refund or credit for the housing fee upon unapproved withdrawal from the University. Furthermore, appropriate fees will be charged to those who check out improperly.
- J. Removal from Housing for Disciplinary Reasons. Any student removed from housing for disciplinary reasons will receive no rebate on housing fees. If applicable, meal plans are canceled, and the remaining cost of a meal plan, subject to remaining balance is credited. Meal plans may be continued by contacting the Residence Life and Housing Staff.
- K. Damage Liability. The resident is encouraged to carry personal property insurance or renter's insurance. The University shall assume no responsibility for the theft, destruction, loss of money, valuables, other personal property belonging to, or in the custody of, a resident for any cause whatsoever whether such losses occur in the Resident's room, apartment, shared areas in the apartment, public spaces, elsewhere in the residence hall or apartment complex.

CHECK-OUT PROCEDURES

The Resident will remain responsible for the Premises until all keys for the Premises are returned. A final inspection of the Unit will be completed by a Residence Life and Housing representative and a member of facilities. Cleaning and damages will be assessed and billed to the appropriate students as necessary.

The Resident must:

- a. Remove all personal property from the Unit.
- b. Remove all trash and debris from the Unit.
- c. Leave the Premises in the same condition as when the Agreement began, other than normal wear and tear.
- d. Leave the Premises in a "broom-clean" condition.
- e. Lock and fasten all doors and windows to the Unit.
- f. Return all keys to the Premises to Residence Life and Housing.
- g. Pay any costs of repair determined by the final inspection.
- h. All keys issued at the time of move-in must be returned to the front desk or in the" EXPRESS CHECK-OUT" envelope at the move-out time. If the keys issued are not returned, a lock change will be assessed at the Resident's expense.
- The Resident must adhere to these procedures to correctly check out of your room or apartment. Failure to do so may result in additional charges.

<u>Abandoned Property.</u> Any of the Resident's personal property remaining in the Unit at the end of the Term will be treated as intentionally abandoned by the Resident. Residence Life and Housing may dispose of that property as Residence Life and Housing chooses. The Resident will be responsible for any cost of storage or disposal.

Residents of Allegheny, Brandywine, Commonwealth, and University Halls and The Village and East Village apartment communities can request an inspection with the University Student Housing staff at check-out; these inspections will be conducted **upon request only.**

BUILDING ENTRANCE POLICY

In all residential areas, students will need their Ram E-Card always (24 hours a day, 7 days a week) to gain entry to the building through the card access system. The Ram E Card should be swiped through the reader located at the main entrances and the door will release to give the resident access. People unknown to the resident should not be allowed entry to the building. Should you choose to bring a guest into your residence hall, you assume responsibility for their actions as outlined in the Guest Policy below and in the Student Code of Conduct.

You must use your Ram E-Card to enter the building always. Do not use fire doors except in the case of emergency; exiting through a fire door will result in disciplinary action, except in cases of emergency. After 7:45PM until 7:45AM every day, the back doors of all residence halls are locked, and you may only enter through the front door of the building.

UNIVERSITY GUEST POLICY

The University's Guest Policy is designed to maintain security in residence halls and apartments. A guest is defined as anyone who is not assigned to a residential unit. A unit is defined as a, room, suite or apartment as leased by the resident. Guests are allowed in residence halls, rooms, suites, and apartments only with prior consent from roommates/apartment- mates/suitemates. The rights of the roommates/apartment-mates/suitemates take precedence in issues involving a guest. Please see policy for restrictions.

- A. Guests are allowed in residence halls, rooms, suites, and apartments only with prior consent from roommates/apartment-mates/suitemates. The rights of the roommates/apartment-mates/suitemates take precedence in issues involving a guest.
- B. All guests entering a residence hall must possess and display one of the following forms of photo identification listed below. Any guest not physically having the proper (valid, unexpired) form of identification will not be permitted access. NOexception. Acceptable photo identification forms are limited to:
 - a. Valid government-issued identification cards such as driver's license, military ID, state ID, or passport.
 - b. West Chester University Ram-E card.
- C. The Department of Public Safety reserves the right to deny access to any person if it is reasonably determined that such a person does not have valid identification and presents a threat to other residents' peace, safety, and welfare.
- D. Guests are permitted to stay overnight with prior consent from a roommate(s)/apartment-mates/ suitemate. Guests can stay in University housing for a period of two nights within seven days. The 7-day period begins when a guest stays overnight. A resident student may not have a long-term guest (squatter). A squatter is a person who occupies a residential space without payment of rent. The host will be responsible for repayment.
- E. Short-term guests (including families) are permitted to visit between the hours from 12:00 pm-12:00 am, with prior consent from a roommate(s)/apartment mates/ suitemate. Visitors under 18 (minors) are not permitted to stay overnight in any residential facility. Minors must be accompanied always by a parent or guardian or given express written permission by the Vice President of Student Affairs or designee to be a resident's guest in the residential facility.
- F. An overnight guest is any person remaining in a room/suite/apartment where they do not reside between 12:00 am-12:00 pm.

- G. A guest who enters any residence hall will be required to sign in and be in the presence of the host always. When the guest leaves, the host needs to accompany the guest to sign out the building's guest. Failure to adhere to sign-in/sign-out policies will result in the loss of guest privileges. A guest may not be left in a room/suite/apartment/facility while the host attends class, work, or other activities.
- H. Violations of this Guest Policy will be referred to the Office of Student Conduct.
- l. Residents are not permitted to sign in guests for other residents.
- J. Each residential unit has a maximum capacity. Residents are required to manage the unit occupancy limit with their roommates. Each resident is limited to two guests at a time not to exceed the maximum capacity for the unit. A double room (two residents) can have a maximum of four people, a triple unit can have 6 people and a unit occupied by 4 or more have a maximum capacity of 8.
- K. This guest policy applies to single, double, and triple occupancy units in all residential facilities including University Student Housing.
- L. The Resident is responsible for ensuring their guest follows all residential and University rules and regulations, including but not limited to: pets (except trained service animals as defined by the Americans with Disabilities Act, or other pre-approved support animals), firearms, explosives, dangerous or hazardous substances, or illegal drugs.

