

THE YMCA OF GREATER BRANDYWINE

THURSDAY, NOVEMBER 1ST

11:30AM TO 1:00PM

PHILIPS-LOWER LEVEL CONFERENCE ROOM

Presenters:

1. **Patricia Campbell, V.P. of Mission Advancement**, *The YMCA of Greater Brandywine: More than just a gym- programs, research and other scholarly opportunities that you may not know the Y offers*
2. **Dr. Matthew Cummiskey**, Kinesiology. *Adventure Education Staff Training and College Readiness*
3. **Alessandra Sarcona, EdD, RDN, CSSD**, Nutrition. *Differences in eating behaviors, physical activity, and health-related lifestyle choices between users and non-users of mobile health apps*
4. **Laquana Cooke, PhD**, English. *Empowering Youth Through Game Jams*
5. **Nicole Cattano, PhD, LAT, ATC**, Sports Medicine. *Injury Prevention and Long-Term Joint Health*
6. **Heather Edelblute, Ph.D., M.P.H.**, Health, *Social Support and Depression in Mexican Women*