BUNK BEDS, BED RISERS AND LOFTS

All beds in the traditional halls can be bunked. Should you decide to bunk your beds, you must submit a work order for the University Moving Services to bunk your beds for you. Please see the section below – "Work Orders" – for instructions on how to submit a work order. **No homemade lofts are permitted in any housing facility.** The university provides lofts in designed TRIO rooms.

Students are permitted to use bed risers that meet the following criteria:

- a. The material must be plastic and have a shape such that the bed posts fit fully within the risers and cannot slip off.
- b. Can raise beds no more than 8"
- c. Dimensions are 6.5"x6"
- d. Hold weight of 440 lbs. or greater.
- e. All four posts must be in the same type of riser.
- No homemade or wooden risers are permitted.

All residents in the designed TRIO rooms were provided the opportunity to select to have their beds lofted or not. At any time during the year, should the resident decide otherwise the must place a work order and the cost of \$100 will be assessed to the students account to have the bed lofted or delofted.

HOW TO SUBMIT A WORK ORDER

Work orders can be submitted for a variety of reasons including, but not limited to: leaks,

furniture issues (ex. Dresser drawer sticking, closet door will not close), bug infestation, bunking beds, lofting and delofting beds. Please expect for the work to take about a week once the resident submits the work order. Residence Life Staff cannot submit a work order for you because the resident's submission of a work order is consent for Maintenance/Custodial staff to enter the residents space. Follow the instructions below to submit a work order.

- a) Click on the link workorder.wcupa.edu (keep in mind, the work order system works best when using Internet Explorer. Avoid Safari, Google Chrome, and attempt to place work orders while using your mobile phone). Each hall has its Username and password, provided during check-in.
- b) Select "Students"
- c) You will be prompted to enter a Username and Password. Please use the below username and password combination that aligns with your residential area:

BUILDING/AREA	USER ID	PASSWORD
College Arms Apartments	COLARMS	ram199
Goshen Hall	GOSHEN	ram104
Killinger Hall	KILLINGER	ram103
South Campus Apartments	SCAMPUS	ram167
Schmidt Hall	SCHMIDT	ram134
Tyson Hall	TYSON	ram105

- d) Select the types of request from the menu on the left side of the screen (Work Request or Move Request).
- e) Select the building from the drop-down menu.
- f) Complete the entire request using complete sentences.
- g) Do not forget to include name, phone number, and email so that updates can be communicated.
- h) Hit SUBMIT WHEN COMPLETED
- i) Work Control is open from 8:00 a.m. to 4:30 p.m. Work orders submitted after 4:30 p.m. will be processed the following workday.
- j) Please cooperate with all facility staff and move personal items when requested to do so.
- k) During a daytime emergency call (610-436-2444) and follow up with a work order. An emergency is: Loss of heat, Broken window glass, door, latch or lock, frozen pipe, pooling water leak, Loss of power, toilet clog/overflow, or Loss of hot water. If there is a maintenance emergency after 4:30 p.m. or on the weekends, please contact Public Safety (610-436-3311).
- 1) Extermination issues should be reported under the Custodial drop-down menu.
- m) STUDENTS MUST PLACE THEIR WORK ORDERS
- n) If you have any questions or concerns, contact Residence Life and Housing at 610-436-3307 or Work Control (610-436-2444)

HOW TO SUBMIT A USH MAINTENCE REQUEST - RESIDENT PORTAL

There are two ways in which a maintenance request is submitted. Residents should submit maintenance requests for their unit in the Resident Portal. Staff submit maintenance requests in StarRez Web. These instructions review how residents submit requests via the Resident Portal.

- a. Residents should be directed to log into the Resident Portal.
- b. This is the same portal used to apply for housing, make a payment, and other USH resources. Residents should have the link, but if they do not they can also go to https://ushcommunities.starrezhousing.com/StarRezPortal
- c. Select Resident Portal from the top menu bar.
- d. After logging in, select Resident Resources from the purple menu bar.
- e. Select Submit Maintenance Request from the drop-down menu in the Resident Resources section and then Save & Continue.
- f. If the resident has any other open requests, those will show here. They can review requests that they have individually submitted by selecting My Jobs from the drop-down menu. They can also view requests submitted for shared spaces, such as a living room, by selecting "Shared Jobs" from the drop-down menu. To submit a new request, select Submit New Maintenance Request button.
- g. Residents can submit requests for their bed space or for shared spaces within their unit, where applicable. Only spaces connected with the assigned bed space will show as options to select.
- h. Select the space selecting a request for by simply clicking on the space. This will gray it out, such as in the example below.
- i. After selecting the space, the scroll down and enter the Category, Item, and Description. If any additional information is available, such as what caused the issue, this can be provided. The resident must agree to allow USH and/or a vendor into their room while not present to complete the request. Select Submit Maintenance Request button.
- j. After the request is submitted, it will show on the Maintenance page. The resident can return here for updates. Additionally, the resident will receive emails to confirm that the request was received and to confirm when it is complete.

ROOM DECORATION

It is the hope of the RLHS Staff that you will be able to personalize your room and/or apartment/suite and make it a "home away from home" during your stay on campus. However, to protect the condition of your surroundings from damage and in consideration of future

residents, the following guidelines are in effect:

- a. Residents of all housing facilities should use non-permanent, non-staining adhesive materials to hang decorations where wall moldings do not exist.
- Under no circumstances should holes be drilled or placed in any walls or ceilings.
 No heavy-duty adhesives such as duct tape should be used in any housing facility.
- No decorations should be hung or suspended from ceilings, fire alarm, sprinkler system or electrical systems.
- d. Use of inappropriate adhesives or the non-removal of appropriate materials will result in damage charges being assessed to all responsible residents.
- e. The room number and 75% of the door must be showing (only 25% of the door can be decorated/covered).
- f. Cinderblocks, bricks or similar materials should not be used in housing facilities, including to raise beds, desks or other pieces of university furniture.
- g. Municipal, state, street signs, neon signs, etc. are prohibited in the halls.
- Water filtration coolers are prohibited. We offer a water filling station in the lobby of each floor and in Southside for South Campus residents.
- i. Artificial trees are permitted. Live or cut trees are strictly prohibited.
- j. Flat irons must be monitored and are not to be placed on or near flammable materials.
- k. Only University-issued furniture is permitted in the residence halls. No futons, couches, chairs, etc. are permitted. Storage solutions such as bins are permitted.

Surge Protectors. No extension cords are permitted. The University provides one approved surge protector per Resident. Should the Resident choose to bring their surge protector, it must have an on/off switch and a U.L. label to ensure it is "fire safe." Fire Shield units may be purchased in the S.S.I. Bookstore in Sykes Student Union if needed.

Trash. The Resident will not allow trash or garbage to accumulate inside or outside of the Unit. The Resident is responsible for placing all trash or debris in the appropriate receptacle, either a trash room or dumpster. The Resident will not bring any hazardous or dangerous materials into the Premises or onto the Facility. The Resident will not dispose of any dangerous or hazardous materials at the Premises or the Facility. If the Resident encounters any of the materials mentioned above at the Facility, the Resident must immediately notify Residence Life and Housing.

Mold. Mold growth in the Unit depends mainly on how the Resident(s) manages and maintains the Unit. The Resident(s) must promptly notify Residence Life and Housing of any mold conditions. Residence Life and Housing and its agents will not be responsible for any illness, injury, or damage relating to mold if caused (or partially caused) by the Resident's failure to clean and maintain the Unit or promptly notify Residence Life and Housing of mold. It is the Resident(s) responsibility to minimize the potential for mold growth in the premises by doing the following:

- a. The Resident is responsible for reporting any water leaks to the Residence Life and Housing Staff.
- b. Remove visible moisture accumulation on windows, walls, ceilings, floors, and other

- surfaces as soon as possible.
- c. Bathroom exhaust fans are required during showering and keep shower curtains inside the tub and fully closed. The Resident will not allow any standing water to remain present on the interior of the premises. Resident must report any standing water in common areas (if applicable.)
- d. Keep the dwelling clean (regular vacuuming, cleaning, and use products to remove mildew growth, especially in bathrooms and kitchens).
- e. The Resident is responsible for keeping the humidity and climate in the apartments at reasonable levels. The Resident is responsible for reporting the malfunction of any heating, air-conditioning, or ventilation system that can affect the humidity levels.
- f. If the humidity level is above 65% outside, it is required to have the AC running and windows closed; otherwise, it will create conditions for mold growth.
- g. The Resident is responsible for the removal of mold growth on surfaces on the interior of the property. Residence Life and Housing reserve the right and the option to hire contractors to remove such mold growth, and the Resident will be billed for the expense.
- h. The Resident is responsible for reporting any mold growth on the premises.
- i. The Resident should NEVER run the HVAC unit while the windows are open.

Extermination, Bed Bugs, Fleas, and Other Pests. Resident must inspect the Unit for bed bugs, fleas, and other pests, within 48 hours after moving in. If Resident does not notify Residence Life and Housing of bed bugs within 48 hours, then Resident agrees that no presence or infestation of bed bugs exists upon move in. Future identification of pest infestation will be at the University direction with their contracted agent and at the resident's expense. The Resident must report evidence of bed bugs to Residence Life and Housing immediately.

- a. If there is a report of possible bed bugs, Residence Life and Housing staff will contact housekeeping directly, who will provide a licensed pest control service (a "PCS") to inspect the Unit.
- b. If the PCS does not find a bed bug infestation, no further action will be taken.
- c. If the PCS does find evidence of bed bugs, the Unit will be treated. The Resident is responsible for all PCS costs and fees.
- d. The Resident agrees to cooperate with Residence Life and Housing fully and follow all instructions to treat and eliminate bed bugs. All at the Resident's expense.
- e. Cooperation includes the Resident having their personal property (including clothing, bedding, and furniture) treated according to approved methods. Any items removed from the Unit must be disposed of off-site.
- f. If pest services are needed that fall outside of routine pest control, such as fleas or bedbugs, charges may be applied to the Resident.
- g. If Residence Life and Housing confirm bed bugs in the Resident's Unit, Residence Life and Housing has the right to temporarily relocate the Resident.

h. If Resident is temporarily relocated, the Resident must remove all their belongings, at Resident's expense. The Resident's housing cost will not be reduced because of bed bugs or because the Resident must be temporarily relocated to remediate any condition.

Smoking. Smoking any tobacco product (including the use of electronic or tobacco-free cigarettes, vaporizers, hookahs, and pipes) in the residence halls or apartments (including bedrooms or common areas) is PROHIBITED. Violations of this policy by residents or guests will result in applicable University action including, but not limited to, removal from University housing.

Personal Care Attendants and Emotional Support Animals. The Resident must be able to care for themselves independently or arrange for services that will allow them to perform everyday life functions in the context of a residential setting.

Including, but not limited:

- a. To, bathing, dressing, and other personal care issues. This requirement may be met by having a live-in or live-out Personal Care Attendant within certain restrictions.
- b. Residents with the need for service or emotional support animals should contact the Office of Services for Students with Disabilities for more information regarding service or Emotional Support Animal Policy. Additional information, including available services and penalties for non-compliance, can be obtained by contacting Residence Life and Housing (610-436-3307) or referencing the Animals on Campus Policy.

COMMUNITY EXPECTATIONS

- A. The Resident and their Roommate (Apartment-mates/Suitemates). Being a Roommate and having a Roommate or living in an apartment/suite with others can be both rewarding and challenging. Learning how to communicate, compromise, share, and build interdependence will enhance the roommate or others' relationship in the apartment/suite. We strongly encourage the Resident and the Roommate to discuss living expectations and complete the Roommate Agreement provided by the Resident Assistant at the beginning of the year. This helps reduce issues as the semester progresses and is a great resource when problems do occur.
- B. Community Member Expectations. The Resident's enjoyment of life on campus will depend on the Resident's thoughtful consideration shown to community members. Listed below are fundamental rights, expectations, privileges, and responsibilities.
 - a. Complete the Roommate Agreement. Specificity is a requirement.
 - b. The Resident has the right to read, study, and sleep free from undue noise or disturbance in your assigned living area.
 - c. The Resident and the Roommate or Apartment-mate should respect one another's personal belongings and privacy.
 - The use of electronic devices for recording or photographing roommates or community members without permission is prohibited, and disciplinary action be

- taken should a violation of this expectation occur.
- e. It is expected for the Resident to keep the room clean, which includes, but is not limited to, regular cleaning of the room (floors, furniture, etc.) and washing clothes, body, and hair. The Resident's responsibility is to immediately submit a work order in TMA if they detect mold in your living space.
- The Resident has the right to have free access to their room or apartment.
- g. The Resident has the right and responsibility to discuss questions or concerns. Residence Life and Housing staff members are available for assistance in settling conflicts between the Resident and the Roommate or others in the apartment suite.
- h. The Resident has the right to be free from intimidation, physical or emotional harm.
- i. The Resident is expected to clean their room/apartment. If they need supplies to do so, they can obtain supplies free of charge at the front desk.
- C. Communicate and Set Ground Rules to Avoid Conflict. The following topics can sometimes be an issue between roommates and apartment/suitemates. Help avoid conflict before it starts by spending some time with your roommate(s) and apartment/suitemates at the beginning of the semester to discuss these items:
 - a. Start by completing the Roommate Agreement. Specificity is required.
 - b. Daily Schedule: sleeping times, quiet hours, study habits, mealtimes, TV viewing, computer usage, bathroom usage in the apartment, etc.
 - c. Personal Habits: life-style choices, exercising, singing, snoring, talking on the telephone, cleaning your space, hygiene, etc.
 - d. Values: philosophy, religion, politics, prejudices.
 - e. Rules and Regulations: do they intend to abide by the drug and alcohol policy, courtesy/quiet hours policy, smoking policy, etc.
 - f. Visitation: friends in the room, how much notice does one need? How comfortable are they with an overnight guest? How will they get approval for one another to allow guests in the space? Apartment/suite, parties, privacy.
 - g. Housekeeping: making beds, picking up clothes, cleaning shared areas in the apartment, etc.
 - Locks and Keys: getting locked out, never leaving the room or apartment unlocked, never sharing keys, etc. If the key is lost, report it immediately.
 - i. Sharing: respect for each other's property, respect for each other's rights in using the room or apartment.
- D. **Things to Remember.** When differences occur, the only way to work them out is by communicating with the other person. Some things need to be worked out. Keep in mind

it is NOT effective to let everyone on the floor know about roommate problems, purposefully annoy a roommate to get their attention, or assume that a roommate will see a problem exists by using non-verbal communication (I.e., Stomping, huffing, and puffing). The BEST way to work out differences with a roommate is sitting down with a roommate(s) or apartment-mate(s) and talking about the issues. If help is needed with a room/apartment-mate problem, contact an RA or Residence Life staff member. They will help to facilitate communication and attempt to bring about a resolution. Where appropriate, Residence Life staff members are available to mediate when students seek further assistance in resolving conflicts.

E. Alternative Dispute Resolution. To resolve the conflict between parties, the Department is willing to assist when students cannot decide independently. Restorative Justice Practices are employed in these situations via a facilitated discussion. If the Residence Life Staff does not resolve the conflict, Senior Management will assist when appropriate.

COURTESY AND QUIET HOURS

- A. Living in close quarters with other people requires extra sensitivity to how the Resident's behavior affects others. Every Resident has the right to a living environment that allows for adequate sleeping and studying conditions. With this right, there is also the responsibility for monitoring one's behavior not to violate others' rights.
- B. A quiet policy is in effect on all housing facilities during the week. Sunday Thursday, all areas have 10:00 p.m. 10:00 a.m. Quiet hours; Friday Saturday midnight 10:00 a.m. The exception is the high numbered wing on the third floor of Killinger Hall, which is on a designated quiet floor. During quiet hours, noise from televisions, music players, stereos, voices, etc., must not reach levels that can be heard by other community members. For example, if the noise from a room can be heard from two doors away from a room, it is too loud. Residents always have the right to request that noise be reduced to allow them to sleep or study. This policy is most effective if one remembers to be considerate of others and directly confront those who are disturbing the community. All members of the community are expected to address those making "unreasonable" noise. When a resident violates the quiet hours policy or is unreasonable or uncooperative, that student will be subject to disciplinary action.
- C. Courtesy Hours. Are hours when the quiet policy is not in effect; residents should be courteous of their noise level 24 hours a day, seven days a week. During Courtesy hours, all must still be conscious and considerate of their noise level as they are expected to keep their Noise at reasonable levels (i.e., Noise should not be heard down the hall, their bass should not be heard in the next room, etc.). Residents still have the right to request that Noise be reduced to allow them to sleep or study. At no time is it acceptable for Noise to be heard outside of the building. Speakers in the windows, to provide music for people outside, are not permitted.
- D. **Alarm Clocks.** Students should be aware that alarm clocks are often a source of nuisance noise when left "on" and unattended. Students who repeatedly leave their alarm clock on and unattended may be subject to disciplinary action.

- E. Musical Instruments. Students may only practice musical instruments in their room if the quiet and courtesy hour guidelines are adhered to (i.e., Instruments should not be audibling in other residents' rooms). Softer instruments may be played in the residence hall rooms. Some examples of these instruments include acoustic guitars, woodwind instruments, string instruments, etc. Electrical instruments may be played within student rooms only if earphones are used. The following instruments should not be played in student rooms: drums, horns, amplified instruments, etc. These instruments can be played in the practice rooms available in the Swope Music Building.
- F. At all times. Resident must maintain order in the Unit and must not make or permit any loud, improper, or boisterous conduct or otherwise disturb other Facility Residents. All radios, television sets, stereo equipment, or any other appliances or items that may cause noise must be turned down to a sound level that does not annoy or interfere with other Facility Residents.

PUBLIC EMERGENCY EVENTS / MANDATORY EVACUATIONS HEALTH/SAFETY POLICY

- A. An emergency Event means a situation that poses an immediate risk to health, life, safety, property or environment. Emergencies require urgent intervention to prevent further illness, injury, death, or other worsening situations. When an emergency event occurs, Residence Life and Housing reserves the right to:
 - a. Require Residents to relocate to other University-owned facilities or elsewhere.
 - b. Require Residents to vacate the Premises.
 - **c.** Establish quarantine and isolation procedures which Residents must comply with.
 - d. Comply with all applicable federal, state, local laws and orders or directives of governmental authorities (including government agencies) connected with the circumstances.
- B. Residence Life and Housing exercise of these rights will not be considered a breach or default of this Agreement. Residence Life and Housing reasonable inability to comply with this Agreement because of an Emergency Event will not be considered a breach or default of this Agreement. Resident agrees to release (give up) and hold Resident Life and Housing harmless (not liable) against any claims, damages, or losses related to an Emergency Event, and Residence Life and Housing exercise of its rights according to this Section during the term of this Agreement.
- C. The Resident acknowledges that Residence Life and Housing is required to follow the guidance of West Chester University, orders of the governor of Pennsylvania, and orders or directives of any other executive or federal, state, county, or local governmental agency if an Emergency Event exists during the Term of the Agreement.
- D. If in response to an Emergency Event, Residence Life and Housing require the Resident to vacate the Premises, or if the Premises is not available for occupancy during the Term

- because on-campus learning is interrupted during the Fall or Spring Semester, then Residence Life and Housing, shall provide a prorated refund that applies to the portion of the Term that the Premises is not available for occupancy by the Resident.
- E. Resident shall not have a right to a refund if the University's calendar is altered or changed to permit a full semester to be completed through on-campus learning or instruction. Suppose the Premises must be vacated during the term. In that case, Residence Life and Housing shall give Residents as much notice that is practicable under the circumstances and shall make reasonable accommodations to permit the Resident to remove Resident's personal belongings from the Premises. The Resident's right to the prorated refund shall be the Resident's sole remedy for any damage caused to Resident by the actions taken in response to an Emergency Event.

OPENING AND CLOSING DURING UNIVERSITY BREAKS:

- A. For Thanksgiving Break, Goshen Hall, Tyson Hall, Schmidt Hall, Killinger Hall, South Campus Apartments, and College Arms Apartments are scheduled to close at 10:00 am on the Wednesday before Thanksgiving and reopen at 12:00 pm the day before classes resume.
- B. For Spring Break, Goshen Hall, Tyson Hall, Schmidt Hall, Killinger Hall, South Campus Apartments, and College Arms Apartments are scheduled to close at 6:00 pm on the last day of classes before the break and reopen at 12:00 pm the day before classes resume.
- C. For the Fall and Spring semester closing, Residents must properly check out of their room within 24 hours after the Resident's last final examination. The Facility will close at a time scheduled in coordination with the University's final examination schedule. All Residents must vacate the premise at that time, without exception. Residents will be notified when Goshen Hall, Tyson Hall, Schmidt Hall, Killinger Hall, South Campus Apartments, and College Arms Apartments will reopen for the Spring Semester.
- D. Students will have the opportunity to request to stay in the residence halls throughout the break periods. If a student requests Winter Break Housing and is approved, the student will be charged an entire break charge or nightly rate, dependent on their length of stay. Thanksgiving Break and Spring Break incur no additional costs. All residents approved to stay during break periods should periodically check their email and ensure they know the location of the North Campus and South Campus front desks.

LOBBY FURNITURE POLICY

The University provides furniture for the lounge/lobby areas of each residence hall. The furniture is there for the use and comfort of all students on the floor and in the building. Thus, the furniture needs to stay in those designated locations. Students who remove furniture from its designated lobby/lounge area may be subject to disciplinary action.

LOCKOUT POLICY

It is important for you to carry your key with you always. Should you lock yourself out, expect a

wait to be assisted.

If you are locked out of your Room or Apartment/Suite, please do the following:

- a. Contact your roommate.
- If you are unsuccessful, go to the Front Desk or Southside of your building/complex.
 For College Arms Residents please walk to Killinger Hall to sign out your temporary key.
- c. Check out a Temporary Key to your room/apartment/suite.
- d. Return the key immediately within 10 minutes after you have let yourself into your room. Failure to return the key will result in your being billed the cost of a lock change.
- e. If you are locked out when the Front Desk in a Residence Hall is closed, let the Security Officer on duty know you are locked out. The Security Officer will contact the RA on duty to let you into your room.
- f. If you are locked out when Southside's Desk at South Campus is closed, apartment residents should contact the RA on duty using the mobile phone number.

Excessive use (after 3 times per semester) of the Temporary Key program will result in the immediate suspension of this privilege, until a meeting with the GHD can be scheduled.

Under no circumstances should your room or apartment/suite be left unlocked. Leaving your room or apartment/suite unlocked endangers the safety of you, your roommate(s) and your possessions.

NOTE: This process is not intended to substitute for a lost key. If you lose your key, you are responsible for following the steps outlined below.

- a. Contact the Graduate Hall Director in your area and report your lost key immediately.
- b. The Graduate Hall Director will place a work order with the lock shop for an immediate replacement.
- c. Replacement of bedroom keys in traditional residence halls can range from \$126.00-\$140.00. Replacement of South Campus Apartment keys ranges from \$136.00 - \$152.00 Replacement of mailbox keys in SCA costs \$5.00. Replacement cost for College Arms Apartments ranges from \$131.00 - \$142.00.
- d. Affiliated residents should refer to their lease for the cost for lost keys to bedrooms/suites in affiliated areas (University, Allegheny, Brandywine, Commonwealth, or the Village/East Village Apartments). These fees cover the cost of a lock change and replacement keys.
- e. Your student account will be billed the cost to replace your lost key.
- f. Payments for lost keys for Affiliated Housing are made at the Front Desks of Allegheny, Brandywine, Commonwealth, and University Halls or the Clubhouse Desk for the Village/East Village Apartments.
- g. It will take approximately one week for your lock to be changed and your new key(s) to be issued. You can pick up your new keys at the Front Desk of your building/area. You will be contacted when your lock has been changed and your new key is available.

PROHIBITED ITEMS OR PROHIBITED ACTIONS POLICY. Students or guests who violate this policy may result in the loss of guest privileges, loss of housing without reimbursement, cancelation of housing agreement, suspension or expulsion.

- A. Drug paraphernalia, because they are associated with the use of illegal substances. This includes, but is not limited to bongs, hash pipes, blow tubes and water pipes. If prohibited items are observed in a unit, the items will be confiscated, and disciplinary actions may be initiated.
- B. Constructions barriers, street signs, university signage, newspaper machines, or any other stolen property.
- C. Darts, dart boards, and liquid-filled furniture because of potential damage to the facilities.
- D. Dangerous substances and chemicals including, but not limited to, automobile batteries, gasoline, acids and other dangerous chemicals.
- E. Firearms, fireworks, and dangerous weapons because of the potential danger to other students and staff. This includes, but is not limited to, pistols, rifles, BB guns, paint pellet guns, hand-billies, nun-chucks, switchblades, and explosives and/or dangerous chemicals.
- F. Aerials, masts and other short-wave radio transmitting equipment, because of FCC interference regulations and safety precautions.
- G. Live-cut Christmas trees and evergreen garland, because they constitute a fire hazard.
- H. Motorcycles, hover boards, motor scooters, mopeds, or other internal combustion engines are prohibited inside the buildings.
- No electrical and telephone wiring may be installed within the Unit. Exterior television or radio antennas or dishes of any size are prohibited.
- J. Resident may not chain or hang bicycles in Common Areas.
- K. Hazing by any club, group, organization or individual is strictly forbidden by State law. Hazing includes "any act that injures, degrades, disgraces, any fellow student or person." Pledging activities are prohibited.
- L. No business use permitted. Apartments, rooms, suites, or any location within university owned housing and affiliated housing cannot be used for private enterprises.
- M. No Solicitation of any kind in any residential community. This includes any advertisement from building windows.

ALCOHOL POLICY

West Chester University is a dry campus, including in University Housing facilities. Any violation of the University's alcohol policy shall be construed as a violation of this Agreement. Specific violations include the intent to exercise control, but are not limited to the following:

- a) Possession of empty alcohol containers, even for decorative or sentimental reasons are not permitted in any on campus housing facility.
- b) sale, exchange, use, possession, or consumption of alcoholic beverages on-campus over 21 years of age,
- c) underage use, possession, or consumption of alcoholic beverages,
- d) possession of open containers of alcoholic beverages,
- e) public intoxication,
- f) driving under the influence,
- g) selling and/or furnishing alcohol to minors, or
- h) multiple incidents of these violations.

Exceptions to the alcohol violation are noted in the Medical Amnesty Policy. In the absence of extraordinary or mitigating circumstances, a sanction of loss of housing, suspension, or expulsion may be imposed on any student or student group found responsible for multiple incidents of these violations.

DRUGS AND/OR DRUG PARAPHERNALIA

Students who engage in drug use or abuse shall be considered in violation of this section. Specific violations include the intent to exercise control but are not limited to any of the following:

- a. possession or use,
- b. possession of drug paraphernalia,
- c. possession of a significant quantity, distribution, or sale of drugs,
- d. driving under the influence.

The use of illegal substances, or the misuse of legal, prescribed, or controlled substances may be considered reckless behavior as described in the Student Code of Conduct section on Infliction of Harm 1c: Reckless Behavior. Exceptions to the drug violation are noted in the Medical Amnesty Policy. A sanction of loss of housing, suspension or expulsion may be imposed on any student or student group found responsible for this violation.

SMOKING POLICY

West Chester University defines smoking as, "The carrying by a person of a lighted cigar, cigarette, pipe, battery operated (e-cigarettes) or other lighted smoking device." Using any of these items in any housing facility is NOT PERMITTED.

Smoking is restricted to designated areas outside the building only as outlined by the staff of each specific hall or building. Violations of this policy by residents or guests may result in applicable University action up to and including removal from University or Affiliated housing.

NEEDLE DISPOSAL POLICY

Because of the potential for transmission of several infectious diseases and to protect the safety of students and staff, all students utilizing injectable medicines will be required to show evidence of satisfactory disposal of needles and syringes. The Student Health Center in Commonwealth Hall will provide free disposal of medical waste and will also provide sharps containers to store used needles.

FIRE SAFETY

Since the potential danger posed to the residence community by fire is so severe, any resident identified as intentionally, or through negligence, igniting any facility, furnishings, equipment, or substance with the student residence halls or apartments or tampering with fire safety equipment will be subject to appropriate University action, civil action, and criminal sanction. Tampering includes deactivating a smoke alarm or intentionally causing a detector to activate, or deliberately activating any portion of the sprinkler system.

- A. Use of Electrical Cooking Appliances and Other Equipment.
 - a. All electrical equipment and appliances must bear the seal of approval of the "Underwriter's Laboratories, Inc." to be approved for use in the Facility.
 - b. Other than the approved use of microwaves in rooms and apartments, cooking is restricted to Facility-designated kitchens.
 - c. Except for approved microwaves, cooking appliances such as coffee machines, electric water kettles, hot plates, toasters, toaster ovens, electric grills, and other similar heating devices are prohibited in residence hall units. This restriction does not include the use of these items in the South Campus and College Arms Apartments.
- B. Resident must not tamper with, interfere with, or damage any alarm equipment or installations.
- C. The Resident may not trigger any overhead sprinkler system in the Facility. The Resident is advised that a simple depression of the sprinkler head may result in the total draining of water from the system. Neither Residence Life and Housing nor its agents will be responsible for any damage incurred from such situations. If the overhead sprinkler system in the Resident's room or hallway activates in a non-emergency situation, the Resident will be charged and responsible for all damages, together with a fine of \$250.00.

- D. Fire warning devices and safety equipment are to be used only in case of emergency. The sound of a fire alarm should be taken seriously. If there is an alarm, the Resident is to vacate the Unit immediately. The Resident will be instructed by officials when they can return to their room.
- E. If the Resident does not vacate their room during a fire alarm, they are subject to disciplinary action and a fine. The intentional sounding of an alarm outside of an emergency is a criminal offense and a material breach of the Agreement.
- F. Periodically, the university's agent will test the smoke detectors in the Resident's Unit for proper operation and working batteries. Upon notification, an agent of the university will replace smoke detector batteries. Tampering or altering smoke detectors will result in a \$100.00 fine per smoke detector.

Call 610-436-3311 in case of fire and other life-threatening situations.

SECURITY:

Safety and Security is everyone's responsibility. It requires active participation from Resident's and their guests and the University Staff to uphold and follow the guidelines established in this agreement.

- A. The Resident acknowledges and agrees that Residence Life and Housing has not:
 - Made any written or oral statements to the Resident about the safety of the Facility or Premises.
 - b. Made written or oral statements regarding the effectiveness or operability of any security devices or security measures at the Facility or the Premises; and
 - c. Guaranteed the Resident or the Resident's guests' safety or security against any criminal, tortious or wrongful acts of any person.
- B. The Resident acknowledges that security devices and measures are not fail-proof and may be bolstered by criminals or electrical or mechanical malfunctions. Therefore, Resident acknowledges and agrees that Resident should not rely on security measures in place on or around the Premises and the Facility. The Resident should take steps to protect themselves and their property as if these devices and measures did not exist. The Resident agrees to immediately notify Residence Life and Housing in writing of any malfunctions involving security devices or measures, including but not limited to locks, doors, or windows.

ROOM/APARTMENT INSPECTIONS AND RIGHT TO SEARCH IN UNIVERSITY OWNED AND/OR AFFILIATED STUDENT HOUSING

By executing a Housing Agreement, each resident hereby consents to the following provisions concerning the inspection of their rooms by Designated University Officials.

The language below reflects current University policy but may be subject to amendments during the academic year.

A. Right of Inspection by University Officials

- 1. Routine inspections. Members of the administration, RLH staff, and Facilities staff ("Designated University Officials") retain the right to conduct inspection of student rooms or apartments for cleanliness, health, safety, and compliance with all University policies and housing. There are two types of routine inspections:
 - a. Routine inspections occur during University breaks and at the close of each term. No notice is provided to residents about such inspections.
 - b. Other routine inspections—those that occur during a semester, and not while the University is on break—shall be communicated and publicized 48 hours before the inspection.

Either type of these inspections may be conducted when the resident is not present.

- 2. <u>Other Inspections.</u> The following inspections may be conducted by Designated University Officials without prior announcement:
 - a. Inspection during evacuations or drills. Residents should expect that Designated University Officials may enter a resident's premises for inspection during an emergency evacuation, including when a fire alarm has been activated or an evacuation drill.
 - b. Possible rule violation. Designated University Officials may enter a resident's room for inspection at any time when there is reasonable suspicion of a rule violation including, but not limited to, a violation of the Student Code of Conduct or a violation of a provision of this Agreement.

If a resident refuses to grant entry to a Designated University Official who is requesting to enter the room for an inspection or if there is no one present in the room when such Official seeks to conduct the inspection, the master key may be used. If entry occurs with no resident present, the resident shall receive written notification of such entry within 24 hours.

B. Wellness Checks

There are occasions when WCU Public Safety receives a request for a well-being check. When exigent circumstances are present, Public Safety officers are authorized to enter a student's room to check on the student's status to determine if the student is in good health.

C. Use of Items Found During Room Inspection or Wellness Check

1. Anything discovered during an inspection or check described above may be used as evidence to terminate this Agreement or to inform a referral to the Office of Student Conduct.

- 2. Because this Agreement and other University policies (including the Student Code of Conduct) prohibit certain items in the residence halls and those prohibitions overlap with state or federal criminal laws, if during an inspection or check University Officials discover evidence that a crime may have occurred, they shall immediately contact law enforcement.
 - a. Once law enforcement has been notified, the Designated University Official who is present shall secure the room, and not allow anyone to enter until law enforcement arrives.
 - b. Law Enforcement officers shall then decide whether—and under what circumstances—a law enforcement search may be conducted.

BATHROOM USE

WCU traditional residence halls provide single gender community bathroom facilities. Improper use or violations of privacy in use of restroom facilities will be forwarded to the Title IX Coordinator and the Office of Student Conduct in the event a violation of the Student Code of Conduct may have occurred. These violations can result in disciplinary action under the Code, including a loss of housing, disciplinary suspension or expulsion.

The Gender-Inclusive Equity Minded Community in Killinger Hall has a gender inclusive bathroom. There are also gender inclusive restrooms on the first floor of each traditional hall (Killinger, Goshen, Schmidt, Tyson) and in Southside for the South Campus Apartments.

PET POLICY

Due to maintenance and sanitation problems, no pets are permitted in any housing facility.

*Students with an identified need for service or emotional support animals should contact Residence Life and Housing for more information regarding service or emotional support animal policy. Students living in USH Affiliated Housing should refer to the USH Lease Agreement for additional information. *

PUBLIC EMERGENCY EVENTS / MANDATORY EVACUATIONS HEALTH/SAFETY POLICY

- A. **An emergency Event** means a situation that poses an immediate risk to health, life, safety, property or environment. **Emergencies** require urgent intervention to prevent further illness, injury, death, or other worsening situations. When an emergency event occurs, Residence Life and Housing reserves the right to:
 - a. Require Residents to relocate to other University-owned facilities or elsewhere.
 - Require Residents to vacate the Premises under the circumstances described in this Section.
 - c. establish quarantine and isolation procedures which Residents must comply with.

- d. comply with all applicable federal, state, local laws and orders or directives of governmental authorities (including government agencies) connected with the circumstances.
- B. Residence Life and Housing exercise of these rights will not be considered a breach or default of this Agreement. Residence Life and Housing reasonable inability to comply with this Agreement because of an Emergency Event will not be considered a breach or default of this Agreement. Resident agrees to release (give up) and hold Resident Life and Housing harmless (not liable) against any claims, damages, or losses related to an Emergency Event, and Residence Life and Housing exercise of its rights according to this Section during the term of this Agreement.
- C. The Resident acknowledges that Residence Life and Housing is required to follow the guidance of West Chester University, orders of the governor of Pennsylvania, and orders or directives of any other executive or federal, state, county, or local governmental agency if an Emergency Event exists during the Term of the Agreement.
- D. If in response to an Emergency Event, Residence Life and Housing require the Resident to vacate the Premises, or if the Premises is not available for occupancy during the Term because on-campus learning is interrupted during the Fall or Spring Semester, then Residence Life and Housing, shall provide a prorated refund that applies to the portion of the Term that the Premises is not available for occupancy by the Resident.
- E. Resident shall not have a right to a refund if the University's calendar is altered or changed to permit a full semester to be completed through on-campus learning or instruction. Suppose the Premises must be vacated during the term. In that case, Residence Life and Housing shall give Residents as much notice that is practicable under the circumstances and shall make reasonable accommodations to permit the Resident to remove Resident's personal belongings from the Premises. The Resident's right to the prorated refund shall be the Resident's sole remedy for any damage caused to Resident by the actions taken in response to an Emergency Event.

ACCIDENTS/LOSSES POLICY:

- A. Reporting Accidents. The Resident must immediately report to Public Safety (610-436-3311) and Residence Life and Housing accidents, injuries, and property damage occurring in the Unit and, if involving Resident, elsewhere at the Facility and in case of fire and other life-threatening situations.
- B. Renter's Insurance. The Resident bears the risk of loss for all personal property kept on the Premises or anywhere in the Facility. Residence Life and Housing will not be responsible for any damage to, or loss of, Resident's personal property. The Resident is strongly encouraged to get rental insurance or similar insurance to cover any loss or damage to personal property.

C. No Health or Medical Provisions. Residence Life and Housing will not provide any health or medical care to the Resident or take any action concerning any medical condition, allergy, or dietary preferences of the Resident.

INTERNET SERVICE

West Chester University's Information Services and Technology (IS&T) group provides wireless Internet and network access across WCU's entire campus. Residents, living on campus, are not permitted to operate personally owned routers, switches, bridges, Wi-Fi access points, MiFi hotspots or wireless extenders as these devices can interfere with the University-wide campus network and can degrade the wireless network service/performance for everyone. The Student IT Help Desk, under IS&T, is the single point of contact for all WCU Student technology services including configuration and assistance with connecting to WCU's wired and wireless networks. More information can be found on

DISCLOSURES

Resident authorizes Residence Life and Housing to give information about Resident's occupancy (including Resident's name, address, telephone number, social security number) and other information to the University, college, or educational institution where Resident is enrolled. If the Resident breaks the Agreement or has violated the Rules and Regulations or any applicable student code of conduct, Residence Life and Housing is specifically authorized to notify the University, college, or educational institution where Resident is enrolled of the violations.

Resident authorizes the University, college, or the educational institution where Resident is enrolled, to communicate the Resident's enrollment status, University conduct history, financial aid records, and such other information as Residence Life and Housing may require confirming if Resident is a registered full-time student and in required academic standing to remain in on-campus housing. According to the Family Educational Rights and Privacy Act of 1974(FERPA), this authorization is intended to be written Consent.

Resident agrees to complete and sign additional documents that Residence Life and Housing deem necessary to verify Resident's full time periodically. If the Resident fails to do so, the Resident breaks this Agreement.

MENINGITIS REQUIREMENT

Meningococcal disease is a rare but potentially fatal bacterial infection, expressed as either meningitis (infection of the membranes surrounding the brain and spinal cord) or meningococcemia (bacteria in the blood). The Advisory Committee on Immunization Practices (ACIP) of the U.S. Centers for Disease Control and Prevention (CDC) recommends that college freshmen (particularly those who live in residence halls or other student living accommodations) be informed about meningococcal disease and the benefits of vaccination and that students who wish to reduce their risk for meningococcal disease be immunized. Other undergraduate students who want to reduce their risk of meningococcal disease may also choose to be vaccinated.

Under the terms of the Pennsylvania College and University Student Vaccination Act, students living in campus housing must be immunized against meningococcal disease or sign a waiver that they have received detailed information on the risks associated with meningococcal disease and the availability and effectiveness of a vaccine and that they choose not to be vaccinated. The CDC now recommends a booster dose for those 16 years of age who received their initial dose at age 11-12. If the initial dose was given at 13-15 years, the booster dose should be given at 16-18 years. If the initial dose was given after the 16th birthday, no booster is needed, except where there is a continuing risk. Refer to Meningitis Vaccine Information Sheet at http://www.cdc.gov/vaccines/hcp/vis/vis-statements/mening.html. All students living on-campus housing must either be immunized against meningococcal disease or submit a waiver in accordance with the College and University Student Vaccination Act. All questions regarding the vaccine or The College and University Student Vaccination Act, and its exemptions, can be directed to the Student Health Services 610-436-2509.

All residents are required to submit information electronically or sign a document before moving into campus rooms/apartments stating that they follow the law. This statement of compliance with the College and University Student Vaccination Act will be obtained from Residence Life and Housing. WCU recommends that residents have the vaccination before arrival on campus because no resident will be permitted to move into a room without proof of the vaccination or a completed exemption form. Evidence of immunization can be documented on the appropriate housing application form or separately from the vaccine's medical provider.

PLEASE USE THE FOLLOWING LINKS FOR EASE IN NAVIGATING WCU'S POLICIES, RESIDENCE LIFE AND HOUSING DOCUMENTS, AFFILIATED HOUSING LEASE AGREEMENT, AND DINING SERVICES

Traditional Housing Occupancy Agreement

USH Lease Agreement

Student Code of Conduct

Medical Amnesty Policy

Work Order Link (Traditional Housing)

WCU's Information Services and Technology (IS&T)

USH StarRez Link (Affiliated Housing)

Dining Services